


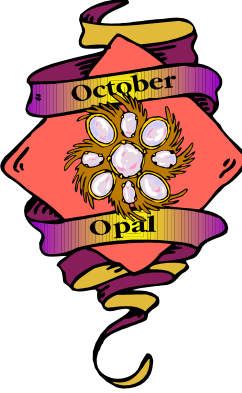




































October 2021

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!  October is: National Dessert Month Hispanic Heritage Month German-Amer. Heritage Month National Book Month National Caramel Month National Chili Month National Seafood Month National Popcorn Poppin' Month Vegetarian Month Clergy Appreciation Month Country Music Month Family History Month Spinach Lovers Month Pretzel Month</p>	<p>If Covid-19 numbers increase in the area restrictions could cause changes to the calendar!</p> <p>----- Tasting Around the World</p>  <p>Due to popular request we will be continuing this program of cuisine & trivia from around the world!</p>			 Clergy Appreciation Month	<p style="text-align: right;">1</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 11:00 Walking Club - CC 1:1 visits, visitations by appointment & Video chat 1:00-4:30 Open Gym 1:30 Wellness Games & Activities – GR</p>  International Coffee Day	<p style="text-align: right;">2</p> <p>9:00-11:00 1:1 visits in rooms, outside visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00-4:00 Ice Cream Parlor</p>
<p style="text-align: right;">3</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms & Video Chats 2:00-4:00 Ice Cream Parlor</p>	<p style="text-align: right;">4</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit – GR 11:00 Walking Club - CC 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 3:15 Bingo – S 6:00 Crossword Puzzle – GR</p>  World Animal Day	<p style="text-align: right;">5</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride 1:00-4:30 Open Gym 1:00 Laughter Club - GR 2:00 Ice Cream Parlor Open 2:00 Open Pool 3:45 Crossword Puzzle – LR</p>  World Teachers' Day	<p style="text-align: right;">6</p> <p>9:00-11:00 Open Gym 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:00 Culinary & Trivia on Germany: Brats & Kartoffelpuffer- ALP 3:30 Oktoberfest Happy Hour - B 6:00 Bingo – B</p> <p> Today's location: Germany</p>  Natl German-American Day	<p style="text-align: right;">7</p> <p>9:00-11:00 Open Gym 10:00 Craft Club: Fall Door Décor - B 1:00-4:30 Open Gym 1:15 Brain Teaser Puzzles – GR 2:00 Ice Cream Parlor Open 2:00 Open Pool 3:30 Bingo – ALP</p> <p><i>Happy Birthday</i> Judy Start Nick Trotta</p>	<p style="text-align: right;">8</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 11:00 Walking Club - CC 1:1 visits, visitations by appointment & Video chat 1:00-4:30 Open Gym 1:00 Culinary: Egg Salad-ALP 1:30 Wellness Games & Activities – GR 3:30 Tea Time in the Bistro</p>  World Egg Day	<p style="text-align: right;">9</p> <p>9:00-11:00 1:1 visits in rooms, outside visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00-4:00 Ice Cream Parlor</p>  Universal Music Day
<p style="text-align: right;">10</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms & Video Chats 2:00-4:00 Ice Cream Parlor</p>  Clergy Appreciation Day	<p style="text-align: right;">11</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit – GR 10:00 Veteran's Coffee Bunker 11:00 Walking Club - CC 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 3:15 Bingo - S 6:00 Scattergories – GR</p>  Indigenous Peoples Day Columbus Day	<p style="text-align: right;">12</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride 1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - B 1:00-4:30 Open Gym 2:00 Ice Cream Parlor Open 2:00 Open Pool 3:45 Crossword Puzzle – LR</p>	<p style="text-align: right;">13</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:00 Board Games – ALP 3:30 Happy Hour - B 6:00 Bingo – B</p>  Emergency Nurses Day	<p style="text-align: right;">14</p> <p>9:00-11:00 Open Gym 9:30 Culinary & Trivia on Lithuania: Cepelinai - CC 1:00-4:30 Open Gym 1:15 Music at MIDDAY – GR 2:00 Ice Cream Parlor Open 2:00 Prayer Service - S 2:00 Open Pool 3:30 Bingo – ALP</p> <p> Today's location: Lithuania</p> 	<p style="text-align: right;">15</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:30 Wellness Games & Activities – GR</p>  Global Handwashing Day	<p style="text-align: right;">16</p> <p>9:00-11:00 1:1 visits in rooms, outside visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00-4:00 Ice Cream Parlor</p>

October 2021

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel Afternoon 1:1 visits in rooms & Video Chats 2:00-4:00 Ice Cream Parlor</p>	<p>18</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:00 Stitch-in-time - OL 1:00-4:30 Open Gym 3:15 Bingo - S 6:00 Scrabble - GR</p> <p> Alaska Day</p>	<p>19</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride 1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - B 1:00-4:30 Open Gym 2:00 Ice Cream Parlor Open 2:00 Open Pool 3:45 Crossword Puzzle - LR</p>	<p>20</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym 2:00 Fall Festival In the Gazebo Courtyard  6:00 Bingo - B  Full Hunter's Moon <i>Happy Birthday</i> Kenneth Hoit Jean Sinclair</p>	<p>21</p> <p>9:00-11:00 Open Gym 9:30 Culinary & Trivia on Jamaica: Jerk Chicken -CC 1:00-4:30 Open Gym 1:15 Objects & Orations-GR 2:30 Teaching Kitchen - CC 2:00 Ice Cream Parlor Open 2:00 Prayer Service - S 2:00 Open Pool 3:30 Bingo - ALP  Today's location: Jamaica </p>	<p>22</p> <p>9:00-11:00 Open Gym 10:00 Sing-a-long - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:30 Wellness Games & Activities - GR</p> <p> National Nut Day</p>	<p>23</p> <p>9:00-11:00 1:1 visits in rooms, outside visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00-4:00 Ice Cream Parlor</p>
<p>24</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel Afternoon 1:1 visits in rooms & Video Chats 2:00-4:00 Ice Cream Parlor</p> <p> United Nations Day</p>	<p>25</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:00 Craft Club: Halloween Masks/Crowns - ALP 3:15 Bingo - S 6:00 Beginnings & Endings - GR</p>	<p>26</p> <p>9:00-11:00 Open Gym 9:30 Open Pool 10:00 Resident Council - S 1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - B 1:00-4:30 Open Gym 2:00 Ice Cream Parlor Open 2:00 Open Pool 3:45 Crossword Puzzle - LR</p> <p> National Pumpkin Day</p>	<p>27</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:00 Board Games - ALP 3:30 World Series Happy Hour - B  6:00 Bingo - B  National Black Cat Day</p>	<p>28</p> <p>9:00-11:00 Open Gym 9:30 Culinary & Trivia on Kenya: Kenyan Stew - CC 10:00 Resident Council - V 1:00-4:30 Open Gym 1:15 Museum Musings -GR 2:00 Ice Cream Parlor Open 2:00 Prayer Service - S 2:00 Open Pool 3:30 Bingo - ALP  Today's location: Kenya </p>	<p>29</p> <p>9:00-11:00 Open Gym 10:00 Resident Council-ALP 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:00 Halloween Parade of Costumes 2:30 Halloween Party</p> <p></p>	<p>30</p> <p>9:00-11:00 1:1 visits in rooms, outside visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00-4:00 Ice Cream Parlor</p> <p> National Candy Corn Day</p>
<p>31</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel Afternoon 1:1 visits in rooms & Video Chats 2:00-4:00 Ice Cream Parlor</p> <p> Happy Halloween Magic Day</p>	<p></p>	<p>The Bishop Moody Wellness Center</p> <p></p> <p>Open Gym Times Monday - Friday 9:00 a.m. - 11:00 a.m. & 1:00 p.m. - 4:30 p.m.</p>	<p>Please note - if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> <p></p>	<p>The Crossroads Ice Cream Parlor</p> <p></p> <p>Open Tuesday, Thursday, Saturday and Sunday 2:00-4:00 p.m.</p>	<p>Activity Location Key CR = Common Room ALP = Crossroads Parlor (Assisted Living Plus) LR - Downstairs Living Room GR - Upstairs Game Room B - The Bistro CC - Carla's Corner V - Valley View Dining Room S - Skyline DR (upstairs) WC - Wellness Center OL - Osage Lookout (Casey Hall) HC - Healthcare Center MC - Memory Center</p>	<p>The Gift Garden Shop</p> <p></p> <p>For assistance stop by the Dotson front desk Anytime between 9:00 a.m. - 5:00 p.m. Monday to Friday</p>