

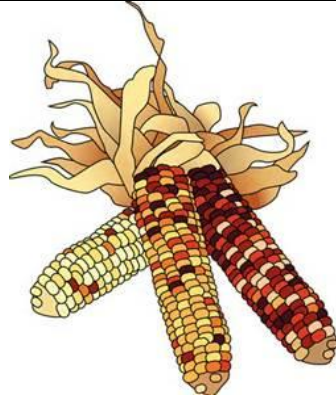
November 2025

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change – please check on website! ★☆☆☆☆ November is: International Drum Month Peanut Butter Lover's Month Aviation History Month Alzheimer's Disease Month Banana Pudding Month Nat'l. Apple Month Native Am. Heritage Month Nat'l. Diabetes Month Latin American Month Nat'l. Model Railroad Month Nat'l. Life Writing Month Spinach & Squash Month Sweet Potato Awareness Month						1 10:30 Bingo - B 1:00 Movie Matinee - LR 2:00-3:00 Ice Cream Parlor In Carla's Corner
2 10:30 Worship Service with Communion - GR 1:00 Classic Movie Matinee In the Living Room Daylight Saving Time Ends All Souls Day	3 9:00-11:00 Open Gym 9:30 Circuit Training - WC 11:00 Walmart Shopping Assistance - CC 1:00 Bowling - HC 3:30 Bingo – S 6:00 Scattergories – GR	4 9:00-11:30 Open Pool 9:30 Water Aerobics 10:30 Culinary: Chocolate Truffles - HC 1:00-4:30 Open Gym 1:00 Word Games - HC 2:00-3:00 Ice Cream Parlor In Carla's Corner 2:30 Chat with Chef – B 3:30 Art Expression w/Jenny- S 3:45 Crossword Puzzle – LR National Candy Day General Election Day	5 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:30 Songs by Heart - HC 1:00 Culinary: Cake Balls - MC 1:30 Resistance Band Strength Class - WC 2:15-4:30 Open Gym 3:30 Happy Hour - B 6:00 Bingo – B Full Beaver Moon	6 9:00-11:30 Open Gym 9:30 Around the World: Haiti – B 11:00 Living Our Faith: Spirituality & Aging - GR 1:00 Documentary - GR 1:30 Water Aerobics 2:00-4:15 Open Pool 3:30 Bingo - S	7 9:30 Chair Yoga/Stretch Class - GR 10:15-11:30 Open Gym 10:30 Pokeeno - B 1:00-4:30 Open Gym 1:30 Card Games - HC 2:30 Parkinson's Support Group - CR 3:30 Bocce Ball – GR	8 9:30 Bingo - B 11:15 Karing K-9's visits 1:00 Movie Matinee - LR 2:00-3:00 Ice Cream Parlor In Carla's Corner Nat'l Cappuccino Day
9 10:30 Worship Service with Communion - GR 1:00 Classic Movie Matinee In the Living Room World Freedom Day	10 9:00-11:00 Open Gym 9:30 Circuit Training - WC 10:30 Paw Pals Visits -GR 1:00-4:30 Open Gym 1:10 Stitch-in-time - OL 1:00 Movie Matinee - GR 3:30 Bingo – S Marine Corps Birthday	11 9:00-11:30 Open Pool 9:30 Water Aerobics 9:30 Coffee & Donuts with the Veteran's - HC 1:00-4:30 Open Gym 1:00 Word Games - HC 2:00-3:00 Ice Cream Parlor In Carla's Corner 2:30 Chat with Chef - B 2:30 Art Expression w/Jenny- S 3:45 Crossword Puzzle – LR Veteran's Day	12 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:30 Songs by Heart - MC 1:00 Veteran's Program with The Signature Symphony String Quartet – CR 2:15-4:30 Open Gym 3:30 Happy Hour - B 6:00 Bingo – B	13 9:00-11:30 Open Gym 9:30 Around the World: Nepal – CC 11:00 Living Our Faith: Spirituality & Aging - GR 1:00 Documentary - GR 1:30 Card Games - HC 1:30 Water Aerobics 2:00-4:15 Open Pool 3:30 Bingo - S	14 9:30 Chair Yoga/Stretch Class - GR 10:00 SPCA visits – HC 10:15-11:30 Open Gym 1:00-4:30 Open Gym 1:00 Bocce Ball – GR 2:00 Culinary Club: Gingerbread Cake - CC 3:30 Tea Time in the Bistro Nat'l Gingerbread Cookie Day	15 10:30 Am. Theater Co. Sneak preview of "A Christmas Carol" 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla's Corner

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16 10:30 Worship Service with Communion - GR 1:00 Classic Movie Matinee In the Living Room	17 9:00-11:00 Open Gym 9:30 Circuit Training - WC 11:00 Walmart Shopping Assistance - CC 1:00-4:30 Open Gym 1:00 Culinary: Homemade Rolls - HC 3:30 Bingo – S 6:00 Beginnings & Endings – GR  Homemade Bread Day	18 9:00-11:30 Open Pool 9:30 Water Aerobics 10:30 Culinary: Apple Cider Cake - HC 1:00-4:30 Open Gym 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B 2:30 Art Expression w/Jenny- S 3:45 Crossword Puzzle – LR  National Apple Cider Day	19 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:00 Catholic Mass - MC 10:30 Songs by Heart - V 1:30 Resistance Band Strength Class - WC 2:15-4:30 Open Gym 3:30 Birthday Happy Hour In the Bistro 6:00 Bingo – B  Happy Birthday George	20 9:00-11:30 Open Gym 9:30 Around the World: Nicaragua – CC 11:00 Living Our Faith: Spirituality & Aging - GR 1:00 Documentary - GR 1:30 Water Aerobics 2:00-4:15 Open Pool 3:30 Bingo - S	21 9:30 Chair Yoga/Stretch Class - GR 10:15-11:30 Open Gym 10:30 Pokeeno - B 1:00 Movie Matinee - GR 1:00-4:30 Open Gym 3:00 Bocce Ball - HC	22 10:30 Bingo - B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla’s Corner 
23 10:30 Worship Service with Communion - GR 1:00 Classic Movie Matinee In the Living Room	24 9:00-11:00 Open Gym 9:30 Circuit Training - WC 1:00-4:30 Open Gym 1:00 Movie Matinee - GR 1:10 Stitch-in-time - OL 2:30 Art Expression w/Jenny- S 3:30 Bingo – S 6:00 Scrabble – GR	25 9:00-11:30 Open Pool 9:30 Water Aerobics 10:30 Gospel Sing-along- GR 1:00-4:30 Open Gym 1:00 Word Games - HC 2:00-3:00 Ice Cream Parlor-CC 2:30 Chat with Chef - B 3:45 Crossword Puzzle – LR	26 9:00-11:30 Open Gym 9:30 Circuit Training - WC 10:30 Songs by Heart - MC 10:30 Resident Council -1st Fl. 11:15 Resident Council -2nd Fl. 1:00 Bocce Ball - GR 1:30 Resistance Band Strength Class - WC 2:15-4:30 Open Gym 3:30 Happy Hour w/ Pat Hobbs - CR 6:00 Bingo – B  National Cake Day	27 10:30 Thanksgiving Jingo - B 1:00 Movie Matinee - GR 3:00-4:00 Ice Cream Parlor at Carla’s Corner  Happy Thanksgiving (Administrative offices are closed in observance of the holiday)	28 9:30 Chair Yoga/Stretch Class - GR 10:00 SPCA visits – GR 10:15-11:30 Open Gym 1:00 Pokeeno - B 1:00-4:30 Open Gym 3:00 Christmas Tree Decorating Party - GR   Native Am. Heritage Day	29 10:30 Bingo – B 1:00 Movie Matinee – LR 2:00-3:00 Ice Cream Parlor In Carla’s Corner   Small Business Saturday
30 10:30 Worship Service with Communion - GR 1:00 Classic Movie Matinee In the Living Room  First Sunday of Advent Happy Birthday Leah			Walmart Shopping Assistance  1st & 3rd Monday (unless otherwise specified) 11:00 a.m. in Carla’s Corner Orders will usually be received on the next day!	The Bishop Moody Wellness Center Open Gym Times Monday – Friday 9:00 a.m. – 11:00 a.m. & 1:00 p.m. - 4:30 p.m.  Open Pool Hours Tuesdays and Thursdays	<u>Activity Location Key</u> CR = Common Room LR – Downstairs Living Room GR – Upstairs Game Room B – The Bistro CC – Carla’s Corner V – Valley View Dining Room S – Skyline DR (upstairs) WC – Wellness Center OL – Osage Lookout (Chapman Hall) HC – Healthcare Center MC – Memory Center BD – Blue Moon Dining Room	Please note – if there is a threat of severe weather or the temperatures gets too high, outings may have to be rescheduled! 