# August 2022

## Dotson Family Assisted Living Center Life Enrichment Program

<table>
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<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>Calendar is subject to change – please check on website! August is: National Catfish Month National Golf Month Peach Month Foot Health Month Native American Heritage Month Happiness Happens Month Family Fun Month Am. Artist Appreciation Month National Picnic Month Orange &amp; Papaya Month International Pirate Month</td>
<td>9:00-11:00 Open Gym 9:30 Sit &amp; Be Fit – GR 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 1:00 Walking Club 2:00 Stretch Class - GR 3:15 Bingo – S 6:00 Scrabble – GR</td>
<td>9:00-11:00 Open Gym 10:00 Pianist Andrea Fultz - CR 1:00 Worship Service in Valleyview Dining Room 1:00-3:00 Open Gym 1:30 Bible Study - V 2:00 Ice Cream Parlor Open 3:00 Open Pool 3:45 Crossword Puzzle – LR 6:00 Conversations w/Susanne - GR</td>
<td>9:00-11:00 Open Gym 9:30 Culinary &amp; Trivia on S. Korea: Kkorijjim - CC 1:00 Worship Service in Valleyview Dining Room 1:00-3:00 Open Gym 1:30 Bible Study - V 2:00 Ice Cream Parlor Open 3:00 Open Pool 3:45 Crossword Puzzle – LR 6:00 Conversations w/Susanne - GR</td>
<td>9:00-11:00 Open Gym 9:30 Culinary &amp; Trivia on Algeria: Chakchouka - CC 10:30 Veteran’s Coffee Bunker w/VFW in Healthcare Center 1:00-3:00 Open Gym 1:15 Art Notes – GR 2:00 Ice Cream Parlor Open 2:30 Teaching Kitchen - CC 3:00 Pool Time 3:15 Bingo - S</td>
<td>The Bishop Moody Wellness Center</td>
<td>9:00 a.m. – 11:00 a.m.</td>
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<td>10:45 Holy Communion in The Game Room 1:00 Classic Movie Matinee In the Living Room 2:00-4:00 Ice Cream Parlor</td>
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### August is:
- National Catfish Month
- National Golf Month
- Peach Month
- Foot Health Month
- Native American Heritage Month
- Happiness Happens Month
- Family Fun Month
- Am. Artist Appreciation Month
- National Picnic Month
- Orange & Papaya Month
- International Pirate Month

**Today’s location:**
- Algeria
- S. Korea

### August in:
- National Catfish Month
- National Golf Month
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- Family Fun Month
- Am. Artist Appreciation Month
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### August Events:
- **National Catfish Month**
- **National Golf Month**
- **Peach Month**
- **Foot Health Month**
- **Native American Heritage Month**
- **Happiness Happens Month**
- **Family Fun Month**
- **Am. Artist Appreciation Month**
- **National Picnic Month**
- **Orange & Papaya Month**
- **International Pirate Month**

### Additional Events:
- **The Dog Days of Summer**
- **Native American Heritage Month**
- **International Pirate Month**
- **The Bishop Moody Wellness Center**
- **Open Gym Times**
- **Monday – Friday**
  - 9:00 a.m. – 11:00 a.m. & 1:00 p.m. - 4:30 p.m.

### Important Dates:
- **August 9:** International Cat Day
- **August 10:** World Lizard Day
- **August 12:** Happy Birthday Kay
- **August 13:** Full Sturgeon Moon
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<th>Sunday</th>
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<tr>
<td>14</td>
<td>9:00-11:00 Open Gym</td>
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<td>9:30 Sit &amp; Be Fit – GR</td>
<td>1:00 Worship Service in Valleyview Dining Room</td>
<td>10:00 Resident Council – S</td>
<td>10:00 Resident Council – V</td>
<td>10:00 Open Gym</td>
<td>9:00-11:00 Open Gym</td>
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<td>1:00 Walking Club</td>
<td>1:00 Worship Service in Valleyview Dining Room</td>
<td>1:00-3:00 Open Gym</td>
<td>10:00 Catholic Mass</td>
<td>10:00 Open Gym</td>
<td>9:00 Walking Club</td>
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<td>1:00-4:30 Open Gym</td>
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<td>2:00 Stretch Class - GR</td>
<td>1:00 Catholic Mass</td>
<td>2:00 Bible Study - V</td>
<td>1:15 Art Notes – GR</td>
<td>1:15 Art Notes – GR</td>
<td>10:00 Bingo - B</td>
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<td></td>
<td>3:15 Bingo – S</td>
<td>1:15 Art Notes – GR</td>
<td>2:00 Ice Cream Parlor Open</td>
<td>2:00-4:00 Ice Cream Parlor</td>
<td>2:00-4:00 Ice Cream Parlor</td>
<td>1:00 Movie Matinee - LR</td>
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<td>3:00 Open Pool</td>
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<td>2:00-4:00 Ice Cream Parlor</td>
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<td>3:45 Crossword Puzzle – LR</td>
<td>3:45 Crossword Puzzle – LR</td>
<td>3:30 Happy Hour - B</td>
<td>3:30 Happy Hour - B</td>
<td>2:00-4:00 Ice Cream Parlor</td>
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<td>6:00 Conversations w/Susanne - GR</td>
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<td>6:00 Bingo – B</td>
<td>6:00 Bingo – B</td>
<td>w/singer Pat Hobbs - B</td>
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<td>6:00 Bingo – B</td>
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<td>6:00 Bingo – B</td>
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<td>Navajo Code Talkers Day</td>
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<td>60th Birthday Patricia</td>
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<td>Creamsicle Day</td>
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**Activity Location Key**
- **CR** – Common Room
- **LR** – Downstairs Living Room
- **GR** – Upstairs Game Room
- **B** – The Bistro
- **CC** – Carla’s Corner
- **V** – Valley View Dining Room
- **S** – Skyline DR (upstairs)
- **WC** – Wellness Center
- **OL** – Osgo Lookout (Chapman Hall)
- **HC** – Healthcare Center
- **MC** – Memory Center

**The Gift Garden Shop**
For assistance stop by the Dotson front desk Anytime between 9:00 a.m. – 5:00 p.m. Monday to Friday