August 2022

Memory Care Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Coffee Social 10:00 Music Entertainment 10:30 Balloon Volleyball/ Kickball 1:30 Creative Expression: Coloring, Wordfind, Crossword Puzzles 2:00 Movie Matinee/ Snack	**2** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 Bingo 1:30 Music Sing Along 2:00 Too Cute Video 2:30 Ice cream Social 3:00 Wellness on Wheels	**3** 9:30 Coffee Social 10:00 Music Therapy 10:30 "Out of the Box" w/ Susanne 10:30 Sittercise/ Parachute/Bowling 1:30 Arts/Crafts 2:00 Movie Matinee/Snack **Watermelon Day**	**4** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 **Church Service with Susanne** 1:30 Music Sing Along 2:00 Ice Cream Social 2:30 Deal or No Deal	**5** 9:30 Coffee Social 10:00 Trivia/ Reminiscing 10:30 Balloon Volleyball 1:30 Dominoes 2:30 Movie Matinee and Snack	**6** 9:30 Coffee Social 10:00 Music therapy 10:30 Exercise Group 1:30 Table Games/ Trivia 2:30 Resident Choice *Rootbeer Float Day*
7 9:30 Coffee Social 10:00 Music therapy 10:30 Sit and be Fit 1:15 **Church Service w/Susanne** 2:30 Resident Choice	**8** 9:30 Coffee Social 10:00 Music Entertainment 10:00 **Out of the Box w/ Susanne** 10:30 Balloon Volleyball/ Kickball 1:30 Creative Expression: Coloring, Wordfind 2:00 Movie Matinee/ Snack	**9** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 Bingo 1:30 Music Sing Along 2:00 Too Cute Video 2:30 Ice cream Social 3:00 Wellness on Wheels	**10** 9:30 Coffee Social 10:00 History/Nature Video video 10:30 **David Horne Entertainment Group** 1:30 Relaxation therapy 2:00 Movie Matinee/Snack	**11** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 **Church Service with Susanne** 1:30 Music Sing Along 2:00 Ice Cream Social 2:30 Deal or No Deal	**12** 9:30 Coffee Social 10:00 Trivia/ Reminiscing 10:30 Balloon Volleyball 1:30 Dominoes 2:30 Movie Matinee and Snack	**13** 9:30 Coffee Social 10:00 Music therapy 10:30 Exercise Group 1:30 Table Games/ Trivia 2:30 Resident Choice
14 9:30 Coffee Social 10:00 Music therapy 10:30 Sit and be Fit 1:15 **Church Service w/Susanne** 2:30 Resident Choice *Jolyn M Birthday*	**15** 9:30 Coffee Social 10:00 Music Entertainment 10:30 Balloon Volleyball/ Kickball 1:30 Creative Expression: Coloring, Wordfind, Crossword Puzzles 2:00 Movie Matinee/ Snack	**16** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 Bingo 1:30 Music Sing Along 2:00 Too Cute Video 2:30 Ice cream Social 3:00 Wellness on Wheels	**17** 9:30 Coffee Social 10:00 Music Therapy 10:00 **"Out of the Box" w/ Susanne** 10:30 Sittercise/ parachute play 1:30 Arts/Crafts 2:00 Movie Matinee/Snack	**18** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 **Church Service with Susanne** 1:30 Music Sing Along 2:00 Ice Cream Social 2:30 Deal or No Deal	**19** 9:30 Coffee Social 10:00 Trivia/ Reminiscing 10:30 Balloon Volleyball 1:30 **Art Therapy w/Jenny** 2:30 Movie Matinee and Snack 3:00 Lightfoot Band in Healthcare Center	**20** 9:30 Coffee Social 10:00 Music therapy 10:30 Exercise Group 1:30 Table Games/ Trivia 2:30 Resident Choice

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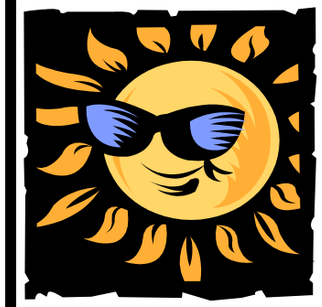
21 9:30 Coffee Social 10:00 Music therapy 10:30 Sit and be Fit 1:15 **Church Service w/Susanne** 2:30 Resident Choice	**22** 9:30 Coffee Social 10:00 Music Entertainment 10:30 Balloon Volleyball/ Kickball 1:30 Creative Expression: Coloring, Wordfind, Crossword Puzzles 2:00 Movie Matinee/ Snack	**23** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 Bingo 1:30 Music Sing Along 2:00 Too Cute Video 2:30 Ice cream Social 3:00 Wellness on Wheels	**24** 9:30 Coffee Social 10:00 Music Therapy 10:30 **Catholic Mass** 10:30 Sittercise/ Parachute/Bowling 1:30 Relaxation therapy 2:00 Movie Matinee/Snack	**25** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 **Church Service with Susanne** 1:30 Music Sing Along 2:00 Ice Cream Social 2:30 Deal or No Deal	**26** 9:30 Coffee Social 10:00 Trivia/ Reminiscing 10:30 Balloon Volleyball 1:30 **Art Therapy w/ Jenny** 2:00 Movie Matinee and Snack	**27** 9:30 Coffee Social 10:00 Music therapy 10:30 Exercise Group 1:30 Table Games/ Trivia 2:30 Resident Choice
28 9:30 Coffee Social 10:00 Music therapy 10:30 Sit and be Fit 1:15 **Church Service w/Susanne** 2:30 Resident Choice	**29** 9:30 Coffee Social 10:00 Music Entertainment 10:00 **"Out of the Box" w/Susanne** 10:30 Balloon Volleyball/ Kickball 1:30 Creative Expression: Coloring, Wordfind, Crossword Puzzles 2:00 Movie Matinee/ Snack	**30** 9:30 **Wellness Workout** 10:00 Coffee Social 10:30 Bingo 1:30 Music Sing Along 2:00 Too Cute Video 2:30 Ice cream Social 3:00 Wellness on Wheels	**31** 9:30 Coffee Social 10:00 Music Therapy 10:30 **Pat Hobbs Entertainment** 10:30 Sittercise/ Parachute/Bowling 1:30 Arts/Crafts 2:00 Movie Matinee/Snack		 **The Dog Days of Summer**	
August is: **National Catfish Month** **National Golf Month** **Peach Month** **Foot Health Month** **Am. Indian Heritage Month** **Happiness Happens Month** **Family Fun Month** **Am. Artist Appreciation Month** **National Picnic Month** **Orange & Papaya Month**		Outdoor patio Time will be offered when weather permits		Events on the calendar are subject to change		Please contact Life Enrichment to set up video call with your family...918-794-1920 We have FaceTime, GoogleDuo, Zoom, Skype and Chime