















November 2022

Health Care Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		<p>1 Gym Open 10:00-11:00 9:30 News/ball game 10:30 Craft Work-Veteran's Day</p> <p>1:00 Gym Time, table games 2:30 Visit the ice cream parlor 3:30 Active Games</p> <p><i>All Saints Day</i></p>	<p>2 Gym Open 9:00-11:00 10:00 All Souls Day of Remembrance Service-</p> <p>Chapel </p> <p>1:00 Bingo 3:30 Drinks in the Bistro 6:00 \$ Bingo in Bistro</p> <p><i>All Souls Day</i></p>	<p>3 Gym Open 10:00-11:00 9:30 Prayer Group 10:30 VA Coffee Bunker With guests</p> <p></p> <p>1:00 Story time, Gym Time 2:00 Ice Cream Parlor Open 3:15 Trivia Challenge</p>	<p>4 Gym Open 9:00-11:00</p> <p>1:00 Bingo</p> <p>Gym Open 1:00-4:00</p>	<p>5</p> <p>Gym Open 830-12:00</p> <p>10:00 Bingo</p> <p>2:00-4:00 Ice Cream Parlor Open</p>
<p>6 9:30 Church in HCC</p> <p></p> <p>2:00-4:00 Ice Cream Parlor Open</p>	<p>7</p> <p>Gym Open 9:00-11:00 1:00-4:00</p> <p>3:15 Bingo in AL</p>	<p>8 Gym Open 10:00-11:00 9:30 News/ball game 10:30 Thanksgiving crafts</p> <p>1:00 Gym Time, table games</p> <p>2:30 Visit the Ice cream parlor 3:30 Active Games</p>	<p>9 Gym Open 9:00-11:00 9:30 News/ball game 10:30 Crossword Puzzle</p> <p>1:00 Bingo</p> <p></p> <p>3:30 Songs by Heart with Tulsa Opera 6:00 \$ Bingo in the bistro</p>	<p>10</p> <p>9:30 Prayer Group 10:00 Dave Horne Duo in AL</p> <p>1:00 Story Time, gym time 2:00 Ice cream Parlor open</p> <p>3:30 trivia time</p>	<p>11</p> <p></p> <p>VETERAN'S DAY Lunch and Program at 11:30 in the Common Room</p> <p>3:00 Bingo</p>	<p>12</p> <p>Gym Open 830-12:00</p> <p>10:00 Bingo</p> <p>2:00-4:00 Ice Cream Parlor Open</p> <p><i>Happy Birthday James P.!</i></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13 9:30 Church in HCC</p>  <p>2:00-4:00 Ice Cream Parlor Open</p>	<p>14</p> <p>Gym Open 9:00-11:00 1:00-4:00 9:30 news/ball game 10:30 making something 1:00 Master Gardeners Event in AL</p> 	<p>15</p> <p>Gym Open 10:00-11:00</p> <p>9:30 News/ball game 10:30 craft time- Thanksgiving</p> <p>1:00 gym time, table games 2:30 Visit the ice cream parlor</p> <p>3:30 active games</p>	<p>16</p> <p>Gym Open 9:00-11:00 9:30 News 10:30 Crossword Puzzle</p> <p>1:00 Bingo 3:30 Happy Hour with George Barton and Family Music-CR</p> <p>6:00 \$ Bingo in the bistro</p> <p><i>Happy Birthday Wilma B.!</i></p>	<p>17</p> <p>Gym Open 10:00-11:00 9:30 Prayer Group 10:30 VA Coffee Bunker with guests</p>  <p>Gym Open 1:00-4:00 1:00 Story time, gym time 2:00 Ice Cream Parlor Open 3:15 Trivia time</p>	<p>18</p> <p>Gym Open 9:00-11:00</p> <p>9:30 News/ball game 10:30 Homemade bread</p> <p>1:00 Bingo</p> <p>3:30 Apple Cider and homemade bread</p>	<p>19</p> <p>Gym Open 830-12:00 10:00 Bingo</p> <p>BEDLAM FOOTBALL GAME OU vs OSU</p>  <p>2:00-4:00 Ice Cream Parlor Open</p>
<p>20 9:30 Church in HCC</p>  <p>2:00-4:00 Ice Cream Parlor Open</p>	<p>21</p> <p>Gym Open 9:00-11:00 1:00-4:00</p> <p>3:15 Bingo in AL</p>	<p>22</p> <p>Gym Open 10:00-11:00 9:30 News/ballgame 10:30 Crafts- Christmas things</p> <p>1:00 gym time, table games 2:30 visit the ice cream parlor</p> <p>3:30 active games</p>	<p>23</p> <p>Gym Open 9:00-11:00 9:30 News 10:30 Crossword Puzzle</p> <p>1:00 Bingo</p> <p>3:30 Drinks in the Bistro 6:00 \$ Bingo in the bistro</p>	<p>24</p> <p>9:30 Thanksgiving Prayer Group</p> <p>THANKSGIVING DAY</p>  <p>2:00-4:00 Ice Cream Parlor open</p>	<p>25</p> <p>Gym Open 9:00-11:00</p> <p>9:30 News/ball game 10:30 baking something sweet</p> <p>1:00 Bingo</p> <p>3:30 snacks and social time</p>	<p>26</p> <p>Gym Open 830-12:00 10:00 Bingo</p> <p>2:00-4:00 Ice Cream Parlor Open</p> <p><i>Happy Birthday Orville B.!</i></p>
<p>27 9:30 Church in HCC First day of Advent</p>  <p>2:00-4:00 Ice Cream Parlor Open</p>	<p>28</p> <p>Gym Open 9:00-11:00 1:00-4:00</p> <p>3:15 Christmas Tree decorating in Game Room-AL</p>	<p>29</p> <p>Gym Open 10:00-11:00 9:30 News 10:00 Christmas Tree Decorating-HCC</p> <p>1:00 gym time. Table games 2:30 visit the ice cream parlor</p> <p>3:15 Christmas Tree decorating in CR</p>	<p>30 Gym Open 9:00-11:00</p> <p>9:30 News/ball game 10:15 Catholic Mass</p> <p>1:00 Bingo</p> <p>3:30 Christmas Tree Decorating in AL- Happy Hour</p> <p>6:00 \$ Bingo in the bistro</p>		<p>Wellness Center Open 9:00-4:30</p> <p>Gift Garden Open Assisted Living Front Desk</p>	<p>All Activities in Health Care unless marked</p> <p>AL- Assisted Living</p> <p>B- Bistro CR- Common Room</p>