
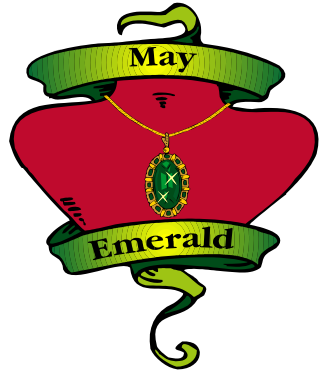















May 2019

Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website! </p> <p>May is: Asian/Pacific American Heritage Month National Older Americans Mo. National Egg Month National Herb Month Better Hearing & Speech Mo. Nat'l. Hamburger Month Nat'l Bar-B-Que Month Flower Month Duckling Month Nat'l Strawberry Month Nat'l Salad Month Nat'l Salsa Month Sweet Vidalia Onion Month Jewish-Am. Heritage Month</p>			<p>1</p> <p>9:15 Good Morning coffee 9:30 Batman/Comic Facts & Trivia 10:30 Holy Communion 11:00 Gospel Music Sing Along</p> <p>1:30 Cooking with Rikki! BBQ 3:00 Sit & Stretch 3:30 Wii Games</p> <p>Lawrence Welk Hour</p>	<p>2</p> <p>9:15 Good Morning! 9:30 Tulsa News 10:00 Catholic Mass in Chapel 10:30 Bible Study 11:00 Exercise</p> <p>Patio Time <i>1:00 Wellness Center</i> 1:30 Ghost Stories </p> <p>2:15 4:00 Brain Teasers</p> <p>Evening movie</p>	<p>3</p> <p>9:15 Coffee and conversation 9:30 Word Games 10:15 In the News 11:00 Space Facts & Fun</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 Sit & Stretch 3:30 SPCA Pet Therapy Visits</p> <p><i>Happy Birthday Richard Hiskett</i></p> <p><i>International Space Day</i></p>	<p>4</p> <p>9:15 Coffee & Tulsa World 10:00 Word Games 10:45 Exercise</p> <p>1:30 Sing a long 2:00-4:00 Ice Cream Parlor Open 3:00 Movie & Snacks</p>
<p>5</p> <p>9:15 Coffee Corner/news 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Friend & family movie</p> <p>Cinco de Mayo</p>	<p>6</p> <p>9:15 Good Morning! Coffee 9:30 News Update 10:30 Exercise 11:00 Piano Player Karen Harrington</p> <p>1:30 Art with Jenny 1:30 Patio Time – Cinco de Mayo Trivia 2:30 Mexican Fiesta w/ Mariachi Jorge Rodriguez 3:30 Wii Games</p> <p>Evening movie</p>	<p>7</p> <p>9:15 Good Morning! Coffee 9:30 I Can 10:30 Word Games</p> <p>1:30 Teacher Trivia 2:00 Karaoke w/ Justin Fuller 3:00 Exercise 3:30 I Can</p> <p>Evening movie</p>	<p>8</p> <p>9:15 Good Morning! Coffee 9:30 I Can 10:30 Holy Communion 11:00 Gospel Music</p> <p>1:30 Cooking With Rikki! Tacos 3:00 Exercise 3:30 I Can</p> <p>Lawrence Welk Hour</p>	<p>9</p> <p>9:15 Good Morning! Coffee 9:30 Pictionary 10:30 Bible Study 11:00 Astronaut Fun & Facts</p> <p>1:00 <i>Wellness Center</i> 1:30 Active Game- Kentucky Derby </p> <p>2:30 Serve Snacks 4:00 Celebrate Pet Week!</p>	<p>10</p> <p>9:15 Coffee and conversation Tulsa News, exercise Word Games</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 <i>active time with wellness center</i></p> <p>6:00 Classic Movie Night</p>	<p>11</p> <p>9:15 Coffee Corner, Tulsa News Exercise, drinks, word games</p> <p>1:30 Trivia Tease & More 2:00-4:00 Ice Cream Parlor 2:00 Sing-A-Long Serve Snacks 3:00 Movie Time</p>
<p>12</p> <p>9:15 Coffee Corner/news 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Friend & family movie</p>  <p>Happy Mother's Day</p>	<p>13</p> <p>9:15 Good Morning! Coffee, 9:30 Brain Teasers 10:00 I Can 11:00 Piano Player Karen Rich</p> <p>1:30 Art with Jenny 1:30 Story Time 2:00 Active Game: Mini Golf 3:00 I Can 4:00 Patio Time</p> <p>Movie Time</p>	<p>14</p> <p>9:15 Good Morning! Coffee 9:30 Faces & Places 10:00 I Can 11:00 Exercise</p> <p>1:30 Chicken Dance </p> <p>2:15 3:30 I Can</p> <p>Evening movie</p>	<p>15</p> <p>9:15 Good Morning! Coffee 9:30 I Can 10:30 Holy Communion 11:00 Gospel Music</p> <p>1:30 Cooking w/ Rikki! Hoagies 2:30 Exercise 3:00 I Can</p> <p>Lawrence Welk Hour</p> <p><i>National Chocolate Chip Day</i></p>	<p>16</p> <p>9:15 Good Morning! Coffee 9:30 News Update 10:30 Bible Study 11:00 Mystery Day</p> <p>1:00 <i>Wellness Center</i> </p> <p>1:30 Luigi Sings Serve Snacks 3:00 Gifts from the garden day!</p>	<p>17</p> <p>9:15 Coffee and conversation Tulsa News, exercise 10:00 Word Games 11:00 Exercise</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 <i>active time with wellness center</i></p> <p>Classic Movie Night</p>	<p>18</p> <p>9:15 Coffee Corner, Tulsa News Exercise, drinks, word games</p> <p>1:30 Trivia Tease & More 2:00-4:00 Ice Cream Parlor 2:00 Sing-A-Long Serve Snacks 3:00 Movie Time</p> <p><i>Happy Birthday Jane Aker</i></p>

May 2019

Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="right">19</p> <p>9:15 Coffee Corner, Tulsa News 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Movie Time</p>	<p align="right">20</p> <p>9:15 Good Morning! Coffee 9:30 I Can 10:30 Exercise 11:00 News Update</p> <p>1:30 Art with Jenny 1:30 Active Game- Backyard Games Week! 2:30 I Can 3:30 Wii Games</p>	<p align="right">21</p> <p>9:15 Good Morning! Coffee 9:30 Family Feud 10:30 News Update 11:00 Video/1:1</p> <p>1:00 <i>Wellness Center</i> 1:30 Active game: Paper Airplanes 2:00 Patio Time/Plant a Tree! 3:00 Amelia Earhart Facts & Fun</p> <p align="center"><i>Strawberries & Cream Day</i></p>	<p align="right">22</p> <p>9:15 Good Morning! Coffee 9:30 News Update 10:30 Holy Communion 11:00 Gospel music</p> <p>1:30 Cooking w/ Rikki! Pizza Party! Serve Snacks/Coke Floats 3:00 <i>Wellness center Stretch</i></p> <p>Lawrence Welk Hour</p>	<p align="right">23</p> <p>9:15 Good Morning! Coffee Tulsa News, exercise/hydration 9:30 Tulsa Heartstrings 10:30 Bible Study 11:00 World Turtle Day!</p> <p>1:00 <i>Wellness Center</i> 1:30 balloon ball 2:15 BINGO Serve Snacks 3:45 Video/1:1</p> <p align="center"><i>National World Turtle Day</i></p>	<p align="right">24</p> <p>9:15 Coffee and conversation Tulsa News, exercise</p> <p>9:30 Gathan Graham </p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 <i>active time with wellness center</i></p> <p>6:00 Classic Movie Night</p>	<p align="right">25</p> <p>9:15 Coffee Corner, Tulsa News Exercise, drinks, word games</p> <p>1:30 Trivia Tease & More 2:00-4:00 Ice Cream Parlor 2:00 Sing-A-Long Serve Snacks 3:00 Movie Time</p>
<p align="right">26</p> <p>9:15 Coffee Corner Tulsa World 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long Serve Snacks 3:00 Family & Friends Movie Time</p>	<p align="right">27</p> <p>9:15 Good Morning! Coffee, 9:30 I Can 10:30 In the News 11:00 Piano Player Michael Bedford 1:30 Art with Jenny 1:30 Story Time 2:00 I Can 3:30 Wii Games Evening Movie Time</p> <p align="center"> Memorial DAY Administrative offices closed in observance of the holiday</p>	<p align="right">28</p> <p>9:15 Good Morning! Coffee 9:30 Brain Teasers 10:30 News Update 11:00 Video/1:1</p> <p>1:00 <i>Wellness Center</i> Snacks/patio time</p> <p align="center"></p> <p>2:00 May Birthday Party!!! Railway Mtn. band 3:30 Wellness stretch</p> <p>Movie</p>	<p align="right">29</p> <p>9:15 Good Morning! Coffee 9:30 Rhyme Time 10:30 Holy Communion 11:00 Gospel music</p> <p>1:30 Cooking w/Rikki! Hamburgers! 3:00 <i>Wellness center stretch</i> Serve snacks 4:00 TULSA Video/1:1</p> <p>Lawrence Welk Hour</p>	<p align="right">30</p> <p>9:15 Good Morning! Coffee 9:30 News Update 10:30 Bible Study 11:00 Bible Trivia</p> <p>1:00 <i>Wellness Center</i> 1:30 balloon ball 2:15 BINGO Serve Snacks 3:45 Patio Time/1:1</p>	<p align="right">31</p> <p>9:15 Coffee and conversation Tulsa News, exercise Word Games</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 <i>active time with wellness center</i></p> <p>6:00 Classic Movie Night</p>	
	<p>National Older American's Month</p> 	<p><i>The Crossroads Ice Cream Parlor</i></p> <p align="center">◆</p> <p>Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m.- 4:00 p.m.</p>	<p>The Bishop Moody Wellness Center</p>  <p>Open Monday – Friday 9:00 a.m. – 4:30 p.m.</p>	<p>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p>Activity Location Key</p> <p>MC - Memory Center CR - Common Room D - Crossroads Ice Cream Parlor HC - Health Care Center SC - Smith Conference Center B - The Bistro in Assisted Living CC - Carla's Corner in AL LR - Living Room in AL V - Valleyview Dining Room In Assisted Living</p>	<p><i>The Gift Garden Shop</i></p>  <p>Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</p>