















December 2018

Health Care Center Life Enrichment Program

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|--|
| <p>Calendar is subject to change - please check on website! ★❄️🌟❄️🌟❄️🌟❄️🌟❄️🌟❄️🌟❄️</p> <p>December is: Hi Neighbor Month Bingo's Birthday Month Read A New Book Month Write a Friend Month Safe Toys & Gifts Month Universal Human Rights Month Spiritual Literacy Month Quince & Watermelon Month Tomato & Winter Squash Month Root Vegetables Month Exotic Fruit Month National Egg Nog Month National Fruit Cake Month</p> |  |  |  |  |  | <p>1</p> <p>9:30 On Location 10:00 Karing K-9's</p>  <p>1:00 Movie Matinee 2:00 - 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> |
| <p>2</p> <p>9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> <p>1st Sunday in Advent</p> | <p>3</p> <p>9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Cascia Hall Bell Choir & Select Choir - CR 2:00-4:00 Ice Cream Parlor 2:30 Trivia/Word Games 3:30 Culinary Club: Egg Nog Fudge - CC 6:00 Evening Fun Movie 6:00 Men of Note - CR</p> | <p>4</p> <p>9:00 Yoga - WC 10:00 Morning Prayer 10:00 Vintage Voices - CR 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 2:00 Sit & Be Fit - WC 6:00 Evening Fun Movie 6:00 Christmas Light Tour</p> | <p>5</p> <p>8:30 Open Gym - WC 9:30 Gospel Hymns DVD 9:30 Regent Prep. School Band And Choirs - CR PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games 6:00 Evening Fun Movie</p> | <p>6</p> <p>9:00 Yoga - WC 9:30 Current Events 10:00 Catholic Mass in St. Anna's Chapel 10:45 On Location PM - Small Groups/1:1s 1:00 Movie Matinee 2:00 Sit & Be Fit - WC 2:00 - 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie</p> | <p>7</p> <p>8:30 Open Gym - WC 10:30 Friday Music Series: Jerry Dwayne PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo - ALP 2:00-4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p> | <p>8</p> <p>9:30 Current Events 10:30 Resident and Family Christmas Party - CR</p>  <p>PM-Small Groups/1:1 1:00 Movie Matinee 2:00 - 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> |
| <p>9</p> <p>9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> <p>2nd Sunday in Advent</p> | <p>10</p> <p>8:30 Open Gym - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:00 Craft Club: Gingerbread House Decorations - CC 2:00 - 4:00 Gift Garden Open 2:30 Trivia/Word Games 3:00 Men's Club - B 3:30 Bingo - ALP 6:00 Evening Fun Movie</p> | <p>11</p> <p>9:00 Yoga - WC 9:30 - 3:30 in Hille Lobby Wing It Craft Show 10:00 Morning Prayer 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 2:00 Sit & Be Fit - WC 3:00 Bible Study- GR 6:00 Evening Fun Movie 6:00 Christmas Light Tour</p> | <p>12</p> <p>8:30 Open Gym - WC 9:30 Gospel Hymns DVD 10:00 Holy Communion- C PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games 6:00 Evening Fun Movie 6:30 Celtic Cheer - V</p> | <p>13</p> <p>9:00 Yoga - WC 9:30 Current Events 10:15 Tulsa Heartstrings - CR 10:45 On Location PM - Small Groups/1:1s 1:00 Movie Matinee 2:00 Sit & Be Fit - WC 2:00 - 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie</p> | <p>14</p> <p>8:30 Open Gym - WC 10:30 Friday Music Series: Luigi Balletto PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo - ALP 2:00-4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p> | <p>15</p> <p>9:30 Current Events 10:00 On Location PM-Small Groups/1:1 1:00 Movie Matinee 2:00 - 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> |

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|---|--|---|---|--|--|--|
| <p align="right">16</p> <p>9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> <p align="center">3rd Sunday in Advent</p> | <p align="right">17</p> <p>8:30 Open Gym - WC 9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 1:00 Laughter Club - HC 1:30 Gilcrease Speaker Dick Clark - LR 2:00 – 4:00 Gift Garden Open 2:45 Trivia/Word Games 3:30 Bingo - ALP 6:00 Evening Fun Movie</p> | <p align="right">18</p> <p>9:00 Yoga - WC 10:00 Morning Prayer 11:00 Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 2:00 Bingo 2:00 Sit & Be Fit - WC 3:00 Bible Study- GR 6:00 Evening Fun Movie</p> | <p align="right">19</p> <p>8:30 Open Gym - WC 9:30 Gospel Hymns DVD 10:00 Holy Communion- C PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Teaching Kitchen w/ Chef Noah 2:00 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games 6:00 Evening Fun Movie</p> | <p align="right">20</p> <p>9:00 Yoga - WC 9:30 Current Events 10:30 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 2:00 Sit & Be Fit - WC 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie 6:00 Amanda Hardy Cello School Recital - CR</p> | <p align="right">21</p> <p>8:30 Open Gym - WC 10:30 Friday Music Series: Pianist Bill Rowland –HC PM-Small Groups/1:1 1:00 Movie Matinee 1:30 Bingo – ALP 2:00-4:00 Gift Garden Open 3:00 Open Gym - WC 3:30 Active Games 6:00 Evening Fun Movie</p> | <p align="right">22</p> <p>9:30 Current Events 10:00 On Location PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> |
| <p align="right">23</p> <p>9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> <p align="center">4th Sunday in Advent</p> | <p align="right">24</p> <p>8:30 Open Gym - WC 9:30 Current Events M-Small Groups/1:1 1:00 Movie Matinee 2:45 Trivia/Word Games 3:00 Open Gym - WC 1:30 Greening of the Chapel  3:30 Christmas Eve Social in the Bistro 6:00 Evening Fun Movie</p> | <p align="right">25</p> <p>10:00 Holy Communion - C 11:00 Christmas Sing-A-Long PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> <p align="center">  Merry Christmas </p> | <p align="right">26</p> <p>8:30 Open Gym - WC 9:30 Gospel Hymns DVD No Holy Communion PM-Small Groups/1:1 1:00 Sittercise w/Wellness Center Staff 1:30 Movie Matinee 2:00-4:00 Gift Garden Open 2:30 Trivia / Word games 3:00 Resident Council Mtg. 3:30 December Birthday Party & Cocktail Hour – B 6:00 Evening Fun Movie</p> | <p align="right">27</p> <p>9:00 Yoga - WC 9:30 Current Events 10:30 On Location PM – Small Groups/1:1s 1:00 Movie Matinee 2:00 Sit & Be Fit - WC 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 3:00 Bingo 6:00 Evening Fun Movie</p> | <p align="right">29</p> <p>9:30 Current Events 10:00 On Location PM-Small Groups/1:1 1:00 Movie Matinee 2:00 – 4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> | |
| <p align="right">30</p> <p>9:30 Gospel Hymns DVD 10:00 Holy Communion-C PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 2-4 Visits with Simone in ALP 6:00 Evening Fun Movie</p> | <p align="right">31</p> <p>9:30 Current Events 10:00 Exercise PM-Small Groups/1:1 1:00 Movie Matinee 2:00-4:00 Ice Cream Parlor 3:00 New Year's Eve Party w/ David Horne Jazz Duo-CR 6:00 Evening Fun Movie</p> <p align="center">  Happy New Year! </p> | <p align="center"> The Bishop Moody Wellness Center  Open Monday – Friday 9:00 a.m. – 4:30 p.m. </p> | <p align="center"> The Crossroads Ice Cream Parlor  Open Tuesday, Thursday, Saturday and Sunday 2:00 p.m.- 4:00 p.m. </p> | <p align="center"> Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!  </p> | <p align="center"> <u>Activity Location Key</u> AL = Assisted Living Lobby ALP = Crossroads Parlor B = Bistro (in Assisted Living) C = Chapel CC – Carla’s Corner (AL) CR = Common Room GR – Upstairs Game Room (AL) HC = Health Care Center L = Library in Assisted Living M = Memory Center SCC = Smith Conference Ctr. S = Skyline Dining Room AL 2nd Fl. V = Valleyview Dining Room AL </p> | <p align="center"> The Gift Garden Shop  Open Monday, Wednesday and Friday 2:00 p.m. – 4:00 p.m. </p> |