
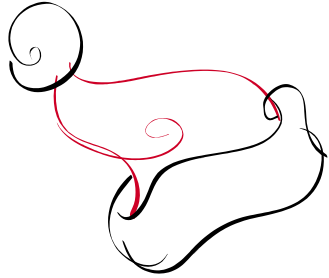
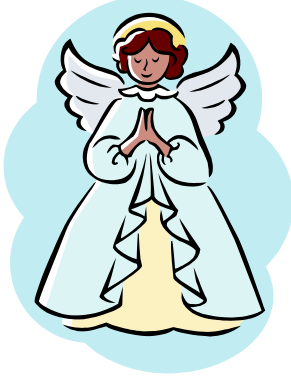













December 2018

Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change – please check on website!</p> <p>★❄️🎉🎄🎅🎁🎊🎈🎆🎇🎉</p> <p>December is: Hi Neighbor Month Bingo's Birthday Month Read A New Book Month Write a Friend Month Safe Toys & Gifts Month Universal Human Rights Month Spiritual Literacy Month Quince & Watermelon Month Tomato & Winter Squash Month Root Vegetables Month Exotic Fruit Month National Egg Nog Month National Fruit Cake Month</p>						<p style="text-align: right;">1</p> <p>9:15 Coffee, Tulsa World 10:30 Karing K-9's Exercise / Word Games</p> <p>2:00-4:00 Ice Cream Parlor Open Serve Snacks/ Small groups</p> <p style="text-align: center;">OU vs Texas Big 12 Championship 11:00 a.m. ABC</p>
<p style="text-align: right;">2</p> <p>9:15 Coffee Corner/news 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Friend & family movie</p>	<p style="text-align: right;">3</p> <p>9:15 Good Morning! Beverages, newspaper, exercise, crafts</p> <p>1:30 Art with Jenny 1:30 Cascia Hall Bell Choir & Select Choir – CR Sing a long, word games, Simone visits Serve Snacks</p> <p>Wii Games Evening movie 6:00 Men of Note - CR</p>	<p style="text-align: right;">4</p> <p>9:15 Good Morning! Beverages, Newspaper, exercise, crafts, music 10:00 Vintage Voices - CR</p> <p><i>1:00 Wellness Center</i> Competitive games-cookie toss Serve snacks – Cookie baking day Shakes/cookies Trivia/word games/crossword puzzles</p> <p>6:00 Christmas Light Tour</p>	<p style="text-align: right;">5</p> <p>9:15 Good Morning! beverages Newspaper, music 9:30 Regent Prep. School Band And Choir - CR 10:30 Holy Communion</p> <p>1:30 Cooking fun Comfort food day-mac and cheese Simone visits 3:00 <i>Exercise with Wellness Center</i> Serve snacks</p> <p style="text-align: center;">Happy Birthday Larry Garrison</p>	<p style="text-align: right;">6</p> <p>9:15 Good Morning! beverages Newspaper, exercise, trivia 10:00 Catholic Mass in Chapel</p> <p><i>1:00 Wellness Center</i> 1:30 Active Game</p> <p style="text-align: center;">BINGO</p> <p>Bingo Birthday Party!!!!</p> <p>Shakes/cookies Happy Birthday Otto Doner</p>	<p style="text-align: right;">7</p> <p>9:15 Good Morning, beverages Tulsa News, exercise, music Word Games Pearl Harbor Day</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks, Simone 3:00 <i>active time with wellness center</i> Short videos</p> <p>Evening Movie</p>	<p style="text-align: right;">8</p> <p>9:15 Coffee, Tulsa news Exercise / Word Games</p> <p>1:30 Resident and Family Christmas Party</p> <p style="text-align: center;"></p> <p>2:00-4:00 Ice Cream Parlor Open</p> <p>Afternoon movie/sports</p>
<p style="text-align: right;">9</p> <p>9:15 Coffee Corner/news 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Friend & family movie</p>	<p style="text-align: right;">10</p> <p>9:15 Good Morning! beverages Newspaper, exercise, crafts-stringing popcorn</p> <p>1:30 Art with Jenny Sing a long, word games, Simone</p> <p>Wii Games</p> <p>Evening Movie</p>	<p style="text-align: right;">11</p> <p>9:15 Good Morning! Beverages, newspaper, exercise, crafts, music Paper crafts</p> <p><i>1:00 Wellness Center</i> 1:30 Competitive games Bathtub Party Day- Rubber Duckie Laughter Time/ jokes comedy Shakes/cookies 6:00 Christmas Light Tour Movie</p>	<p style="text-align: right;">12</p> <p>9:15 Good Morning! beverages Newspaper, music 10:30 Holy Communion Gospel Music</p> <p>1:30 Cooking Fun Biscuits and Gravy Day Simone 3:00 <i>Wellness center Stretch</i></p> <p>Lawrence Welk Hour</p>	<p style="text-align: right;">13</p> <p>9:15 Good Morning! beverages Newspaper 9:30 Tulsa Heartstrings 10:30 Bible Study</p> <p><i>1:00 Wellness Center</i> 1:30 balloon ball</p> <p style="text-align: center;">BINGO</p> <p>Serve Snacks-shakes/cookies</p>	<p style="text-align: right;">14</p> <p>9:15 Good Morning! beverages Tulsa News, exercise Word Games 10:00 Friends of Flora & Fauna Meeting – SC</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks/ Simone 3:00 <i>active time with wellness center</i> videos</p>	<p style="text-align: right;">15</p> <p>9:15 Coffee Corner, Tulsa News Exercise, drinks, word games</p> <p>1:30 Trivia Tease & More 2:00-4:00 Ice Cream Parlor 2:00 Sing-A-Long Serve Snacks 3:00 Movie Time/ sports</p>

December 2018

Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="right">16</p> <p>9:15 Coffee Corner, Tulsa News 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Movie Time</p>	<p align="right">17</p> <p>9: 15 Good Morning, beverages Newspaper, exercise, crafts Music</p> <p>1:30 Art with Jenny Sing a long, word games, Simone Snacks/drinks Wright Brothers Day Wii Games Evening Movie Time</p>	<p align="right">18</p> <p>9:15 Good Morning! beverages Newspaper, exercise, crafts, music</p> <p>1:00 <i>Wellness Center</i> 1:30 Active game</p> <p align="center"></p> <p>Shakes/cookies Evening Movie</p>	<p align="right">19</p> <p>9:15 Good Morning, beverages Newspaper, music 10:30 Holy Communion Gospel music</p> <p>1:30 Cooking fun- Chocolate covered anything day Benefits of chocolate 3:00 <i>Wellness center Stretch</i></p> <p>Lawrence Welk Hour</p>	<p align="right">20</p> <p>9:15 Good Morning, beverages, newspaper, Bible Study</p> <p>1:00 <i>Wellness Center</i></p> <p align="center"></p> <p>1:30 Luigi Sings Shakes/cookies Laughter Time/ jokes Evening movie</p>	<p align="right">21</p> <p>9:15 Good Morning ,beverages Newspaper, exercise Word Games-</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 <i>active time with wellness center</i></p> <p>6:00 Classic Movie Night</p>	<p align="right">22</p> <p>9:15 Coffee Corner, Tulsa News Exercise, drinks, word games</p> <p>1:30 Trivia Tease & More 2:00-4:00 Ice Cream Parlor 2:00 Amy the Fiddler Serve Snacks 3:00 Movie Time/ sports</p> <p align="center">Happy Birthday Dorla Praytor</p>
<p align="right">23</p> <p>9:15 Coffee Corner Tulsa World 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long Serve Snacks 3:00 Family & Friends Movie Time</p>	<p align="right">24</p> <p>9:15 Good Morning! Coffee, Tulsa News, exercise</p> <p>1:30 Art with Jenny Sing a long, word games, Simone Snacks/ drinks</p> <p>Wii Games Evening Movie Time</p> <p align="center">Christmas Eve</p>	<p align="right">25</p> <p>9:15 Coffee and conversation Tulsa News , exercise 10:45 Holy Communion</p> <p>Christmas Music Family and Friends Christmas Movie</p> <p align="center"></p> <p align="center">Merry Christmas</p>	<p align="right">26</p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration No Holy Communion Gospel music</p> <p>National Whiners Day 1:30 Cooking fun- breakfast 3:00 <i>Wellness center stretch</i> Boxing Day- English Holiday</p>	<p align="right">27</p> <p>9:15 Good Morning! Coffee Tulsa News, exercise/hydration 10:30 Bible Study</p> <p>1:00 <i>Wellness Center</i> 1:30 balloon ball</p> <p align="center"></p> <p>Serve Snacks- shakes/cookies</p> <p align="center">Happy Birthday Thomas Blake</p>	<p align="right">28</p> <p>9:15 Coffee and conversation Tulsa News, exercise</p> <p align="center"></p> <p>9:30 Gathan Graham 10:00 Friends of Flora & Fauna Meeting – SC 1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 <i>active time with wellness center</i></p>	<p align="right">29</p> <p>9:15 Coffee Corner, Tulsa News Exercise, drinks, word games</p> <p>1:30 Trivia Tease & More 2:00-4:00 Ice Cream Parlor 2:00 Sing-A-Long Serve Snacks 3:00 Movie Time/ sports</p>
<p align="right">30</p> <p>9:15 Coffee Corner Tulsa World 10:00 Holy Communion at St. Anna's Chapel 10:30 Worship Video</p> <p>1:30 Holy Communion 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long Serve Snacks 3:00 Family & Friends Movie Time</p>	<p align="right">31</p> <p>9: 15 Coffee and conversation Tulsa News, exercise/water Music</p> <p>1:30 Art with Jenny New Year's Eve Party!! Snacks/drinks/music</p> <p align="center">Happy Birthday Karla George Happy New Year's Eve</p>	<p align="center">The Bishop Moody Wellness Center</p> <p align="center"></p> <p align="center">Open Monday – Friday 9:00 a.m. – 4:30 p.m.</p>	<p align="center">The Crossroads Ice Cream Parlor</p> <p align="center">◆</p> <p align="center">Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m.- 4:00 p.m.</p>	<p>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</p> <p align="center"></p>	<p align="center">Activity Location Key</p> <p>MC - Memory Center CR - Common Room D - Crossroads Ice Cream Parlor HC - Health Care Center SC – Smith Conference Center B – The Bistro in Assisted Living CC – Carla's Corner in AL LR – Living Room in AL V – Valleyview Dining Room In Assisted Living</p>	<p align="center">The Gift Garden Shop</p> <p align="center"></p> <p align="center">Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m.</p>