
















March 2019

Health Care Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!  March is: National Irish American Heritage Month National Craft Month National Nutrition Month National Peanut Month National Women's History Month Poetry Month American Red Cross Month Social Workers Month National Noodle Month National Umbrella Month</p>	<p> </p>	<p></p>	<p> IT'S SPRING!</p>	<p></p>	<p>1 AM- Small Groups/1:1 8:30 Open Gym - WC 10:30 Wirick Music Series: Jerry Dwayne PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo – ALP 2:00–4:00 Gift Garden Open 3:00 Open Gym - WC 3:00 SPCA Pet Therapy Visits 6:00 Evening Fun Movie</p>	<p>2 AM- Small Groups/1:1 9:30 On Location 10:00 Karing K-9's  1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>
<p>3 AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p>4 AM- Small Groups/1:1 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2:30 Trivia/Word Games 6:00 Evening Fun Movie</p>	<p>5 AM- Small Groups/1:1 9:00 Yoga - WC 10:00 Mardi Gras parade begins in the Memory Center 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 1:30 Bingo 3:00 Mardi Gras Party – CR w/Steve Hamm's Dixieland Band 6:00 Evening Fun Movie</p>	<p>6 AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Gospel Hymns DVD 10:00 Holy Communion- C 10:30 Veteran's Coffee Bunker PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Movie Matinee 2:00–4:00 Gift Garden Open 2:30 Trivia / Word games 6:00 Evening Fun Movie</p>	<p>7 9:00 Yoga - WC 9:30 Current Events 9:30 Rosary in the Library 10:00 Catholic Mass in St. Anna's Chapel 10:45 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie Happy Birthday Karen Miller</p>	<p>8 AM- Small Groups/1:1 8:30 Open Gym - WC 10:00 Friends of Flora & Fauna Meeting – B Oklahoma Monarch and Pollinators Collaborative 10:30 Wirick Music Series: Luigi Balletto PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo – ALP 2:00–4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p>	<p>9 AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>
<p>10 AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie  Daylight Savings Time Begins Happy Birthday Harold Buckner</p>	<p>11 AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:15 Culinary Club: Homemade Meatballs - CC 2:00 – 4:00 Gift Garden Open 2:30 Trivia/Word Games 3:00 Men's Club - B 3:30 Bingo – ALP 6:00 Evening Fun Movie Nat'l. Meatball Day</p>	<p>12 AM- Small Groups/1:1 9:00 Yoga - WC 10:00 Morning Prayer 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 1:10 Tulsa Air & Space Museum outing 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 3:00 Bible Study- GR 6:00 Evening Fun Movie</p>	<p>13 AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Gospel Hymns DVD 10:00 Holy Communion- C 10:30 Veteran's Coffee Bunker PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Movie Matinee 2:00–4:00 Gift Garden Open 2:30 Trivia / Word games 6:00 Evening Fun Movie 6:30 St. Patty's w/Celtic Cheer- V Happy Birthday Dorothy Engeldinger</p>	<p>14 9:00 Yoga - WC 9:30 Current Events 10:45 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Men of Note - CR 6:00 Evening Fun Movie</p>	<p>15 AM- Small Groups/1:1 8:30 Open Gym - WC 10:30 Wirick Music Series: Pianist Bill Rowland PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo – ALP 2:00–4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p>	<p>16 AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>  <p>Happy St. Patrick's Day</p>	<p>18</p> <p>AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Gilcrease Speaker Dick Clark - LR 2:00 – 4:00 Gift Garden Open 2:45 Trivia/Word Games 3:30 Tea Time in the Bistro 6:00 Evening Fun Movie</p>	<p>19</p> <p>AM- Small Groups/1:1 9:00 Yoga - WC 10:00 Morning Prayer 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 3:00 Bible Study- GR 6:00 Evening Fun Movie</p>	<p>20</p> <p>AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Gospel Hymns DVD 10:00 Holy Communion- C 10:30 Veteran's Coffee Bunker PM-Small Groups/1:1 1:00 Sittercise w/Wellness Staff 1:20 Culinary Club - ALP 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games 3:30 March Birthday Party & Cocktail Hour – B 6:00 Evening Fun Movie First Day of Spring</p>	<p>21</p> <p>9:00 Yoga - WC 9:30 Current Events 10:15 Tulsa Heartstrings - CR 10:30 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 1:30 Saint Simeon's Art Show – B & LR</p>  <p>2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie</p>	<p>22</p> <p>AM- Small Groups/1:1 8:30 Open Gym - WC 10:30 Wirick Music Series: Gathan Graham PM-Small Groups/1:1 11:00 Jazzwich outing 1:00 Movie Matinee 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p>	<p>23</p> <p>AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>
<p>24</p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p>25</p> <p>AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 2:45 Trivia/Word Games 3:00 Open Gym - WC 3:30 Bingo - ALP 6:00 Evening Fun Movie</p>	<p>26</p> <p>AM- Small Groups/1:1 9:00 Yoga - WC 10:00 Morning Prayer 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 3:00 Bible Study- GR 6:00 Evening Fun Movie <i>Happy Birthday Anne Evans</i></p>	<p>27</p> <p>AM- Small Groups/1:1 8:30 Open Gym - WC 9:30 Gospel Hymns DVD 10:00 Holy Communion- C 10:30 Veteran's Coffee Bunker PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games 3:00 Resident Council Mtg. 6:00 Evening Fun Movie</p>	<p>28</p> <p>9:00 Yoga - WC 9:30 Current Events 10:30 David Horne Jazz Duo - CR 10:30 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie <i>Happy Birthday Jimmie Thomas Pat Hewitt</i></p>	<p>29</p> <p>AM- Small Groups/1:1 8:30 Open Gym - WC 10:30 Wirick Music Series: Linda Traw PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p>	<p>30</p> <p>AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> <p><i>Happy Birthday Evert Gibson</i></p>
<p>31</p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>		<p>The Bishop Moody Wellness Center</p>  <p>Open Monday – Friday 9:00 a.m. – 4:30 p.m.</p>	<p>The Crossroads Ice Cream Parlor</p>  <p>Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m.- 4:00 p.m.</p>	<p>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p>Activity Location Key AL = Assisted Living Lobby ALP = Crossroads Parlor B = Bistro (in Assisted Living) C = Chapel CC – Carla's Corner (AL) CR = Common Room GR – Upstairs Game Room (AL) HC = Health Care Center L = Library in Assisted Living M = Memory Center SCC = Smith Conference Ctr. S = Skyline Dining Room AL 2nd FL. V = Valleyview Dining Room AL</p>	<p>The Gift Garden Shop</p>  <p>Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</p>