September 2026 Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change – please check on website! **September is:** Apple Month Classical Music Month Fall Hat Month International Square Dancing Month National Biscuit Month National Rice Month School Success Month National Sewing Month World Alzheimer's Month				 **National Honey Month**	**NATIONAL PIANO MONTH** 	**The Bishop Moody Wellness Center** **Open Gym Times** **Monday – Friday** **9:00 a.m. – 11:00 a.m. & 1:00 p.m. - 4:30 p.m.** **Open Pool Hours** **Tuesdays and Thursdays**
	Hispanic Heritage Month 	**1** 9:30-11:30 Open Pool **10:00 Gospel Singer Erivan Lang - HC** **11:00 Bingo - HC** 2:00-3:00 Ice Cream Parlor-CC **2:15 Art Expression With Jenny- HC** 2:30 Chat with Chef – B **3:30 Word Games w/Sarah In the Med Resort** 3:45 Crossword Puzzle – LR	**2** 9:00-11:30 Open Gym 9:30 Circuit Training - WC **10:30 Songs by Heart – MC** 1:00-4:30 Open Gym **1:00 Culinary: Coconut Macaroons - HC** **3:30 Happy Hour - B** 6:00 Bingo – B **World Coconut Day**	**3** 9:30-11:30 Open Pool **9:30 Around the World Denmark - CC** **1:00 Card Games - HC** 1:00-4:30 Open Gym 3:30 Bingo - S	**4** 9:00-11:30 Open Gym **10:15 Lunch Outing to Charleston's** 1:00-4:30 Open Gym **1:30 Pokeeno - HC** **3:30 Meet & Greet Social With our CEO Mike Logan In the Bistro** **3:30 Culinary w/Sarah Cheese Pizza - MR** **National Wildlife Day**	**5** 11:00 Bingo – B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner
6 **10:30 Worship Service with Communion - AC** 1:00 Classic Movie Matinee In the Living Room **Read a Book Day**	**7** **9:30 Bingo - B** **11:00 Coffee Bunker - HC** **1:00 Walmart Shopping Assistance - GR** **1:30 Art Expression With Jenny- HC** **2:30 Country & Western Classics W/ E.J. Sharp & Laura K. -CR** **LABOR DAY** **(Administrative offices closed in observance of the holiday)**	**8** 9:30-11:30 Open Pool 9:30 Gospel Sing-a-long – GR 11:00 Disc Golf - HC 1:00 Word Games - HC 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B **3:30 Wheel of Fortune w/Sarah - MR** 3:45 Crossword Puzzle – LR **World Physical Therapy Day**	**9** 9:00-11:30 Open Gym 9:30 Circuit Training - WC **10:30 Songs by Heart – HC** 1:00-4:30 Open Gym **1:00 Craft: Wood Crafts Painting- HC** **2:30 Art Expression With Jenny- S** **3:30 Happy Hour - B**	**10** 9:30-11:30 Open Pool **9:30 Around the World Hungary - CC** 1:00-4:30 Open Gym 1:30 Bingo - B **2:30 Art Expression With Jenny- HC** **3:30 David Horne Duo - CR** 	**11** 9:00-11:30 Open Gym **10:00 SPCA visits – HC** 11:00 Pokeeno - B 1:00-4:30 Open Gym 1:30 Bocce Ball – GR **3:00 Veteran's Lounge - HC** **3:30 Culinary w/Sarah Chocolate Milk Parfait - MR** **Nat'l. Chocolate Milkshake Day**	**12** 11:00 Bingo – B **2:00-3:30 Combat Motorcycle Veteran's Bike Show & Social – AL** **Rosh Hashanah begins**

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13 **10:30 Worship Service with Communion - AC** 1:00 Classic Movie Matinee In the Living Room 	**14** 9:30-11:30 Open Gym **10:00 Paw Pals Visits -HC** **10:30 Paw Pals Visits -GR** 1:00-4:30 Open Gym **1:30 Hits of the 50's &60's With Cory Freeman - CR** 3:30 Bingo – S	**15** 9:30-11:30 Open Pool **9:30 Tea & Trivia on the Patio – AL** **10:45 Coffee on the Patio -HC** 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B 3:45 Crossword Puzzle – LR 	**16** 9:00-11:30 Open Gym 9:30 Circuit Training - WC **10:00 Catholic Mass – MC** **10:30 Songs by Heart - V** **1:00 Culinary: Guacamole - HC** 1:00-4:30 Open Gym **3:30 Birthday Party Happy Hour - B** 6:00 Bingo – B **National Guacamole Day**	**17** 9:30-11:30 Open Pool **9:30 Around the World Greece - CC** **1:00 Disc Golf - HC** 1:00-4:30 Open Gym **3:30 Bingo – S** **Constitution and Citizenship Day**	**18** 9:00-11:30 Open Gym **10:00 Outing to Gardner's Books & Senor Fajita's** 1:00-4:30 Open Gym 2:00 Pokeeno - B **3:00 Veteran's Lounge -HC** **3:30 Culinary w/Sarah Mini Apple Tarts - MR**	**19** **10:30 Karing K-9's - HC** **11:00 Karing K-9's - GR** 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner
20 **10:30 Worship Service with Communion - AC** 1:00 Classic Movie Matinee In the Living Room **Yom Kippur**	**21** 9:30-11:30 Open Gym **11:00 Coffee Bunker - HC** 1:00-4:30 Open Gym 1:00 Movie Matinee - GR 3:30 Bingo – S **International Day of Peace** **World Alzheimer's Day** **National Pecan Cookie Day**	**22** 9:30-11:30 Open Pool 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC **2:30 Art Expression With Jenny- HC** 2:30 Chat with Chef - B 3:45 Crossword Puzzle – LR **1st Day of Autumn** **National Centenarian's Day**	**23** 9:00-11:30 Open Gym 9:30 Circuit Training - WC **10:30 Songs by Heart – MC** 1:00-4:30 Open Gym **2:30 Art Expression With Jenny- S** **3:30 Happy Hour - B**	**24** 9:30-11:30 Open Pool **9:00 Tulsa Zoo Outing** **1:30 Senior Technology Workshop - B** 1:00-4:30 Open Gym 3:30 Bingo - S **Bluebird of Happiness Day**	**25** 9:00-11:30 Open Gym **10:00 SPCA visits – GR** 11:00 Pokeeno - B **1:00 Culinary Club: Key Lime Cupcakes - HC** 1:00-4:30 Open Gym **3:30 Tea Time in the Bistro** **Food Service Workers Day** **National Key Lime ay**	**26** 11:00 Bingo – B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner
27 **10:30 Worship Service with Communion - AC** 1:00 Classic Movie Matinee In the Living Room **Gold Star Family Day**	**28** 9:30-11:30 Open Gym **11:00 Coffee Bunker - HC** **1:00 Walmart Shopping Assistance - GR** **1:00 Harold Lloyd Movies-LR** **1:45 Craft: Halloween Door Décor - HC** 1:00-4:30 Open Gym **3:00 Wheel of Fortune with Sarah MR** **4:00 Bingo – B** 6:00 Scrabble – GR **Silent Movie Day**	**29** 9:30-11:30 Open Pool **9:30 Mocha & Coffee w/ a Side of Trivia – Patio** **1:00 Word Games - HC** 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC **2:15 Art Expression With Jenny- S** 2:30 Chat with Chef - B 3:45 Crossword Puzzle – LR **National Mocha Day**	**30** 9:00-11:30 Open Gym **10:30 Songs by Heart - MC** **10:30 Resident Council -1st Fl.** **11:15 Resident Council -2nd Fl** 1:00-4:30 Open Gym **2:00 Teaching Kitchen – CC** **2:30 Art Expression With Jenny- HC** **3:30 Happy Hour w/ Pat Hobbs - CR** 6:00 Bingo – B	**Walmart Shopping Assistance** **1st & 3rd Monday** **(unless otherwise specified)** **Orders will usually be received on the next day!**	***Activity Location Key*** **CR =** Common Room **LR –** Downstairs Living Room **GR –** Upstairs Game Room **B –** The Bistro **CC –** Carla's Corner **V –** Valley View Dining Room **S –** Skyline DR (upstairs) **WC** – Wellness Center **OL –** Osage Lookout (Chapman Hall) **HC** – Healthcare Center **MC** – Memory Center **BD** – Blue Moon Dining Room **AC** – St. Anna's Chapel **MR** – Med Resort	**Please note – if there is a threat of severe weather or the temperatures gets too high or low, outings may have to be rescheduled!**