















# January 2019

# Health Care Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!  </p> <p><b>January is:</b></p> <p>Hot Tea Month            National Hobby Month            National Oatmeal Month            National Soup Month            Nat'l Letter Writing Month            National Egg Month            National Candy Month            Eye Care Month            Nat'l. Thank You Month            Int'l. Creativity Month            Apple and Apricots Month            Tubers &amp; Dried Fruit Month</p>		<p><b>1</b></p> <p>AM- Small Groups/1:1  <b>9:00 Yoga - WC</b>  <b>10:00 Morning Prayer</b>            PM-Small Groups/1:1            1:00 Movie Matinee            1:30 Laughter Club            2:00-4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            3:00 Bingo            3:00 Bible Study- GR            6:00 Evening Fun Movie</p>	<p><b>2</b></p> <p>AM- Small Groups/1:1  <b>8:30 Open Gym - WC</b>            9:30 Gospel Hymns DVD  <b>10:00 Holy Communion- C</b>            PM-Small Groups/1:1  <b>1:00 Sittercise w/Wellness Center Staff</b>  <b>1:20 Culinary Club: National Soup Month - ALP</b>            1:30 Movie Matinee            2:00-4:00 Gift Garden Open            2:30 Trivia / Word games            6:00 Evening Fun Movie</p>	<p><b>3</b></p> <p><b>9:00 Yoga - WC</b>            9:30 Current Events  <b>10:00 Catholic Mass in St. Anna's Chapel</b>            10:45 On Location            PM – Small Groups/1:1s            1:00 Movie Matinee            2:00 – 4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            3:00 Bingo  <b>4:00 Hot Tea &amp; Trivia- ALP</b>            6:00 Evening Fun Movie  <i>Happy Birthday Doris Whitecotton</i></p>	<p><b>4</b></p> <p>AM- Small Groups/1:1  <b>8:30 Open Gym - WC</b>  <b>10:30 Wirick Music Series: Jerry Dwayne</b>            PM-Small Groups/1:1            1:00 Movie Matinee            1:30 Bingo – ALP            2:00-4:00 Gift Garden Open  <b>3:00 Open Gym - WC</b>            3:30 Active Games            6:00 Evening Fun Movie</p>	<p><b>5</b></p> <p>AM- Small Groups/1:1            9:30 On Location  <b>10:00 Karing K-9's</b></p>  <p>1:00 Movie Matinee            2:00 – 4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            6:00 Evening Fun Movie</p>
<p><b>6</b></p> <p>AM-Small Groups/1:1            9:30 Gospel Hymns DVD  <b>10:00 Holy Communion-C</b>            PM-Small Groups/1:1            1:00 Movie Matinee            2:00-4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            6:00 Evening Fun Movie</p>  <p><b>Epiphany</b></p>	<p><b>7</b></p> <p>9:30 Current Events  <b>10:30 Small Groups/1:1- Water Colors</b>            PM-Small Groups/1:1            1:00 Movie Matinee            2:00-4:00 Ice Cream Parlor            2:30 Trivia/Word Games            6:00 Evening Fun Movie</p>	<p><b>8</b></p> <p>AM- Small Groups/1:1  <b>9:00 Yoga - WC</b>  <b>10:00 Morning Prayer</b>            PM-Small Groups/1:1            1:00 Movie Matinee  <b>1:30 The Great Am. Songbook with Pat Hobbs - CR</b>            2:00-4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            2:00 Bingo  <b>3:00 Singing with Gary</b>            6:00 Evening Fun Movie</p>	<p><b>9</b></p> <p>AM- Small Groups/1:1  <b>8:30 Open Gym - WC</b>            9:30 Gospel Hymns DVD  <b>10:00 Holy Communion- C</b>  <b>10:30 Veteran's Coffee Bunker</b>            PM-Small Groups/1:1  <b>1:00 Sittercise w/Wellness Center Staff</b>            1:30 Movie Matinee            2:00-4:00 Gift Garden Open            2:30 Trivia / Word games            6:00 Evening Fun Movie</p>	<p><b>10</b></p> <p><b>9:00 Yoga - WC</b>            9:30 Current Events  <b>10:00 Friends of Flora &amp; Fauna Meeting – B</b>            10:30 On Location            PM – Small Groups/1:1s            1:00 Movie Matinee            2:00 – 4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            3:00 Bingo            6:00 Evening Fun Movie</p>	<p><b>11</b></p> <p>AM- Small Groups/1:1  <b>8:30 Open Gym - WC</b>  <b>10:00 Friends of Flora &amp; Fauna Meeting – B</b>  <b>10:30 Wirick Music Series: Luigi Balletto</b>            PM-Small Groups/1:1            1:00 Movie Matinee            1:30 Bingo – ALP            2:00-4:00 Gift Garden Open  <b>3:00 Open Gym - WC</b>            3:30 Active Games            6:00 Evening Fun Movie  <i>Happy Birthday Cindy Millar</i></p>	<p><b>12</b></p> <p>AM- Small Groups/1:1            9:30 Current Events            10:00 On Location  <b>10:30 Wayman Tisdale Fine Arts Academy Dance Troupe - CR</b>            PM-Small Groups/1:1            1:00 Movie Matinee  <b>1:00 SPCA Pet Therapy Visits</b>            2:00 – 4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            6:00 Evening Fun Movie</p>
<p><b>13</b></p> <p>AM-Small Groups/1:1            9:30 Gospel Hymns DVD  <b>10:00 Holy Communion-C</b>            PM-Small Groups/1:1            1:00 Movie Matinee            2:00-4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            6:00 Evening Fun Movie</p>	<p><b>14</b></p> <p><b>8:30 Open Gym - WC</b>            9:30 Current Events  <b>10:30 Small Groups/1:1- Puzzles</b>            PM-Small Groups/1:1            1:00 Movie Matinee            2:00 – 4:00 Gift Garden Open            2:30 Trivia/Word Games  <b>3:00 Men's Club - B</b>            3:30 Bingo – ALP            6:00 Evening Fun Movie</p>	<p><b>15</b></p> <p>AM- Small Groups/1:1  <b>9:00 Yoga - WC</b>  <b>10:00 Morning Prayer</b>            PM-Small Groups/1:1            1:00 Movie Matinee            2:00-4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            3:00 Bingo            3:00 Bible Study- GR            6:00 Evening Fun Movie</p>	<p><b>16</b></p> <p>AM- Small Groups/1:1  <b>8:30 Open Gym - WC</b>            9:30 Gospel Hymns DVD  <b>10:00 Holy Communion- C</b>  <b>10:30 Veteran's Coffee Bunker</b>            PM-Small Groups/1:1  <b>1:00 Sittercise w/Wellness Center Staff</b>            1:30 Movie Matinee            2:00-4:00 Gift Garden Open            2:30 Trivia / Word games            6:00 Evening Fun Movie</p>	<p><b>17</b></p> <p><b>9:00 Yoga - WC</b>  <b>9:30 Rosary in the Library</b>            9:30 Current Events  <b>10:15 Tulsa Heartstrings - CR</b>            10:45 On Location            PM – Small Groups/1:1s            1:00 Movie Matinee            2:00 – 4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            3:00 Bingo            6:00 Evening Fun Movie</p>	<p><b>18</b></p> <p>AM- Small Groups/1:1  <b>8:30 Open Gym - WC</b>  <b>10:30 Wirick Music Series: Pianist Bill Rowland –HC</b>            PM-Small Groups/1:1            1:00 Movie Matinee            1:30 Bingo – ALP            2:00-4:00 Gift Garden Open  <b>3:00 Open Gym - WC</b>            3:30 Active Games            6:00 Evening Fun Movie</p>	<p><b>19</b></p> <p>AM- Small Groups/1:1            9:30 Current Events            10:00 On Location            10:30 Bingo - ALP            PM-Small Groups/1:1            1:00 Movie Matinee            2:00 – 4:00 Ice Cream Parlor            2-4 Visits with Simone in ALP            6:00 Evening Fun Movie</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="right">20</p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD <b>10:00 Holy Communion-C</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p align="right">21</p> <p>8:30 <i>Open Gym - WC</i> 9:30 Current Events <b>10:30 Small Groups/1:1- Memory Games</b> PM-Small Groups/1:1 1:00 Movie Matinee <b>1:30 Gilcrease Speaker Dick Clark - LR</b> 2:00 – 4:00 Gift Garden Open 2:30 Trivia/Word Games 3:30 Bingo - ALP 6:00 Evening Fun Movie</p> <p align="center"> Martin L. King, Jr. Day</p>	<p align="right">22</p> <p>AM- Small Groups/1:1 <b>9:00 Yoga - WC</b> <b>10:00 Morning Prayer</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 3:00 Bible Study- GR 6:00 Evening Fun Movie</p>	<p align="right">23</p> <p>AM- Small Groups/1:1 8:30 <i>Open Gym - WC</i> 9:30 Gospel Hymns DVD <b>10:00 Holy Communion- C</b> <b>10:30 Veteran's Coffee Bunker</b> PM-Small Groups/1:1 <b>1:00 Sittercise w/Wellness Center Staff</b> <b>1:20 Culinary Club: Birthday Cupcakes- ALP</b> 2:00 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games <b>3:30 January Birthday Party &amp; Cocktail Hour – B</b> 6:00 Evening Fun Movie</p>	<p align="right">24</p> <p><b>9:00 Yoga - WC</b> 9:30 Current Events <b>10:30 David Horne Jazz Duo - CR</b> 10:30 On Location PM – Small Groups/1:1s 1:00 Movie Matinee <b>1:10 Tulsa Air &amp; Space Museum Outing</b> 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p align="right">25</p> <p>AM- Small Groups/1:1 <b>8:30 Open Gym - WC</b> <b>10:30 Wirick Music Series: Gathan Graham</b> PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open <b>3:00 Open Gym - WC</b> 3:30 Active Games 6:00 Evening Fun Movie</p>	<p align="right">26</p> <p>AM- Small Groups/1:1 9:30 Current Events 10:00 On Location 10:30 Bingo - ALP PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>
<p align="right">27</p> <p>AM-Small Groups/1:1 9:30 Gospel Hymns DVD <b>10:00 Holy Communion-C</b> PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p>	<p align="right">28</p> <p>AM- Small Groups/1:1 8:30 <i>Open Gym - WC</i> 9:30 Current Events <b>10:30 Small Groups/1:1- Canvas Painting</b> PM-Small Groups/1:1 1:00 Movie Matinee <b>1:40 Culinary Club: Apricot Orange Scones - ALP</b> 2:30 Trivia/Word Games <b>3:00 Open Gym - WC</b> <b>3:30 Tea Time in the Bistro</b>  6:00 Evening Fun Movie</p>	<p align="right">29</p> <p>AM- Small Groups/1:1 <b>9:00 Yoga - WC</b> <b>10:00 Morning Prayer</b> PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Laughter Club 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 3:00 Bible Study- GR 6:00 Evening Fun Movie</p>	<p align="right">30</p> <p>AM- Small Groups/1:1 8:30 <i>Open Gym - WC</i> 9:30 Gospel Hymns DVD <b>10:00 Holy Communion- C</b> <b>10:30 Veteran's Coffee Bunker</b> PM-Small Groups/1:1 <b>1:00 Sittercise w/Wellness Center Staff</b> 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games <b>3:00 Resident Council Mtg. 3:30 Cocktail Hour w/Singer &amp; Guitarist James Tate -B</b> 6:00 Evening Fun Movie</p>	<p align="right">31</p> <p><b>9:00 Yoga - WC</b> 9:30 Current Events 10:30 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie</p>		
		<p align="center"><b>The Bishop Moody Wellness Center</b></p>  <p align="center"><b>Open Monday – Friday 9:00 a.m. – 4:30 p.m.</b></p>	<p align="center"><b>The Crossroads Ice Cream Parlor</b></p>  <p align="center"><b>Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m.- 4:00 p.m.</b></p>	<p>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> 	<p><b>Activity Location Key</b> AL = Assisted Living Lobby ALP = Crossroads Parlor B = Bistro (in Assisted Living) C = Chapel CC – Carla's Corner (AL) CR = Common Room GR – Upstairs Game Room (AL) HC = Health Care Center L = Library in Assisted Living M = Memory Center SCC = Smith Conference Ctr. S = Skyline Dining Room AL 2<sup>nd</sup> Fl. V = Valleyview Dining Room AL</p>	<p align="center"><b>The Gift Garden Shop</b></p>  <p align="center"><b>Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</b></p>