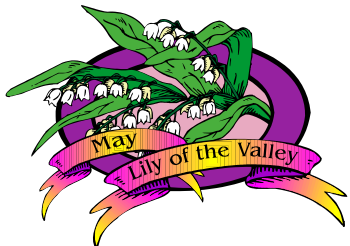
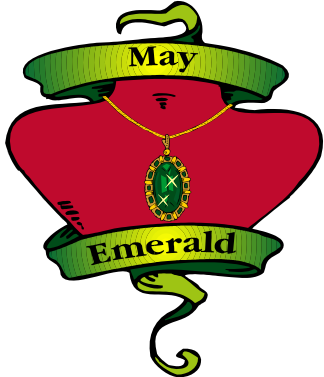
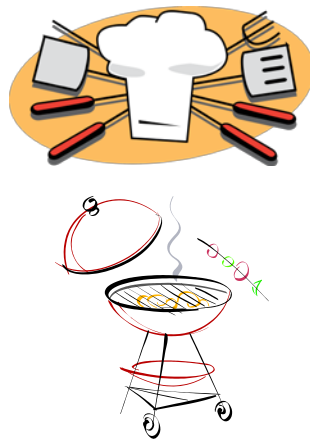
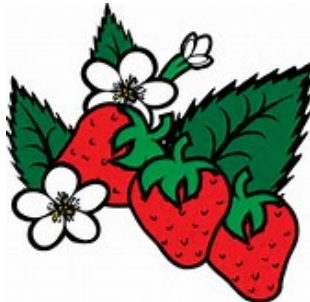



















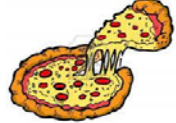















May 2021

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website! ★★☆☆☆☆★☆☆★☆☆★</p> <p>May is: Asian/Pacific American Heritage Month National Older Americans Mo. National Egg Month National Herb Month Better Hearing & Speech Mo. Nat'l. Hamburger Month Nat'l Bar-B-Que Month Flower Month Duckling Month Nat'l Strawberry Month Nat'l Salad Month Nat'l Salsa Month Sweet Vidalia Onion Month Jewish-Am. Heritage Month</p>	<p>Socially Distanced Activities continue, but if Covid-19 numbers increase this could change!</p> 				<p>National Older American's Month</p> 	<p>1</p> <p>9:00-11:00 9:00-11:00 1:1 visits in rooms, visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00 Snack Cart</p>  <p>May Day 147th Kentucky Derby</p>
<p>2</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms, Ice Cream cart & Video Chats</p>  <p>National Fitness Day</p>	<p>3</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 10:30 The David Horne Duo - CR 1:00 Culinary: Raspberry Popovers - S 1:00-4:30 Open Gym 3:30 Socially Distanced Bingo – 2nd floor</p>  <p>National Raspberry Popover Day</p>	<p>4</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride</p> <p>1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - V Afternoon 1:1 visits, Video chats & visitations by appt. 1:00-4:30 Open Gym 1:30 Ice Cream Cart 3:45 Crossword Puzzle – LR</p>  <p>TEACHERS RULE National Teacher Day</p>	<p>5</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 11:30 Picnic Lunch on Patio</p>  <p>1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 2:30-3:30 Happy Hour -V 6:00 Bingo – V</p> <p>CINCO DE MAIO</p>	<p>6</p> <p>9:00-11:00 1:1 visits in rooms, Coffee cart & Video chats 9:00-11:00 Open Gym 1:00-4:30 Open Gym 1:15 Music at Midday - GR 2:15 Mexican Fiesta with Mariachi Band in the Gazebo Courtyard</p> 	<p>7</p> <p>9:00-11:00 Open Gym 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 1:30 Wellness Games & Activities – GR 2:00 Snack Cart</p>  <p>Mother Ocean Day Happy Birthday Dave Schaaf</p>	<p>8</p> <p>9:00-11:00 1:1 visits in rooms, visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00 Snack Cart</p>  <p>World Migratory Birds Day</p>
<p>9</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms, Ice Cream cart & Video Chats</p>  <p>Happy Mother's Day Nat'l Nursing Home Week</p>	<p>10</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:00-4:30 Open Gym Afternoon 1:1 visits in rooms, Snack cart & Video Chats 2:00 Casino Party - In the Common Room 6:00 Scattergories - GR</p>  <p>Casino Day</p>	<p>11</p> <p>9:00-11:00 Open Gym 10:00 Good Old Boys – Gazebo Courtyard</p> <p>1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - V Afternoon 1:1 visits, Video chats & visitations by appt. 1:00-4:30 Open Gym 2:30 Tea Time w/harpist Linda Paul – Valleyview DR</p>  <p>Tea & Music Day</p>	<p>12</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 2:30 50's Party Happy Hour -V 6:00 Bingo – V</p>  <p>International Nurses Day 50's Day</p>	<p>13</p> <p>9:00-11:00 1:1 visits in rooms, Coffee cart & Video chats 9:00-11:00 Open Gym 1:00-4:30 Open Gym 1:15 Museum Musings – GR 2:30 Teaching Kitchen - CC 3:30 International Food Festival In Bistro and Living Room</p>  <p>National Apple Pie Day International Food Day</p>	<p>14</p> <p>9:00-11:00 Open Gym 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 1:30 Wellness Games & Activities – GR 2:00 Luau Party</p>  <p>LUAU PARTY HAWAIIAN DAY</p>	<p>15</p> <p>9:00-11:00 1:1 visits in rooms, visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00 Snack Cart</p>  <p>Armed Forces Day 146th Preakness Stakes</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms, Ice Cream cart & Video Chats</p>	<p>17</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 10:00 Harpist Vicki Smith - CR 11:00 Walking Club - CC 1:00-4:30 Open Gym 1:15 Culinary Club: Cherry Cobbler - CC 3:30 Socially Distanced Bingo - 2nd floor</p>  <p>National Cherry Cobbler Day</p>	<p>18</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride</p> <p>1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - V Afternoon 1:1 visits, Video chats & visitations by appt. 1:00-4:30 Open Gym 1:30 Ice Cream Cart 3:45 Crossword Puzzle - LR</p>  <p>International Museum Day</p>	<p>19</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 2:30-3:30 Happy Hour w/ Jerry Dwayne - Courtyard 6:00 Bingo - V</p>	<p>20</p> <p>9:00-11:00 1:1 visits in rooms, Coffee cart & Video chats 9:00-11:00 Open Gym 1:00-4:30 Open Gym 1:15 Objects & Orations - GR 2:00 Ice Cream Cart 2:30 Prayer Service - S 3:30 Socially Distanced Bingo - 2nd floor</p>  <p>World Bee Day</p>	<p>21</p> <p>9:00-11:00 Open Gym 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 1:30 Wellness Games & Activities - GR 2:00 Snack Cart</p>  <p>Pizza Party Day</p>	<p>22</p> <p>9:00-11:00 1:1 visits in rooms, visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00 Snack Cart</p>  <p>National Maritime Day</p>
<p>23</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms, Ice Cream cart & Video Chats</p>  <p>Brother's Day Pentecost Sunday</p>	<p>24</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 10:00 The 7th Annual Running of the Turtles</p>  <p>11:00 Walking Club - CC 1:00-4:30 Open Gym 1:15 Culinary Club: Strawberry Scones - CC 3:30 George Barton Duo - Reflections Courtyard</p>  <p>World Turtle Day</p>	<p>25</p> <p>9:00-11:00 Open Gym 10:00 Morning Bus Ride 10:00 Resident Council - S</p> <p>1:00 Worship Service in Valleyview Dining Room 1:30 Bible Study - V Afternoon 1:1 visits, Video chats & visitations by appt. 1:00-4:30 Open Gym 1:30 Ice Cream Cart 3:45 Crossword Puzzle - LR</p>  <p>National Brown Bag It Day</p>	<p>26</p> <p>9:00-11:00 Open Gym 9:30 Sit & Be Fit - GR 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 3:00 Happy Hour w/Singer Justin Fuller - Courtyard 6:00 Bingo - V</p>  <p>Full Flower Moon Lunar Eclipse</p>	<p>27</p> <p>9:00-11:00 1:1 visits in rooms, Coffee cart & Video chats 9:00-11:00 Open Gym 10:00 Resident Council - V 1:00-4:30 Open Gym 1:15 Museum Musings - GR 2:00 Ice Cream Cart 2:30 Prayer Service - S 3:30 Socially Distanced Bingo - 2nd floor</p>  <p>Senior Health & Fitness Day</p>	<p>28</p> <p>9:00-11:00 Open Gym 11:00 Walking Club - CC 1:1 visits in rooms, visitations by appointment & Video chat 1:00-4:30 Open Gym 1:30 Wellness Games & Activities - GR 2:00 Snack Cart</p>  <p>National Hamburger Day</p>	<p>29</p> <p>9:00-11:00 1:1 visits in rooms, visitations by appointment & video chat</p> <p>1:1 visits in rooms, visitations by appointment & Video chat 2:00 Snack Cart</p>
<p>30</p> <p>9:00-11:00 1:1 visits in rooms & Video chats 10:00 Holy Communion in St. Anna's Chapel</p> <p>Afternoon 1:1 visits in rooms, Ice Cream cart & Video Chats</p>	<p>31</p> <p>9:00-11:00 1:1 visits in rooms, Coffee cart & Video chats 1:00 Movie Matinee - GR</p>  <p>Administrative offices closed in observance of the holiday</p>	<p>Please note - if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p>The Bishop Moody Wellness Center</p>  <p>Gym is open by appointment only during health precautions for 1:1 workouts.</p>	<p><i>The Crossroads Ice Cream Parlor</i></p> <p>Open Tuesday, Thursday, and Sunday Ice cream cart will travel room to room.</p> 	<p>Activity Location Key</p> <p>CR = Common Room ALP = Crossroads Parlor (Assisted Living Plus) LR - Downstairs Living Room GR - Upstairs Game Room B - The Bistro CC - Carla's Corner V - Valley View Dining Room S - Skyline DR (upstairs) WC - Wellness Center OL - Osage Lookout (Casey Hall) HC - Healthcare Center MC - Memory Center</p>	<p>The Gift Garden Shop</p>  <p>For assistance stop by the Dotson front desk Anytime between 9:00 a.m. - 5:00 p.m. Monday to Friday</p>