





























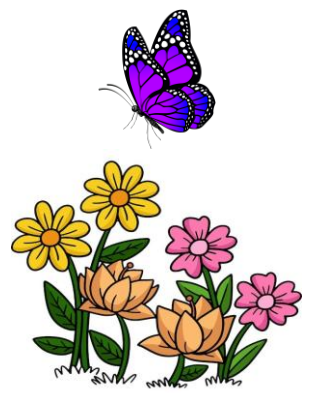
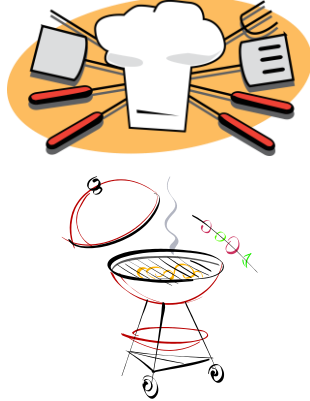


# May 2026

# Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!                      ☆☆☆☆☆☆☆☆☆</p> <p><b>May is:</b>                      Asian/Pacific American Heritage Month                      National Older Americans Mo.                      National Egg Month                      National Herb Month                      Better Hearing &amp; Speech Mo.                      Nat'l. Hamburger Month                      Flower Month                      Military Appreciation Month                      Nat'l Strawberry Month                      Nat'l Salad Month                      Nat'l Salsa Month                      Jewish-Am. Heritage Month</p>	<p><b>Don't Forget Mother's Day Sunday, May 10<sup>th</sup></b></p> 	<p><b>National Older American's Month</b></p> <p><b>National Nursing Home Week is May 10 to May 16</b></p> 		<p><b>1</b></p> <p>9:30 Coffee, Tea &amp; Trivia - HC                      9:30-11:30 Open Gym                      11:00 Pokeeno - B                      1:00 Bocce Ball – GR                      1:30-4:00 Open Gym                      2:30 Parkinson's Support Group - CR                      3:30 Culinary: Chocolate Parfait - HC</p>  <p><b>Full Flower Moon</b>  <b>National Chocolate Parfait Day</b></p>	<p><b>2</b></p> <p>11:00 Bingo – B                      1:00 Movie Matinee – LR                      2:00-3:00 Ice Cream Parlor In Carla's Corner</p>  <p><b>152<sup>nd</sup> Running of the Kentucky Derby Day</b></p>	
<p><b>3</b></p> <p><b>10:30 Worship Service with Communion - AC</b>                      1:00 Classic Movie Matinee In the Living Room</p>	<p><b>4</b></p> <p>9:00-11:00 Open Gym                      9:30 Circuit Training - WC  <b>11:30 Walmart Shopping Assistance - GR</b>  <b>1:00 Culinary: Fiesta Wraps - CC</b>                      1:30-4:00 Open Gym  <b>3:00 Mexican Fiesta w/Jorge Rodriguez Mariachi Band</b>                      6:00 Scattergories – GR</p> 	<p><b>5</b></p> <p>9:30-11:30 Open Pool  <b>10:30 Mexicali Border Café Lunch Outing</b>                      1:30-4:00 Open Gym                      2:00-3:00 Ice Cream Parlor In Carla's Corner  <b>2:30 Art Expression With Jenny- HC</b>                      2:30 Chat with Chef – B                      3:45 Crossword Puzzle – LR</p> 	<p><b>6</b></p> <p>9:00-11:30 Open Gym                      9:30 Circuit Training - WC  <b>10:00 Activities with Jenks Elementary Students - CR</b>  <b>10:30 Songs by Heart - MC</b>                      1:30-4:00 Open Gym  <b>2:00 Gospel Singer Erivan Lang - HC</b>  <b>2:30 Art Expression w/Jenny- S</b>  <b>3:30 Happy Hour - B</b>                      6:00 Bingo – B</p>	<p><b>7</b></p> <p>9:30-11:30 Open Pool                      9:30 Water Aerobics  <b>10:00 Activities with Jenks Elementary Students - MC</b>  <b>1:00 Broadway Seniors - CR "Singing in the Rain"</b>                      1:30-4:00 Open Gym                      3:00 Bingo - S</p>  <p><b>National Day of Prayer</b></p>	<p><b>8</b></p> <p>9:30-11:30 Open Gym  <b>10:00 SPCA visits – HC</b>                      11:00 Pokeeno - B                      1:30-4:00 Open Gym                      1:00 Bocce Ball – GR  <b>2:30 Art Expression With Jenny- HC</b>  <b>3:00 Culinary: Pizza - HC</b></p>  <p><b>Military Spouse Appreciation Day</b>  <b>V-E Day</b>  <b>Nat'l. Pizza Party Day</b></p>	<p><b>9</b></p> <p>11:00 Bingo – B                      1:00 Movie Matinee – LR                      2:00-3:00 Ice Cream Parlor In Carla's Corner</p> 
<p><b>10</b></p> <p><b>10:30 Worship Service with Communion - AC</b>                      1:00 Classic Movie Matinee In the Living Room</p>  <p><b>Happy Mother's Day</b>  <b>Nat'l Nursing Home Week</b></p>	<p><b>11</b></p> <p>9:30 Circuit Training - WC  <b>10:00 Paw Pals Visits -HC</b>  <b>10:30 Paw Pals Visits -GR</b></p>  <p><b>1:00 Facials, Manicures &amp; Hand Massages - B</b>                      1:30-4:00 Open Gym</p> 	<p><b>12</b></p> <p>9:30-11:30 Open Pool  <b>9:30 Gospel Singalong – GR</b>                      11:00 Word Games - HC                      1:30-4:00 Open Gym  <b>1:00 Culinary: Finger Sandwiches - HC</b>                      2:30 Chat with Chef – B  <b>4:00 Celebration of Mother's Tea with Harpist Linda Paul</b></p> 	<p><b>13</b></p> <p>9:00-11:30 Open Gym                      9:30 Circuit Training - WC  <b>10:30 Songs by Heart – HC</b>                      1:30-4:00 Open Gym  <b>2:30 Art Expression w/Jenny- S</b>  <b>3:30 Luau Happy Hour - CR</b>                      6:00 Bingo – B</p>  <p><b>Hawaiian Dress Up Day</b></p>	<p><b>14</b></p> <p>9:30-11:30 Open Pool  <b>9:30 Staff vs. Residents Games - MC</b>  <b>11:00 Staff vs. Residents Family Feud - HC</b>  <b>1:30 Staff vs. Residents Trivia Challenge - B</b>  <b>2:00 Art Expression With Jenny- HC</b>  <b>3:00 Staff vs. Residents Family Feud - MC</b></p>  <p><b>"Versus Day" - Superhero &amp; Villain Dress Up Day</b></p>	<p><b>15</b></p> <p><b>9:00 Tulsa Zoo Outing</b>                      10:15-11:30 Open Gym                      1:00 Pokeeno - B                      1:30-4:00 Open Gym  <b>3:00 50's Bash with Singer Corey Freeman – CR</b></p>  <p><b>"Decades Dress Up Day"</b></p>	<p><b>16</b></p> <p><b>11:15 Karing K-9's visits</b>                      1:00 Movie Matinee – LR                      2:00-3:00 Ice Cream Parlor In Carla's Corner  <b>6:00 Veteran's Cookout w/Synergy &amp; VFW</b></p>  <p><b>Armed Forces Day</b>  <b>151<sup>st</sup> Preakness Stakes</b></p>

# May 2026

# Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p><b>10:30 Worship Service with Communion - AC</b> 1:00 Classic Movie Matinee In the Living Room</p>	<p>18</p> <p>9:00-11:00 Open Gym 9:30 Circuit Training - WC 1:00 Board games - HC 1:00 Movie Matinee - GR 11:30-4:00 Open Gym 3:00 Bingo - S</p>  <p>International Museum Day</p>	<p>19</p> <p>9:30-11:30 Open Pool <b>1:00 Word Games - HC</b> 1:30-4:00 Open Gym 2:00-3:00 Ice Cream Parlor-CC <b>2:30 Art Expression w/Jenny- S</b> 2:30 Chat with Chef - B 3:45 Crossword Puzzle - LR</p>	<p>20</p> <p>9:00-11:30 Open Gym 9:30 Circuit Training - WC <b>10:30 Songs by Heart - V</b> 1:00 Bingo - B 1:30-4:00 Open Gym <b>3:30 Happy Hour - B</b></p>	<p>21</p> <p>9:30-11:30 Open Pool 9:30 Water Aerobics <b>1:00 Bingo - HC</b> 1:30-4:00 Open Gym <b>3:30 Meet the Reptiles - CR</b></p>  <p>Reptile Day</p>	<p>22</p> <p><b>10:00 "Tulsa Giants" Drive Outing</b> 10:15-11:30 Open Gym <b>1:00 Culinary: Strawberry Shortcake - HC</b> 1:30-4:00 Open Gym <b>2:30 Art Expression With Jenny- HC</b> <b>3:00 Singer Justin Fuller - CR</b></p>  <p>National Strawberries &amp; Cream Day</p>	<p>23</p> <p>11:00 Bingo - B 1:00 Movie Matinee - LR 2:00-3:00 Ice Cream Parlor In Carla's Corner</p>  <p>World Turtle Day</p>
<p>24</p> <p><b>10:30 Worship Service with Communion - AC</b> 1:00 Classic Movie Matinee In the Living Room</p> <p>110<sup>th</sup> Indianapolis 500</p>	<p>25</p> <p><b>9:30 Chair exercise - MC</b> <b>10:30 Punch on the Patio-MC</b> <b>11:30 Walmart Shopping Assistance - GR</b> <b>1:00 Bowling - HC</b> <b>2:30 Art Expression w/Jenny-HC</b> <b>2:30 Word Games - MC</b> 3:30 Bingo - S</p>  <p>Administrative offices closed in observance of the holiday</p>	<p>26</p> <p>9:30-11:30 Open Pool <b>9:30 Gospel Singalong - GR</b> <b>10:30 Andolini's Lunch Outing</b> 1:30-4:00 Open Gym 2:00-3:00 Ice Cream Parlor-CC <b>2:30 Art Expression With Jenny- HC</b> 2:30 Chat with Chef - B 3:45 Crossword Puzzle - LR</p>	<p>27</p> <p>9:00-11:30 Open Gym 9:30 Circuit Training - WC <b>10:00 Catholic Mass - MC</b> <b>10:30 Resident Council -1<sup>st</sup> Fl.</b> <b>11:15 Resident Council -2<sup>nd</sup> Fl</b> 1:30-4:00 Open Gym <b>1:00 Bocce Ball - GR</b> <b>2:30 Art Expression w/Jenny- S</b> <b>3:30 Happy Hour Birthday Party w/singer Pat Hobbs - CR</b> 6:00 Bingo - B</p> 	<p>28</p> <p>9:30-11:30 Open Pool 9:30 Water Aerobics <b>9:30 Around the World Viet Nam - CC</b> <b>1:00 Culinary: Cherry Dessert - HC</b> 1:30-4:00 Open Gym <b>2:30 Art Expression With Jenny- HC</b> 3:30 Bingo - S</p>  <p>National Cherry Dessert Day</p>	<p>29</p> <p><b>10:00 SPCA visits - GR</b> 11:00 Pokeeno - B 10:15-11:30 Open Gym <b>1:00 Culinary: Macaroons - HC</b> 1:30-4:00 Open Gym <b>2:30 Art Expression With Jenny- S</b> <b>3:30 Tea Time in the Bistro</b></p>  <p>National Macaroon Day</p>	<p>30</p> <p>11:00 Bingo - B 1:00 Movie Matinee - LR 2:00-3:00 Ice Cream Parlor In Carla's Corner</p> 
<p>31</p> <p><b>10:30 Worship Service with Communion - AC</b> 1:00 Classic Movie Matinee In the Living Room</p>  <p>Full Blue Moon Trinity Sunday</p>		 <p>National BBQ Month</p>	<p><b>Walmart Shopping Assistance</b></p>  <p><b>1<sup>st</sup> &amp; 3<sup>rd</sup> Monday (unless otherwise specified) 11:00 a.m. in Carla's Corner</b></p> <p>Orders will usually be received on the next day!</p>	<p><b>The Bishop Moody Wellness Center</b></p> <p><b>Open Gym Times Monday - Friday 9:00 a.m. - 11:00 a.m. &amp; 1:00 p.m. - 4:30 p.m.</b></p>  <p><b>Open Pool Hours Tuesdays and Thursdays</b></p>	<p><b><u>Activity Location Key</u></b> CR = Common Room LR - Downstairs Living Room GR - Upstairs Game Room B - The Bistro CC - Carla's Corner V - Valley View Dining Room S - Skyline DR (upstairs) WC - Wellness Center OL - Osage Lookout (Chapman Hall) HC - Healthcare Center MC - Memory Center BD - Blue Moon Dining Room AC - St. Anna's Chapel</p>	<p>Please note - if there is a threat of severe weather or the temperatures gets too high or low, outings may have to be rescheduled!</p> 