



Memory Care Center Activities March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Center Open 9:00 – 11:00 1:00 – 4:00	Ice Cream Parlor Open Tuesday, Thursday, Saturday 2:00 – 4:00		1 9:30 Balloon Volleyball 10:30 Edible Art 1:30 Happy Hour 	2 9:30 Stretches and Walks 10:00 Heart Strings Violin Duo - CR 10:30 Prayer Service 2:00-4:00 Ice Cream Parlor 	3 9:30 Bowling 10:30 Puzzle Time 1:30 Art Expressions w/Jenny 	4 9:30 Chair Exercise 1:00 Door Hangers Art & Crafts
5 9:30 Coffee Social 1:15 Church Service 	6 9:30 Zumba 10:00 Out of the Box 1:30 Oreo Social 3:00 Barton & Long Family Band - CR 	7 9:30 Exercise Poem 10:30 Owasso HS Saxophone Choir-YouTube 1:30 Ice Cream Social 	8 9:30 Hymns 10:30 David Horne Performance 1:30 Happy Hour 	9 9:30 Balloon Toss 10:30 Prayer Service 2:00-4:00 Ice Cream Parlor 	10 9:30 Bowling 10:30 Tulsa Jazz Concert- YouTube 1:30 Birthday Celebration 1:30 Art Expressions w/Jenny 	11 9:30 Chair Exercise 1:00 Name that Smell
12 9:30 Coffee Social 1:15 Church Service 	13 9:30 Stretches and Walks 10:00 Out of the Box 10:30 Paw Pals Visit Pet Therapy 1:30 Bowling 	14 9:30 Balloon Volleyball 10:30 Folding and Beholding 1:30 Ice Cream Social 	15 9:30 Seated Basketball 10:30 Songs by Heart 1:30 Happy Hour 	16 9:30 Zumba 10:30 Prayer Service 2:00-4:00 Ice Cream Parlor 	17 9:30 Around the House 10:30 Making St. Patrick's Day Wreaths 1:30 St Patrick's Day Party w/Pat Hobbs 	18 9:30 Chair Exercise 1:00 Balloon Volleyball
19 9:30 Coffee Social 1:15 Church Service 	20 9:30 Bean Bag Toss 10:00 Out of the Box 1:30 Hymns 	21 9:30 Sugar Cookie-Baking 10:30 Tea Social 1:30 Ice Cream Social 	22 9:30 Band Exercise 10:00 Catholic Mass 1:30 Happy Hour 	23 9:30 Makin and Shakin' Music 10:30 Prayer Service 2:00-4:00 Ice Cream Parlor Praying Through God's Word 	24 9:30 Balloon Toss 10:30 Hand Massages 1:30 Art Expressions w/Jenny 	25 9:30 Chair Exercise 1:00 Folding and Beholding
26 9:30 Coffee Social 1:15 Church Service 	27 9:30 Zumba 10:00 Out of the Box 1:30 Bingo 	28 9:30 Chair Exercise 10:00 Justin Fuller - CR 1:30 Ice Cream Social 	29 9:30 Stretches and Walks 10:00 Tim Swanson 1:30 Happy Hour 	30 9:30 Band Exercise 10:30 Prayer Service 2:00-4:00 Ice Cream Parlor 	31 9:30 Blueberry Muffins-Baking 10:30 Tea Social 1:30 Art Expressions w/Jenny 	Activities are subject to change WARNING: Spontaneous activities are likely to occur because we like to bring the fun!!