















November 2022

Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!</p>  <p>Outdoor Actives will be weather permitting</p>		<p>1</p> <p>9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Music Special 1:00pm Bowling 2:00pm Ice Cream Social 3:00pm Craft: Necklaces</p>	<p>2</p> <p>9:30am Coffee Social 10:00am Balloon Volleyball 10:30am Out of the Box 1:30pm Cute Video 2:30pm BINGO 3:15pm Craft: Center Pieces</p>	<p>3</p> <p>9:30am Coffee Social 10:00am Music Special 10:30am Prayer Services 2:00pm Ice Cream Social 3:00pm Basketball 3:30pm Art</p>	<p>4</p> <p>9:30am Coffee Social 10:00am Music Special 1:30pm Volleyball 2:00pm Group Puzzles 3:00pm BINGO</p>	<p>5</p> <p>8:30am-12:00pm Open Gym 9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Sing a Long 2:30pm Movie Matinee/ Football Tailgate</p>  <p>National Bison Day</p>
<p>6</p> <p>9:30am Coffee Social 10:00am Sing a Long 10:30am Sit and Be Fit 1:15pm Church Service 2:30pm Movie Matinee</p>  <p>Fall Back- Daylight Savings ends</p>	<p>7</p> <p>9:30am Coffee Social 10:00am Classic Storytime 11:00am Volleyball 1:30pm Music Special 2:00pm Dominoes 3:00pm Art</p>	<p>8</p> <p>9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Music Special 1:00pm Darts 2:00pm Ice Cream Social 3:00pm Craft: Pilgrims</p>	<p>9</p> <p>9:30am Coffee Social 10:30am David Horne Duo 1:30pm Basketball 2:00pm Cute Video 3:00pm BINGO</p>	<p>10</p> <p>9:30am Coffee Social 10:00am Music Special 10:30am Prayer Services 1:30pm Crafts: Turkeys 2:00pm Ice Cream Social 3:00pm Quesadillas</p>  <p>Marine Corps Birthday</p>	<p>11</p> <p>9:30am Coffee Social 10:00am Volleyball 11:30am Veteran's Day Cookout (Common Room) 1:30pm Coloring Turkey 3:30pm Songs by Heart</p>  <p>Veteran's Day</p>	<p>12</p> <p>8:30am-12:00pm Open Gym 9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Sing a Long 2:30pm Movie Matinee/ Football Tailgate</p>
<p>13</p> <p>9:30am Coffee Social 10:00am Sing a Long 10:30am Sit and Be Fit 1:15pm Church Service 2:30pm Movie Matinee</p>	<p>14</p> <p>9:30am Coffee Social 10:00am Classic Storytime 11:00am Volleyball 1:00pm Master Grader's Project 2:30pm Dominoes 3:00pm BINGO</p>	<p>15</p> <p>9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Bowling 2:00pm Ice Cream Social 3:00pm Craft: Canvas Painting</p>	<p>16</p> <p>9:30am Coffee Social 10:00am Music Special 10:30am Out of the Box 1:30pm Volleyball 2:30pm Movie Matinee 3:00pm BINGO</p>	<p>17</p> <p>9:30am Coffee Social 10:00am Coffee Social 1:30pm Tulsa Symphony Orchestra (Common Room) 2:00pm Ice Cream Social 3:00pm Volleyball</p>	<p>18</p> <p>9:30am Coffee Social 10:00am Music Special 10:30pm Basketball 1:30pm Craft: Tree of Thanks 2:30pm Bingo 3:00pm Movie Matinee</p>	<p>19</p> <p>8:30am-12:00pm Open Gym 9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Sing a Long 2:30pm Movie Matinee/ Football Tailgate</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>9:30am Coffee Social 10:00am Sing a Long 10:30am Sit and Be Fit 1:15pm Church Service 2:30pm Movie Matinee</p>  <p>World Children's Day</p>	<p>21</p> <p>9:30am Coffee Social 10:00am Classic Storytime 11:00am Volleyball 1:30pm Ice cream 2:30pm Dominoes 3:30pm Art</p>  <p>Nat'l Gingerbread Cookie Day</p>	<p>22</p> <p>9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Music Special 11:00am Gobble 'til you Wobble 1:30pm Darts 2:00pm Ice Cream Social 3:00pm Craft: Rock Painting</p>  <p>Nat'l. Cranberry Relish Day</p>	<p>23</p> <p>9:30am Coffee Social 10:00am Music Special 10:30am Out of the Box 1:30pm Basketball 2:00pm BINGO 3:00pm Movie Matinee</p>	<p>24</p> <p>9:30am Coffee Social 10:30am Prayer Service 1:00 Movie Matinee 2:00 Ice Cream Social</p>  <p>Happy Thanksgiving (Administrative offices are closed in observance of the holiday)</p>	<p>25</p> <p>9:30am Coffee Social 10:00am Movie Matinee 10:30am Volleyball 1:30pm Craft: Nature Windchimes 2:30pm BINGO</p>  <p>Native Am. Heritage Day</p>	<p>26</p> <p>8:30am-12:00pm Open Gym 9:30am Coffee Social 10:00am Sit and Be Fit 10:30am Sing a Long 2:30pm Movie Matinee/ Football Tailgate</p>  <p>Small Business Saturday</p>
<p>27</p> <p>9:30am Coffee Social 10:00am Sing a Long 10:30am Sit and Be Fit 1:15pm Church Service 2:30pm Movie Matinee</p>  <p>First day of Advent</p>	<p>28</p> <p>9:30am Coffee Social 10:00am Classic Storytime 11:00am Volleyball 1:30pm Ice cream 2:30pm Dominoes 3:30pm Art</p> 	<p>29</p> <p>9:30am Coffee Social 10:00am Sit and Be Fit 11:00am Sing-along 1:30pm Bowling 2:00pm Ice Cream Social 3:00pm Christmas Cards</p>	<p>30</p> <p>9:00am Coffee Social 10:30am Pat Hobbs Singing 1:00pm Craft: Button Tree 2:00pm BINGO 3:00pm Basketball</p>	<p>The Bishop Moody Wellness Center</p>  <p>Open Gym Times Monday - Friday 9:00 a.m. - 11:00 a.m. & 1:00 p.m. - 4:30 p.m. Saturday 8:30am to 12:00pm</p>	