

Health Care Center Activities March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meal Service Times Breakfast: 7:30-9:00 AM Lunch: 11:30 AM-1:00 PM Dinner: 4:30- 6:00 PM	Wellness Center Open Gym M-F 9:00 – 11:00 1:00 – 4:00 Ice Cream Parlor Open Tuesday, Thursday, Saturday 2:00 – 4:00	WS – Wellness Studio 1 st Fl CC – Carla's Corner 1 st Fl B – Bistro 1 st Fl CR – Common Room 1 st Fl V- Valley View Dining Room 1st Fl MC – Memory Care Center 1 st Fl LR – Downstairs Living Room 1 st Fl S – Skyline Dining Room 2 nd Fl GR – Upstairs Game Room 2 nd Fl			1 10:30 Pokeno – B 1:15 Giant Crossword 3:00 Karaoke Party 	2 10:30 Bingo in the Bistro 1:00 Movie Matinee - LR 2:00 Ice Cream Parlor 
3 9:30 Church Service 10:30 Coffee Talk 1:00 Classic Movie Matinee – LR 	4 9:30 Outing to Van Gogh Experience 2:00 Chair Yoga - WS 2:00 The Horse Races 3:15 Bingo – S 	5 9:00-11:00 Open Gym 10:30 Name that Tune 2:00 Skip-Bo 2:00 Ice Cream Parlor 2:30 Coffee with Chef - B 	6 9:30 Voter Registration-LR 9:30 Leather Working 10:30 Songs by Heart - VV 1:15 Bingo 3:30 Happy Hour – B 6:00 \$2 Bingo in the Bistro 	7 9:30 Prayer Group 10:15 Vet's Coffee Bunker 1:00 Men in the Gym 2:00 Ice Cream Parlor 	8 10:10 SPCA Visits 10:40 Giant Crossword 1:15 Wheel of Fortune 2:30 Parkinson's Support Group – CR 3:00 International Women's Day Celebration 	9 10:30 Bingo in the Bistro 1:00 Movie Matinee - LR 2:00 Ice Cream Parlor 
10 9:30 Church Service 10:30 Coffee Talk 1:00 Classic Movie Matinee - LR 	11 10:00 Paw Pals Visit 2:00 Chair Yoga - WS 2:00 The Horse Races 3:15 Bingo – S 	12 9:00-11:00 Open Gym 10:30 Finish that Phrase 2:00 Skip-Bo 2:00 Ice Cream Parlor 2:30 Coffee with Chef - B 	13 11:20 Brown Bag It Concert Tulsa PAC 2:00 Bingo 3:00 Happy Hour w/ the David Horne Duo - CR 6:00 Celtic Cheer - V 	14 Happy Birthday Jerry!!! 9:30 Prayer Group 10:30 Pi Day Party 1:00 Men in the Gym 2:00 Ice Cream Parlor 	15 10:30 Giant Crossword 1:15 Wheel of Fortune 3:00 St. Patrick's Day Party- CR 	16 10:30 Bingo in the Bistro 1:00 Movie Matinee - LR 2:00 Ice Cream Parlor 
17 9:30 Church Service 10:30 Coffee Talk 1:00 Classic Movie Matinee - LR 	18 10:15 Morning Stretch 10:30 Balloon Volleyball 2:00 Chair Yoga - WS 2:00 The Horse Races 3:15 Bingo – S 	19 9:00-11:00 Open Gym 10:30 Name that Tune 2:00 Skip-Bo 2:00 Ice Cream Parlor 2:30 Coffee w/ Chef - B 	20 10:00 Art Notes with Susanne 11:15 Concert & Lunch at St. John's Church 2:00 Bingo 3:30 Birthday Party Happy Hour - B 6:00 \$2 Bingo in the Bistro 	21 9:30 Prayer Group 10:15 Vet's Coffee Bunker 1:00 Men in the Gym 2:00 Ice Cream Parlor 	22 10:10 SPCA Visits 11:00 Giant Crossword 1:15 Wheel of Fortune 3:00 Tea Time in the Bistro 	23 Happy Birthday Dwayne!!! 9:30 Easter Egg Hunt in Eckel Park 1:00 Movie Matinee - LR 2:00 Ice Cream Parlor 
24 9:30 Church Service 1:00 Classic Movie Matinee – LR  31 9:30 Easter Service 1:00 Classic Movie Matinee – LR 	25 10:15 Morning Stretch 10:30 Balloon Volleyball 2:00 Chair Yoga - WS 2:00 The Horse Races 3:15 Bingo – S 	26 9:00-11:00 Open Gym 10:30 Finish That Phrase 2:00 Skip Bo 2:00 Ice Cream Parlor 2:30 Coffee w/ Chef - B 	27 9:00-11:00 Open Gym 9:30 Leather Group 10:00 Catholic Mass - MC 1:15 Bingo 3:00 Happy Hour with Singer Pat Hobbs - CR 6:00 \$2 Bingo in the Bistro 	28 9:30 Maundy Thursday Service 10:15 Hymn Sing w/ Robyn 2:00 Ice Cream Parlor 2:00 Resident Council Meeting 	29 9:30 Outing to Tulsa Historical Society & Museum 1:00 Pokeeno - B 1:30 Good Friday Service 	30 10:30 Bingo in the Bistro 1:00 Movie Matinee - LR 2:00 Ice Cream Parlor 