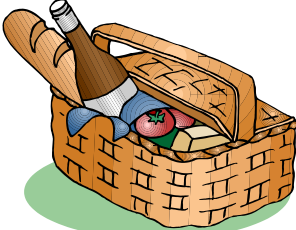


August 2026

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change – please check on website! ★☆☆★☆☆★☆☆★ August is: National Catfish Month National Golf Month Peach Month Foot Health Month Happiness Happens Month Family Fun Month Am. Artist Appreciation Month National Picnic Month Orange & Papaya Month	Back to School Month 					1 11:00 Bingo – B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner  National Raspberry Cream Pie Day
2 10:30 Worship Service with Communion - AC 1:00 Classic Movie Matinee In the Living Room	3 9:00-11:00 Open Gym 9:30 Circuit Training - WC 11:30 Walmart Shopping Assistance - GR 1:30 Culinary: Chocolate Chip Cookies - HC 1:00-4:30 Open Gym 2:30 Art Expression With Jenny- HC 3:30 Bingo - S 6:00 Beginnings & Endings – GR  Nat'l Chocolate Chip Cookie Day	4 9:30-11:30 Open Pool 10:00 Gospel Singer Erivan Lang - HC 11:00 Disc Golf - HC 2:00-3:00 Root Beer Floats In Carla's Corner 2:30 Chat with Chef – B 2:30 Art Expression With Jenny- S 3:45 Crossword Puzzle – LR  Nat'l Root Beer Float Day	5 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:30 Songs by Heart – MC 1:00-4:30 Open Gym 1:30 Dominoes - HC 3:30 Happy Hour - B 6:00 Bingo – B	6 9:30-11:30 Open Pool 9:30 Outing to the Museum Of Tulsa History 1:00 Card Games - HC 1:00-4:30 Open Gym 2:30 Art Expression w/Jenny- S 3:30 Bingo - S	7 9:00-11:30 Open Gym 10:00 David Horne Duo - CR 1:00-4:30 Open Gym 1:30 Craft: Peacock Door/Wall Décor - GR 2:30 Art Expression With Jenny- HC 3:30 Meet & Greet Social With our CEO Mike Logan In the Bistro	8 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner 3:30 "Elvis" E.J. Sharp In the Common Room  Elvis Week (August 8-16)
9 10:30 Worship Service with Communion - AC 1:00 Classic Movie Matinee In the Living Room	10 9:00-11:00 Open Gym 9:30 Circuit Training – WC 10:00 Paw Pals Visits -HC 10:30 Paw Pals Visits -GR 1:00-4:30 Open Gym 3:30 Bingo - S  National S'mores Day	11 9:30-11:30 Open Pool 1:00 Movie Matinee - GR 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B 3:45 Crossword Puzzle – LR	12 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:30 Songs by Heart – HC 1:00-4:30 Open Gym 2:30 Art Expression With Jenny- HC 3:30 Happy Hour - B  Solar Eclipse	13 9:30-11:30 Open Pool 9:30 Around the World Barbados - CC 1:00-4:30 Open Gym 1:30 Culinary: Orange Creamsicle Cookies - HC 2:30 Art Expression With Jenny- S 3:30 Bingo - S  Creamsicle Day	14 9:00-11:30 Open Gym 10:00 SPCA visits – HC 11:00 Pokeeno - B 1:00-4:30 Open Gym 1:30 Art Expression With Jenny- HC 2:00 Meet the Lizards – MC  Navajo Code Talkers Day  World Lizard Day	15 10:30 Karing K-9's - HC 11:00 Karing K-9's - GR 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner   National Honeybee Day

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Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:30 Worship Service with Communion - AC 1:00 Classic Movie Matinee In the Living Room	17 9:30-11:30 Open Gym 11:30 Walmart Shopping Assistance - GR 1:00-4:30 Open Gym 1:30 Ragtime Piano man Bill Rowland - CR 2:30 Art Expression With Jenny- HC 3:30 Bingo – S 6:00 Scrabble – GR	18 9:30-11:30 Open Pool 9:30 Gospel Singalong - HC 11:30 Picnic Lunch - HC 1:00-4:30 Open Gym 1:30 Movie Mantinee - GR 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B	19 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:30 Songs by Heart - V 1:00 Outing to the Air & Space Museum 1:00-4:30 Open Gym 2:30 Art Expression With Jenny- HC 4:00 Birthday Party Happy Hour - B 6:00 Bingo – B  Nat'l. Aviation Day	20 9:30-11:30 Open Pool 9:30 Around the World Belgium - CC 1:00 Disc Golf - HC 1:00-4:30 Open Gym 3:30 Tulsa Mariachi's Performance - CR	21 9:00-11:30 Open Gym 10:15 BBQ lunch outing 1:00-4:30 Open Gym 2:00 Pokeeno - B 3:30 Bocce Ball - B  World Sr. Citizen Day	22 11:00 Bingo – B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner 
23 10:30 Worship Service with Communion - AC 1:00 Classic Movie Matinee In the Living Room	24 9:30-11:30 Open Gym 10:30 Craft: Sunflower Door Décor - HC 1:30 Culinary: Peach Pie - HC 1:00-4:30 Open Gym 3:30 Bingo – S 6:00 Scattergories – GR  Nat'l. Peach Pie Day	25 9:30-11:30 Open Pool 9:30 Around the World Costa Rica - CC 1:00 Word Games - HC 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B 3:45 Crossword Puzzle – LR	26 9:00-11:30 Open Gym 10:00 Catholic Mass – MC 10:30 Songs by Heart - MC 10:30 Resident Council -1st Fl. 11:15 Resident Council -2nd Fl 1:00-4:30 Open Gym 2:30 Teaching Kitchen – CC 3:30 Happy Hour w/ Pat Hobbs - CR 6:00 Bingo – B  Women's Equality Day	27 9:30-11:30 Open Pool 10:15 Lunch outing to Jason's Deli 1:00 Senior Technology Workshop - CR 1:00-4:30 Open Gym 3:30 Bingo - S	28 9:00-11:30 Open Gym 10:00 SPCA visits – GR 11:00 Pokeeno - B 1:00 Culinary: Cherry Turnovers - HC 1:00-4:30 Open Gym 3:30 Tea Time in the Bistro   Full Sturgeon Moon Nat'l Cherry Turnover Day	29 11:00 Bingo – B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner 
30 10:30 Worship Service with Communion - AC 1:00 Classic Movie Matinee In the Living Room	31 9:30-11:30 Open Gym 11:00 Gospel Sing-along -HC 1:00 Culinary: Build Your Own Trail Mix - HC 1:00-4:30 Open Gym 3:30 Bingo – S 6:00 Beginnings & Endings – GR  Nat'l Trail Mix Day	 National Catfish Month	Walmart Shopping Assistance  1st & 3rd Monday (unless otherwise specified) Orders will usually be received on the next day!	The Bishop Moody Wellness Center Open Gym Times Monday – Friday 9:00 a.m. – 11:00 a.m. & 1:00 p.m. - 4:30 p.m.  Open Pool Hours Tuesdays and Thursdays	<u>Activity Location Key</u> CR = Common Room LR – Downstairs Living Room GR – Upstairs Game Room B – The Bistro CC – Carla's Corner V – Valley View Dining Room S – Skyline DR (upstairs) WC – Wellness Center OL – Osage Lookout (Chapman Hall) HC – Healthcare Center MC – Memory Center BD – Blue Moon Dining Room AC – St. Anna's Chapel	Please note – if there is a threat of severe weather or the temperatures gets too high or low, outings June have to be rescheduled! 