

# Memory Center Life Enrichment

# October 2021

**Sunday**

**Monday**

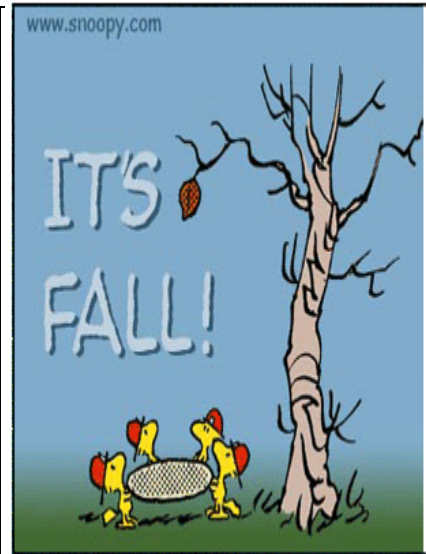
**Tuesday**

**Wednesday**

**Thursday**

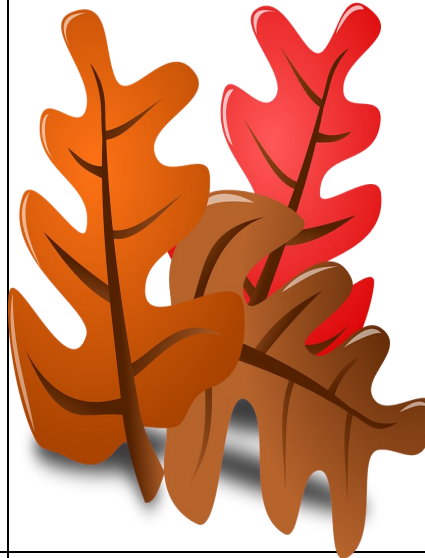
**Friday**

**Saturday**



**The Crossroads Ice Cream Parlor is now open!**  
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**Calendar is subject to change without prior notice**



**The Memory Center Life Enrichment Team will be taking residents outside for time on the Patio Daily when the weather permits.**



**1 International Coffee Day**  
9:30 - Coffee Social  
10:00- Sing Along  
10:30 - Ball Strength Train  
11:00 - Reminiscing/Trivia  
1:15 - Ring Toss  
2:00 - Big Crossword  
2:45 - Trivia  
3:30 - Patio Time

**2 A**  
9:30 - Coffee Social  
10:00- Finish the Lyrics  
10:30 - Trivia  
11:00 - Chair Yoga  
1:15 - Word Association  
2:00 - Movie and Popcorn

**3 A**  
9:30 - Coffee Social  
10:00- Bible Trivia  
10:30 - Stories  
11:00 - Gospel Songs  
1:15 - **Church Service**  
2:00 - Exercise/Stretching  
2:45 - Where were you when

**4 K&C**  
9:30 - Coffee Social  
10:00- Sing Along  
10:30 - Ball Strength Train  
11:00 - Reminiscing/Trivia  
1:15 - Corn Hole  
2:00 - Trivia  
2:45 - Deal or no Deal

**5 K,A&C**  
9:30 - Coffee Social  
10:00- Music Therapy  
10:30 - Parachute  
11:00 - Book Club  
1:15 - **Wellness Workout**  
2:00 - Cooking/Snack  
2:45 - Trivia

**6 K,A&C**  
9:30 - Coffee Social  
10:00- Fitness Fun  
10:30 - Coloring  
11:00 - Sing Along  
1:15 - Arts and Crafts  
2:45 - Spa Day  
3:30 - Word Association

**7 K,A&C**  
9:30 - Coffee Social  
10:15 - Church Service  
11:00 - Book Club  
1:15 - Wellness Workout  
2:00 - Music Therapy  
2:45 - Puzzles  
3:30 - Jeopardy

**8 Happy Birthday Cloyd!**  
9:30 - Coffee Social  
10:00 - Sing Along  
10:30 - Ball Strength Train  
11:00 - Reminiscing/Trivia  
1:15 - Bowling  
2:00 - Big Crossword  
2:45 - Trivia  
3:00 - Patio Time

**9 K**  
9:30 - Coffee Social  
10:00 - Music Therapy  
10:30 - Football Fun  
11:00 - Football  
1:15 - Patio Time/Trivia  
2:00 - Movie and Popcorn

**10 K**  
9:30 - Coffee Social  
10:00 - Trivia  
10:30 - Gospel Sing Along  
11:00 - Exercise  
1:15 - **Church Service**  
2:00 - Balloon Ball  
2:45 - Patio Time  
3:30 - Coloring

**11 A,K,&C Columbus Day**  
9:30 - Coffee Social  
10:00- Sing Along  
10:30 - Ball Strength Train  
11:00 - Reminiscing/Trivia  
1:15 - Kick Ball  
2:00 - Trivia  
2:45 - Are You Smarter than a 5th Grader?

**12 K,A&C**  
9:30 - Coffee Social  
10:00- Music Therapy  
10:30 - Parachute  
11:00 - Book Club  
1:15 - **Wellness Workout**  
2:00 - Cooking/Snack  
2:45 - Trivia  
3:30 - Bingo

**13 K,A&C**  
9:30 - Coffee Social  
10:00- Fitness Fun  
10:30 - Word Find  
11:00 - Sing Along  
1:15 - Arts and Crafts  
2:45 - Spa Day  
3:30 - Word Association

**14 K&A**  
9:30 - Coffee Social  
10:15 - **Church Service**  
11:00 - Book Club  
1:15 - **Wellness Workout**  
2:00 - Music Therapy  
2:45 - Jigsaw Puzzle  
3:30 - Wheel of Fortune

**15 "I Love Lucy Day"**  
9:30 - Coffee Social  
10:00- Sing Along  
10:30 - Ball Strength Train  
11:00 - Reminiscing/Trivia  
1:15 - Trivia  
2:00 - Big Crossword  
2:45 - Patio Time  
3:30 - **I Love Lucy**

**16 C**  
9:30 - Coffee Social  
10:00- Patio Time  
10:30 - Trivia  
11:00 - Deal or No Deal  
1:15 - Sing Along  
2:00 - Movie and Popcorn

# October 2021

# Memory Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17 A</b> 9:30 - Coffee Social 10:00 - Last Word 10:30 - Finish the Riddle 11:00 - Hymns <b>1:15 - Church Service</b> 2:00 - Kickball 2:45 - Trivia 3:30 - Jeopardy	<b>18 K&amp;C</b> 9:30 - Coffee Social 10:00 - Sing Along 10:30 - Ball Strength Train 11:00 - Reminiscing/Trivia 1:15 - Corn Hole 2:00 - Trivia 2:45 - Deal or No Deal 3:30 - Relaxation Therapy	<b>19 Happy Birthday George</b> 9:30 - Coffee Social 10:00 - Music Therapy 10:30 - 11:00 - Book Club <b>1:15 - Wellness Workout</b> 2:00 - Cooking/Snack 2:45 - Finish the Lyric 3:30 - Bingo	<b>20 K,A&amp;C</b> 9:30 - Coffee Social 10:00 - Fitness Fun 10:30 - Crossword 11:00 - Sing Along 1:15 - Arts and Crafts <b>2:00 - Fall Festival</b>	<b>21 K,A&amp;C</b> 9:30 - Coffee Social <b>10:15 - Church Service</b> 11:00 - Book Club <b>1:15 - Wellness Workout</b> 2:00 - Music Therapy 2:30 - Teaching Kitchen 3:30 - Jeopardy	<b>22 K&amp;A</b> 9:30 - Coffee Social 10:00 - Sing Along 10:30 - Ball Strength Train 11:00 - Reminiscing/Trivia 1:15 - Ring Toss 2:00 - Big Crossword 2:45 - Trivia 3:30 - Patio Time	<b>23 A</b> 9:30 - Coffee Social 10:00 - This Month's History 10:30 - Fish Bowl Questions 11:00 - Football 1:15 - Football Continued 2:00 - Movie and Popcorn
<b>24 C</b> 9:30 - Coffee Social 10:00 - Finish the Phrase 10:30 - Pictionary 11:00 - Gospel Sing Along <b>1:15 - Church Service</b> 2:00 - Brain Quest 2:45 - Famous Faces 3:30 - Bingo	<b>25 K&amp;C</b> 9:30 - Coffee Social 10:00 - Sing Along 10:30 - Ball Strength Train 11:00 - Reminiscing/Trivia 1:15 - Bowling 2:00 - Trivia 2:45 - Are You Smarter than a 5th Grader? 3:30 - Relaxation Therapy	<b>26 National Pumpkin Day</b> 9:30 - Coffee Social 10:00 - Music Therapy 10:30 - Parachute 11:00 - Book Club <b>1:15 - Wellness Workout</b> 2:00 - Cooking/Snack Pumpkin Bread 2:45 - Fishbowl 3:30 - Bingo	<b>27 K,A&amp;C</b> 9:30 - Coffee Social <b>10:15 - Resident Council</b> 10:30 - Fitness Fun 11:00 - Coloring 1:15 - Sing Along 2:00 - Arts and Crafts 3:30 - Spa Day	<b>28 K,A&amp;C</b> 9:30 - Coffee Social <b>10:15 - Church Service</b> 11:00 - Book Club <b>1:15 - Wellness Workout</b> 2:00 - Music Therapy 2:45 - Jigsaw Puzzle 3:30 - Wheel of Fortune	<b>29 A&amp;C</b> 9:30 - Coffee Social 10:00 - Sing Along 10:30 - Ball Strength Train 11:00 - Reminiscing/Trivia 1:15 - Velcro Darts 2:00 - Big Crossword <b>2:30 - Costume Parade</b> 3:30 - Trivia/Patio Time	<b>30 K</b> 9:30 - Coffee Social 10:00 - Sing Along 10:30 - Halloween Trivia 11:00 - Football 1:15 - Balloon Ball 2:00 - Movie and Popcorn
<b>31 Halloween</b> 9:30 - Coffee Social 10:00 - Gospel Sing Along 10:30 - Halloween Jingo <b>1:15 - Church Service</b> 2:00 - Trivia 2:45 - Football 3:30 - Halloween Facts <b>Halloween</b>		<p>Contact Life Enrichment to set up a video call with your family member.</p> <p>918-794-1926</p> <p>We have Facetime, Zoom, Chime, Skype, and Google Duo</p> 		<p>Due to the COVID-19 virus restrictions, small group activities have been reinstated with social distancing and mask guidelines.</p> <p>*****</p> <p>The Bishop Moody Wellness Center is now open</p>		