

















# May 2019

# Health Care Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!    <b>May is:</b>                      Asian/Pacific American Heritage Month                      National Older Americans Mo.                      National Egg Month                      National Herb Month                      Better Hearing &amp; Speech Mo.                      American Bike Month                      Nat'l. Hamburger Month                      Nat'l Bar-B-Que Month                      Flower Month                      Nat'l Strawberry Month                      Nat'l Salad Month                      Nat'l Salsa Month                      Sweet Vidalia Onion Month                      Jewish-Am. Heritage Month</p>		 <p style="text-align: center;"><b>May Day</b></p>	<p style="text-align: right;"><b>1</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 9:30 Gospel Hymns DVD 10:00 <b>Holy Communion- C</b> 10:30 <b>Veteran's Coffee Bunker</b> PM-Small Groups/1:1 1:30 Movie Matinee 2:00–4:00 Gift Garden Open 2:30 Trivia / Word games 6:00 Evening Fun Movie	<p style="text-align: right;"><b>2</b></p> 8:30 <i>Open Gym</i> - WC 9:00 <i>Yoga</i> - LR 9:30 Current Events 10:00 <b>Catholic Mass</b> in St. Anna's Chapel 10:45 On Location PM – Small Groups/1:1s 1:00 <i>Sit &amp; Be Fit</i> – WC staff 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie <i>Happy Birthday</i> Alvin Pannell	<p style="text-align: right;"><b>3</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 10:30 <b>Wirick Music Series: Jerry Dwayne</b> PM-Small Groups/1:1 1:00 Movie Matinee 1:00 <i>Games &amp; Competition-GR</i> 1:30 Bingo – ALP 2:00–4:00 Gift Garden Open 3:00 <i>Open Gym</i> - WC 3:00 <b>SPCA Pet Therapy Visits</b> 6:00 Evening Fun Movie	<p style="text-align: right;"><b>4</b></p> AM- Small Groups/1:1 9:30 On Location 10:00 <b>Karing K-9's</b>  1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie <p style="text-align: center;"><i>Happy Birthday</i> Chris Traband</p>
<p style="text-align: right;"><b>5</b></p> AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 <b>Holy Communion-C</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie	<p style="text-align: right;"><b>6</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:00 <i>Volunteer Club</i> 2:00-4:00 Ice Cream Parlor 2:30 Trivia/Word Games 3:30 <b>Mexican Fiesta w/ Mariachi Jorge Rodriguez-CR</b> 6:00 Evening Fun Movie <p style="text-align: center;"><i>Happy Birthday</i> Bernie Robak</p>	<p style="text-align: right;"><b>7</b></p> AM- Small Groups/1:1 9:00 <i>Yoga</i> - LR 10:00 <b>Morning Prayer</b> 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 <i>Sit &amp; Be Fit</i> – WC staff 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 2:30-4:00 <i>Open Gym</i> - WC 3:00 Bible Study- GR 6:00 Evening Fun Movie	<p style="text-align: right;"><b>8</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 9:30 Gospel Hymns DVD 10:00 <b>Holy Communion- C</b> 10:30 <b>Veteran's Coffee Bunker</b> PM-Small Groups/1:1 1:30 Movie Matinee 2:00–4:00 Gift Garden Open 2:30 Trivia / Word games 2:30-4:00 <i>Open Gym</i> - WC 6:00 Evening Fun Movie	<p style="text-align: right;"><b>9</b></p> 8:30 <i>Open Gym</i> - WC 9:00 <i>Yoga</i> - LR 10:00 <b>Lightfoot Family Band</b> In Valleyview DR (bluegrass) 10:45 On Location PM – Small Groups/1:1s 1:00 <i>Sit &amp; Be Fit</i> – WC staff 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 3:30 <b>Craft Club: Paper Flower Décor</b> - ALP 6:00 Evening Fun Movie	<p style="text-align: right;"><b>10</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 10:00 <b>Friends of Flora &amp; Fauna Meeting – B</b> 10:30 <b>Wirick Music Series: Luigi Balletto</b> PM-Small Groups/1:1 1:00 Movie Matinee 1:00 <i>Games &amp; Competition-GR</i> 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open 2:30-4:00 <i>Open Gym</i> - WC 3:30 Active Games 6:00 Evening Fun Movie	<p style="text-align: right;"><b>11</b></p> AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie
<p style="text-align: right;"><b>12</b></p> AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 <b>Holy Communion-C</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie  <p style="text-align: center;"><b>Happy Mother's Day</b></p>	<p style="text-align: right;"><b>13</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:15 <b>Culinary Club: Turtle Treats</b> – CC  2:00 – 4:00 Gift Garden Open 2:30 Trivia/Word Games 3:00 <b>Men's Club - B</b> 3:30 <b>Celebration of Mothers</b> - ALP 6:00 Evening Fun Movie	<p style="text-align: right;"><b>14</b></p> 9:00 <i>Yoga</i> - LR AM- Small Groups/1:1 10:00 <b>Morning Prayer</b> 10:30 <b>The 6<sup>th</sup> Annual Running of the Turtles</b>  PM-Small Groups/1:1 1:00 <i>Sit &amp; Be Fit</i> – WC staff 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 3:00 Bible Study- GR 6:00 Evening Fun Movie	<p style="text-align: right;"><b>15</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 9:30 Gospel Hymns DVD 10:00 <b>Holy Communion- C</b> 10:30 <b>Veteran's Coffee Bunker</b> PM-Small Groups/1:1 1:30 Movie Matinee 2:00–4:00 Gift Garden Open 2:30-4:00 <i>Open Gym</i> - WC 2:30 Trivia / Word games 3:30 <b>Cocktail Hour</b> w/Jim Tate - B 6:00 Evening Fun Movie	<p style="text-align: right;"><b>16</b></p> 8:30 <i>Open Gym</i> - WC 9:00 <i>Yoga</i> - LR 9:30 Current Events 9:30 <b>Rosary in Blue Moon DR</b> 10:45 On Location PM – Small Groups/1:1s 1:00 <i>Sit &amp; Be Fit</i> – WC staff 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:30-4:00 <i>Open Gym</i> - WC 3:00 Bingo 6:00 Evening Fun Movie	<p style="text-align: right;"><b>17</b></p> AM- Small Groups/1:1 8:30 <i>Open Gym</i> - WC 10:00 <b>Good Friday Service</b> 10:30 <b>Wirick Music Series: Pianist Bill Rowland –HC</b> 11:20 <b>Jazzwich Outing</b> PM-Small Groups/1:1 1:00 Movie Matinee 1:00 <i>Games &amp; Competition-GR</i> 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open 2:30-4:00 <i>Open Gym</i> - WC 3:30 Active Games 6:00 Evening Fun Movie	<p style="text-align: right;"><b>18</b></p> AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="right"><b>19</b></p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD <b>10:00 Holy Communion-C</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p align="right"><b>20</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee <b>1:00 Volunteer Club</b> <b>1:30 Gilcrease Speaker Dick Clark - LR</b> 2:00 – 4:00 Gift Garden Open <b>2:30-4:00 Open Gym - WC</b> 2:45 Trivia/Word Games 3:30 Bingo - ALP 6:00 Evening Fun Movie</p>	<p align="right"><b>21</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> 9:00 Yoga - LR <b>10:00 Morning Prayer</b> 11:00 Sing-A-Long PM-Small Groups/1:1 <b>1:00 Sit &amp; Be Fit – WC staff</b> 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo <b>2:30-4:00 Open Gym - WC</b> 3:00 Bible Study- GR 6:00 Evening Fun Movie</p>	<p align="right"><b>22</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> 9:30 Gospel Hymns DVD <b>10:00 Holy Communion- C</b> <b>10:30 Veteran’s Coffee Bunker</b> PM-Small Groups/1:1 <b>1:20 Culinary Club: Birthday Cupcakes- ALP</b> 2:00 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games <b>2:30-4:00 Open Gym - WC</b> <b>3:30 May Birthday Party &amp; Cocktail Hour – B</b> 6:00 Evening Fun Movie</p>	<p align="right"><b>23</b></p> <p><b>8:30 Open Gym - WC</b> <b>9:00 Yoga - LR</b> <b>10:15 Tulsa Heartstrings - HC</b> 10:30 On Location PM – Small Groups/1:1s <b>1:00 Sit &amp; Be Fit – WC staff</b> 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP <b>2:30-4:00 Open Gym - WC</b> 3:00 Bingo 6:00 Evening Fun Movie</p>	<p align="right"><b>24</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> <b>10:30 Wirick Music Series: Gathan Graham</b> PM-Small Groups/1:1 1:00 Movie Matinee <b>1:00 Games &amp; Competition-GR</b> 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open <b>2:30-4:00 Open Gym - WC</b> <b>3:00 SPCA Pet Therapy Visits – ALP</b> 6:00 Evening Fun Movie <i>Happy Birthday Delores Dukes</i></p>	<p align="right"><b>25</b></p> <p>AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>
<p align="right"><b>26</b></p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD <b>10:00 Holy Communion-C</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p align="right"><b>27</b></p> <p>AM- Small Groups/1:1 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee <b>1:00 Volunteer Club</b> 2:45 Trivia/Word Games 3:30 Bingo - ALP 6:00 Evening Fun Movie</p> <p align="center">   <b>Memorial Day</b>            Administrative offices closed in observance of the holiday         </p>	<p align="right"><b>28</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> 9:00 Yoga - LR <b>10:00 Morning Prayer</b> 11:00 Sing-A-Long PM-Small Groups/1:1 <b>1:00 Sit &amp; Be Fit – WC staff</b> 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo <b>2:30-4:00 Open Gym - WC</b> 3:00 Bible Study- GR 6:00 Evening Fun Movie</p>	<p align="right"><b>29</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> 9:30 Gospel Hymns DVD <b>10:00 Holy Communion- C</b> <b>10:30 Veteran’s Coffee Bunker</b> PM-Small Groups/1:1 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games <b>2:30-4:00 Open Gym - WC</b> <b>3:00 Resident Council Mtg.</b> 6:00 Evening Fun Movie</p>	<p align="right"><b>30</b></p> <p><b>8:30 Open Gym - WC</b> <b>9:00 Yoga - LR</b> 9:30 Current Events <b>10:30 David Horne Jazz Duo -CR</b> 10:30 On Location <b>1:00 Sit &amp; Be Fit – WC staff</b> 1:00 Movie Matinee <b>1:30 Culinary Club: Strawberry Scones - ALP</b> 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo <b>6:30 Saint Simeons Annual Ice Cream Social w/Something Steel</b> </p>	<p align="right"><b>31</b></p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> <b>10:30 Wirick Music Series: Johnny Bean - HC</b> PM-Small Groups/1:1 1:00 Movie Matinee <b>1:00 Games &amp; Competition-GR</b> 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open <b>2:30-4:00 Open Gym - WC</b> 3:30 Active Games 6:00 Evening Fun Movie</p>	
	<p><b>National Older American’s Month</b></p> 	<p><b>The Crossroads Ice Cream Parlor</b></p> <p>—◆—</p> <p><b>Open</b> Tuesday, Thursday, Saturday and Sunday 2:00 p.m. – 4:00 p.m.</p> 	<p><b>The Bishop Moody Wellness Center</b></p>  <p><b>Open</b> Monday – Friday 9:00 a.m. – 4:30 p.m.</p>	<p>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p><b>Activity Location Key</b> AL = Assisted Living Lobby ALP = Crossroads Parlor B = Bistro (in Assisted Living) C = Chapel CC – Carla’s Corner (AL) CR = Common Room GR – Upstairs Game Room (AL) HC = Health Care Center L = Library in Assisted Living M = Memory Center S = Skyline Dining Room AL 2<sup>nd</sup> Fl. V = Valleyview Dining Room AL</p>	<p><b>The Gift Garden Shop</b></p>  <p><b>Open</b> Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</p>