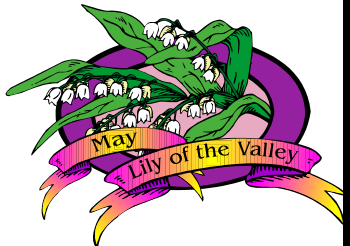
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website! ☆☆☆☆☆☆☆☆☆</p> <p>May is: Asian/Pacific American Heritage Month National Older Americans Mo. National Egg Month National Herb Month Better Hearing & Speech Mo. Nat'l. Hamburger Month Nat'l Bar-B-Que Month Flower Month Duckling Month Nat'l Strawberry Month Nat'l Salad Month Nat'l Salsa Month Sweet Vidalia Onion Month Jewish-Am. Heritage Month</p>			<p>1</p> <p>9:30 Water Aerobics - WC 10:00 Holy Communion 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 10:00 Tulsa Zoo Outing</p> <p> 10:30 Veteran's Coffee Bunker - HC 1:00 On Location – GR 1:10 On Location – LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:l 3:30 Cocktail Hour - B 6:00 Bingo – B</p>	<p>2</p> <p>9:00 Yoga - LR 10:00 Catholic Mass in St. Anna's Chapel 11:00 Walking Club - WC 1:00 Movie Matinee - GR 1:00 Water Walking & Open Pool - WC 1:10 Stitch-in-time - OL 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:30 Board Games – ALP</p>	<p>3</p> <p>9:30 Water Aerobics - WC 10:30 Wirick Music Series: Jerry Dwayne - HC 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone I:l 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open</p> <p><i>Happy Birthday</i> Pat Perrin</p>	<p>4</p> <p>10:00 Game Time in the Bistro 10:15 Karing K-9's - ALP</p> <p></p> <p>1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p> <p>145th Kentucky Derby</p>
<p>5</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p>	<p>6</p> <p>9:30 Water Aerobics - WC 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 10:30 Art Expression w/ Jenny Nemece – S 11:00 Outing to Tulsa Drillers 1:00 Movie Matinee - GR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:l 3:30 Mexican Fiesta w/ Mariachi Jorge Rodriguez In the Common Room 6:00 Scrabble – GR</p>	<p>7</p> <p>9:00 Yoga - LR 10:00 Sing-a-long with Susan - B 11:00 Walking Club - WC 1:00 Water Walking & Open Pool - WC 1:15 Documentaries – GR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bible Study – S 3:45 Crossword Puzzle – LR <i>Happy Birthday</i> Pia Petculescu & Dave Schaaf</p>	<p>8</p> <p>9:30 Water Aerobics - WC 10:00 Holy Communion 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 10:30 Veteran's Coffee Bunker - HC 11:15 Brown Bag It Concerts at the PAC 1:00 On Location – GR 1:10 On Location – LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:l 3:30 Cocktail Hour - B 6:00 Bingo – B</p>	<p>9</p> <p>9:00 Yoga - LR 10:00 Lightfoot Family Band In Valleyview DR (bluegrass) 11:00 Walking Club - WC 1:00 Movie Matinee - GR 1:00 Water Walking & Open Pool - WC 1:10 Stitch-in-time - OL 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:30 Craft Club: Paper Flower Décor - ALP</p>	<p>10</p> <p>9:30 Water Aerobics - WC 10:30 Wirick Music Series: Luigi Balletto - HC 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone I:l 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open</p>	<p>11</p> <p>10:00 Game Time in the Bistro 10:30 Bingo - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p>
<p>12</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p> <p></p> <p>Happy Mother's Day</p>	<p>13</p> <p>9:30 Water Aerobics - WC 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 10:30 Art Expression w/ Jenny Nemece – S 1:00 Movie Matinee - GR 1:15 Culinary Club: Turtle Treats – CC  2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:l 3:00 Men's Club - B 3:30 Celebration of Mothers - ALP 6:00 Scattergories - GR</p>	<p>14</p> <p>9:00 Yoga - LR 10:30 The 6th Annual Running of the Turtles</p> <p></p> <p>11:00 Walking Club - WC 1:00 Water Walking & Open Pool - WC 1:15 Documentaries – GR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bible Study – S 3:45 Crossword Puzzle – LR</p>	<p>15</p> <p>9:30 Water Aerobics - WC 10:00 Holy Communion 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 10:30 Veteran's Coffee Bunker - HC 1:00 On Location – GR 1:10 On Location – LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:l 3:30 Cocktail Hour w/Jim Tate - B 6:00 Bingo – B</p>	<p>16</p> <p>9:00 Yoga - LR 9:30 Rosary in Blue Moon DR 10:45 Chair Tai Chi - LR 11:00 Walking Club - WC 1:00 Movie Matinee - GR 1:00 Water Walking & Open Pool - WC 1:30 Stitch-in-time - OL 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Food Committee Meeting - CC 3:30 Board Games – ALP</p>	<p>17</p> <p>9:30 Water Aerobics - WC 10:30 Wirick Music Series: Pianist Bill Rowland –HC 10:30 Get Movin' - WC 10:30 Sit & Be Fit- GR 11:20 Jazzwich Outing 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone I:l 2:00 Movie Matinee – GR 2:00-4:00 Gift Garden Open</p>	<p>18</p> <p>10:00 Game Time in the Bistro 10:30 Bingo - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p> <p>145th Preakness Stakes</p>

May 2019

Assisted Living Plus Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="right">19</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p>	<p align="right">20</p> <p>9:30 <i>Water Aerobics - WC</i> 10:30 Art Expression w/ Jenny Nemec – S 10:30 <i>Get Movin' - WC</i> 10:30 <i>Sit & Be Fit- GR</i> 1:30 Gilcrease Speaker Dick Clark - LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone 1:1 2:30 Movie Matinee - GR 3:30 Bingo - ALP 6:00 Crossword Puzzle – GR</p>	<p align="right">21</p> <p>9:00 <i>Yoga - LR</i> 10:00 Sing-a-long with Susan - B 11:00 <i>Walking Club - WC</i> 1:00 Water Walking & Open Pool - WC 1:15 Documentaries – GR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bible Study – S 3:45 Crossword Puzzle – LR</p>	<p align="right">22</p> <p>9:30 <i>Water Aerobics - WC</i> 10:00 Holy Communion 10:30 <i>Get Movin' - WC</i> 10:30 <i>Sit & Be Fit- GR</i> 10:30 Veteran's Coffee Bunker - HC 1:00 On Location – GR 1:10 On Location – LR 1:20 Culinary Club: Birthday Cupcakes- ALP 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone 1:1 3:30 May Birthday Party & Cocktail Hour – B 6:00 Bingo – B</p>	<p align="right">23</p> <p>9:00 <i>Yoga - LR</i> 10:15 Tulsa Heartstrings - HC 11:00 <i>Walking Club - WC</i> 1:00 Movie Matinee - GR 1:00 Water Walking & Open Pool - WC 1:30 Stitch-in-time - OL 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:30 Board Games – ALP</p>	<p align="right">24</p> <p>9:30 <i>Water Aerobics - WC</i> 10:30 Wirick Music Series: Gathan Graham - HC 10:30 <i>Get Movin' - WC</i> 10:30 <i>Sit & Be Fit- GR</i> 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone 1:1 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open 3:00 SPCA Pet Therapy Visits – ALP & GR</p>	<p align="right">25</p> <p>10:00 Game Time in the Bistro 10:30 Bingo - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p>
<p align="right">26</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p>	<p align="right">27</p> <p>9:30 <i>Water Aerobics - WC</i> 10:30 <i>Get Movin' - WC</i> 10:30 <i>Sit & Be Fit- GR</i> 1:00 Movie Matinee - GR 2:30 Art Expression w/ Jenny Nemec – S 3:30 Bingo - ALP</p> <div align="center">  <p><i>Memorial DAY</i></p> <p>Administrative offices closed in observance of the holiday</p> </div>	<p align="right">28</p> <p>9:00 <i>Yoga - LR</i> 10:00 Resident Council – S 11:00 <i>Walking Club - WC</i> 10:30 Lunch Outing To Charleston's To Charleston's 1:00 Water Walking & Open Pool - WC 1:15 Resident Council – ALP 1:15 Documentaries – GR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bible Study 3:45 Crossword Puzzle – LR</p>	<p align="right">29</p> <p>9:30 <i>Water Aerobics - WC</i> 10:00 Holy Communion 10:30 <i>Get Movin' - WC</i> 10:30 <i>Sit & Be Fit- GR</i> 10:30 Veteran's Coffee Bunker - HC 1:00 On Location – GR 1:10 On Location – LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone 1:1 3:30 Cocktail Hour - B 6:00 Bingo – B</p>	<p align="right">30</p> <p>9:00 <i>Yoga - WC</i> 10:00 Resident Council – LR 10:30 David Horne Jazz Duo -CR 11:00 <i>Walking Club - WC</i> 1:00 Movie Matinee - GR 1:00 Water Walking & Open Pool - WC 1:30 Culinary Club: Strawberry Scones - ALP 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:30 Tea Time in the Bistro-B 6:30 Saint Simeons Annual Ice Cream Social w/Something Steel</p>	<p align="right">31</p> <p>9:30 <i>Water Aerobics - WC</i> 10:30 Wirick Music Series: Johnny Bean - HC 10:30 <i>Sit & Be Fit- GR</i> 10:30 <i>Get Movin' - WC</i> 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone 1:1 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open</p>	
<p align="center">National Older American's Month</p> 		<p><i>The Crossroads Ice Cream Parlor</i></p> <hr/> <p>Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m. – 4:00 p.m.</p> 	<p>The Bishop Moody Wellness Center</p>  <p>Open Monday – Friday 9:00 a.m. – 4:30 p.m.</p>	<p><u>Activity Location Key</u> CR = Common Room ALP = Crossroads Parlor (Assisted Living Plus) LR – Downstairs Living Room GR – Upstairs Game Room B – The Bistro CC – Carla's Corner V – Valley View Dining Room S – Skyline DR (upstairs) WC – Wellness Center OL – Osage Lookout (Casey Hall) HC – Healthcare Center MC – Memory Center</p>	<p>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p><i>The Gift Garden Shop</i></p>  <p>Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</p>