
















December 2018

Dotson Family Assisted Living Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!  December is: Hi Neighbor Month Bingo's Birthday Month Read A New Book Month Write a Friend Month Safe Toys & Gifts Month Universal Human Rights Month Spiritual Literacy Month Quince & Watermelon Month Tomato & Winter Squash Month Root Vegetables Month Exotic Fruit Month National Egg Nog Month National Fruit Cake Month</p>						<p align="right">1</p> <p>10:00 Game Time in the Bistro 10:15 Karing K-9's - ALP  1:00 Crossroads Tree Decorating Party 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p>
<p align="right">2</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP 1st Sunday in Advent</p>	<p align="right">3</p> <p>9:30 Water Aerobics - WC 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 10:30 Art Expression w/ Jenny Nemeč – S 1:00 Movie Matinee - GR 1:30 Cascia Hall Bell Choir & Select Choir - CR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone 1:l 3:30 Culinary Club: Egg Nog Fudge - CC 6:00 Men of Note - CR</p>	<p align="right">4</p> <p>9:00 Yoga - WC 10:00 Sing-a-long with Susan - B 11:00 Walking Club - WC 1:30 Documentaries – GR 1:40 Deck the Halls - ALP 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:00 Bible Study 3:45 Crossword Puzzle – LR 6:00 Christmas Light Tour</p>	<p align="right">5</p> <p>9:30 Water Aerobics - WC 9:30 Regent Prep. School Band And Choirs - CR 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 10:40 Brown Bag It Lunch Concert at the PAC 1:00 On Location – GR 1:10 On Location – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone 1:l 3:30 Cocktail Hour – B 6:00 Bingo – B</p>	<p align="right">6</p> <p>9:00 Yoga - WC 10:00 Catholic Mass in St. Anna's Chapel 10:45 Chair Tai Chi - LR 11:00 Walking Club - WC 1:00 Movie Matinee - GR 1:10 Stitch-in-time - OL 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:30 Board Games - ALP</p>	<p align="right">7</p> <p>9:30 Water Aerobics - WC 10:30 Friday Music Series: Jerry Dwayne - HC 10:30 Get Movin' - WC 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone 1:l 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open Pearl Harbor Remembrance Day</p>	<p align="right">8</p> <p>10:00 Game Time in the Bistro 10:30 Crossword Puzzle or Board Games - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p>
<p align="right">9</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP 2nd Sunday in Advent</p>	<p align="right">10</p> <p>9:30 Water Aerobics - WC 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 10:30 Art Expression w/ Jenny Nemeč – S 1:00 Movie Matinee - GR 1:00 Craft Club: Gingerbread House Decorations - CC 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone 1:l 3:00 Men's Club - B 3:30 Bingo - ALP 6:00 Scattergories - GR Happy Birthday Dave McCabe</p>	<p align="right">11</p> <p>9:00 Yoga - WC 9:30 – 3:30 in Hille Lobby Wing It Craft Show 10:00 Sing-a-long - GR 11:00 Walking Club - WC 1:30 Documentaries – GR 1:40 Painting - ALP 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:00 Bible Study – S 3:45 Crossword Puzzle – LR 6:00 Christmas Light Tour</p>	<p align="right">12</p> <p>9:30 Water Aerobics - WC 10:00 Holy Communion 10:00 Stitch-in-Time outing 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 1:00 On Location – GR 1:10 On Location – LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone 1:l 3:30 Cocktail Hour 6:00 Bingo – B Happy Birthday Joe Brown & Maryann Kamstra</p>	<p align="right">13</p> <p>9:00 Yoga - WC 10:15 Tulsa Heartstrings - CR 11:00 Walking Club - WC 1:00 Movie Matinee - GR 1:15 Culinary Club: Gingerbread Scones - CC 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:30 Board Games - ALP</p>	<p align="right">14</p> <p>9:30 Water Aerobics - WC 10:30 Friday Music Series: Luigi Balletto - HC 10:30 Get Movin' - WC 1:00 Games & Competition - GR 2:30 Resident and Family Tea Time with Santa- CR  2-4 Visits with Simone 1:l 2:00-4:00 Gift Garden Open</p>	<p align="right">15</p> <p>10:00 Game Time in the Bistro 10:30 Crossword Puzzle or Board Games - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">16</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p> <p align="center">3rd Sunday in Advent</p>	<p align="center">17</p> <p>9:30 <i>Water Aerobics</i> - WC 10:00 McClain High School Pianists 10:30 Art Expression w/ Jenny Nemec – S 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 1:00 Laughter Club - HC 1:30 Gilcrease Speaker Dick Clark - LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:I 2:30 Movie Matinee - GR 3:30 Bingo - ALP 6:00 Beginnings & Endings - GR</p>	<p align="center">18</p> <p>9:00 <i>Yoga</i> - WC 10:30 Vintage Voices - CR 11:00 Walking Club - WC 1:30 Documentaries – GR 2:00 Teaching Kitchen w/ Chef Noah - B 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:00 Bible Study – S 3:45 Crossword Puzzle – LR</p>	<p align="center">19</p> <p>9:30 <i>Water Aerobics</i> - WC 10:00 Holy Communion 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 10:30 Outing to Philbrook 1:00 On Location – GR 1:10 On Location – LR 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:I 3:30 Cocktail Hour - B 6:30 Celtic Cheer - V <i>Happy Birthday</i> Dane Matthews</p>	<p align="center">20</p> <p>9:00 <i>Yoga</i> - WC 9:30 Rosary in the Library 10:45 Chair Tai Chi - LR 11:00 Walking Club - WC 1:00 Movie Matinee - GR 2:00 Riverfield Country Dayschool - B 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:30 Girl Scout Visitors - GR 6:00 Amanda Hardy Cello School Recital - CR</p>	<p align="center">21</p> <p>9:30 <i>Water Aerobics</i> - WC 10:30 Friday Music Series: Pianist Bill Rowland –HC 10:30 Get Movin' - WC 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone I:I 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open</p>	<p align="center">22</p> <p>10:00 Game Time in the Bistro 10:30 Crossword Puzzle or Board Games - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p> <p align="center"><i>Happy Birthday</i> Betty Shields</p>
<p align="center">23</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p> <p align="center">4th Sunday in Advent</p>	<p align="center">24</p> <p>9:30 Vintage TV – GR 1:00 Movie Matinee - GR 1:30 Greening of the Chapel  2:00 – 4:00 Gift Garden Open 2:30 Art Expression w/ Jenny Nemec – S 3:30 Christmas Eve Social in the Bistro 6:00 Scrabble – GR</p>	<p align="center">25</p> <p>9:00 Christmas Music Video – GR 10:00 Holy Communion 1:00 Christmas Movie Matinee - GR 2:00-4:00 Ice Cream Parlor</p> <p align="center"> Merry Christmas</p>	<p align="center">26</p> <p>9:30 <i>Water Aerobics</i> - WC No Holy Communion 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 1:00 On Location – GR 1:10 On Location – LR 1:20 Culinary Club: Birthday Cupcakes- ALP 2:00 – 4:00 Gift Garden Open 2-4 Visits with Simone I:I 3:30 December Birthday Party & Cocktail Hour – B 6:00 Bingo – B</p>	<p align="center">27</p> <p>9:00 <i>Yoga</i> - WC 10:00 Resident Council – LR 11:00 Walking Club - WC 1:00 Movie Matinee - GR 1:30 Stitch-in-time - OL 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Water Walking - WC 2:00 Sit & Be Fit - WC 3:30 Board Games - ALP</p>	<p align="center">28</p> <p>9:30 <i>Water Aerobics</i> - WC 10:00 Resident Council – S 10:30 Friday Music Series: Gathan Graham - HC 10:30 Get Movin' - WC 1:00 Games & Competition - GR 1:30 Bingo – ALP 2-4 Visits with Simone I:I 2:00 Movie Matinee - GR 2:00-4:00 Gift Garden Open 2:30 Resident Council – ALP</p>	<p align="center">29</p> <p>10:00 Game Time in the Bistro 10:30 Crossword Puzzle or Board Games - ALP 1:00 Afternoon Movie or Sports – LR 1:15 Movie Matinee – GR 2:00 Afternoon Movie – ALP 2-4 Visits with Simone in ALP 2:00-4:00 Ice Cream Parlor</p>
<p align="center">30</p> <p>10:00 Holy Communion 1:00 Afternoon Movie – GR 1:15 Movie Matinee – LR 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Afternoon Sports Or Movie – ALP</p>	<p align="center">31</p> <p>9:30 <i>Water Aerobics</i> - WC 10:30 Get Movin' - WC 10:30 Sit & Stretch - GR 1:00 Movie Matinee - GR 2-4 Visits with Simone I:I 2:30 Art Expression w/ Jenny Nemec – S 3:00 New Year's Eve Party w/ David Horne Jazz Duo - CR</p> <p align="center"> Happy New Year!</p>	<p align="center">The Crossroads Ice Cream Parlor</p> <p align="center">◆</p> <p align="center">Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m. – 4:00 p.m.</p> <p align="center"></p>	<p align="center">The Bishop Moody Wellness Center</p> <p align="center"></p> <p align="center">Open Monday – Friday 9:00 a.m. – 4:30 p.m.</p>	<p align="center">Activity Location Key</p> <p>CR = Common Room ALP = Crossroads Parlor (Assisted Living Plus- formerly D hall) LR = Downstairs Living Room GR = Upstairs Game Room B = The Bistro CC = Carla's Corner V = Valley View Dining Room S = Skyline DR (upstairs) WC = Wellness Center OL = Osage Lookout (Casey Hall) SC = Smith Conference Center H = Hille Foyer (Dotson AL Lobby) HC = Healthcare Center MC = Memory Center</p>	<p align="center">Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> <p align="center"></p>	<p align="center">The Gift Garden Shop</p> <p align="center"></p> <p align="center">Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</p>