The Rt. Rev. Dr. Edward J. Konieczny was elected the fifth Bishop of The Episcopal Diocese of Oklahoma in 2007. During his nearly ten year tenure as Bishop, he continues to oversee 70 congregations, three Diocesan Schools, two senior communities, a camp and conference center, and multiple other Episcopalian institutions and ministries.

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"Lyndsey is a very respectful person inside and out. She is always willing to help anyone out, no matter what the problem/situation is. She is by far the best nurse I have worked with and is always there to pour out a joke or laugh when our days seem long and all our energy is running low. Keep up the amazing team work." — Dana Franks, CNA, HCC

“I have been at Saint Simeon’s for 11 years. I started out in the kitchen on dietary staff. I got the job at the time my brother was a cook here. After working here for a while and seeing the CNAs take care of everyone, I decided that I wanted to pursue a nursing career. I became a CNA in 2007 and then enrolled in nursing school. I went to school Monday through Friday and also worked double weekend shifts in the Health Care Center (HCC) until I earned my LPN in 2010.

I’ve been in HCC the entire time I’ve worked here except when I first became an LPN. For about two years, I was in Memory Center. Then I returned to HCC. It’s fast-paced and busy in HCC. You have to have a lot of skills to work in this area, like being fast on your feet and being able to multitask and staying calm and collected despite how stressful the day may be. It’s important that as an LPN, I stay positive for the CNAs and med aides, because they feed off of us nurses and look to us for guidance.

One of my close friends on staff is Tiffani Henderson. We were both CNAs at one time, and then she decided to go to nursing school. That inspired me to want to go to nursing school, so I became an LPN shortly after she did.

My favorite things about Saint Simeon’s are my coworkers and the Residents. It’s
GETTING TO KNOW

a good environment to be in. Being here since 2005, I’ve really seen it grow. I’ve visited other communities like it, and it’s definitely the best place to be.

One of my favorite memories from working here over the last 11 years was when Western Days used to be held here. It was hectic, but a lot of fun!

I was born in Tulsa and went to high school at Nathan Hale. I moved to Catoosa in 2014. When I was in high school, I was on the volleyball and swim teams. I grew up as the only girl in my family – I have two older brothers who both worked in the kitchen here at Saint Simeon’s at one time.

My son Dalton will be 2 on Sept. 11. He is such a joy and is very rambunctious. He loves playing with any kind of ball, Elmo, and Mickey Mouse Club. There’s never a dull moment with him. I’m engaged to be married to Carl. We’re still working on a wedding date. I’ve known him since we were little – his parents and my parents were really involved in Boy Scouts. We’ve been dating since 2012.

I love being around my family. My son and I go swimming all the time at McClure Park. One of my favorite places to travel is Eureka Springs, and I also go to Skiatook Lake a lot during the summer.

One hobby that I currently enjoy is cooking. I love finding new and different recipes to make, whether it’s cooking on the stove or grilling. I come from a background of cooks – my dad and brothers. My dad, brothers, and I all worked at a seafood restaurant managing the kitchen prior to coming to Saint Simeon’s. I was only a prep cook at the time since I was so young.”
Dear Residents, Families, and Friends of Saint Simeon’s

Have you ever considered space, how important it is? What kind of space am I talking about? Outer space? A parking space? The space in a room? Yes! I’m talking about every kind of space because it’s all the same - emptiness. Space is THE critical component that allows everything that is, to be.

First of all, we need to acknowledge a truth: everything that is, is made up mostly of space. The elemental particles that make up atoms are separated by vast amounts of space compared to their size. These atoms are also separated by vast amounts of space. Even the densest matter that exists is made up mostly of space. The universe as we know it is clearly made up mostly of space, despite all the planets, stars, galaxies, and matter that are in it.

It is within the context of space that things appear. Space is the container of things. We need space to create things, and we often create more spaces to hold or encompass things. Space is indestructible. The forms we create to divide up space - houses, plastic food containers, boxes, bowls - all these will finally disintegrate, but the space within them will continue on.

The story tellers of creation in the Bible somehow knew the truth that the world was created out of nothing (no thing):

The tellers of this story speak of the formless void from which the world was created. However, that void was filled with aliveness and energy and potential for things to become manifest as indicated by the action of a "wind from God" that "swept over the face of the waters." God was stirring things up! The space which gave birth to creation was alive with potential!

Space is not only in the outer world of form, but also something that many perceive in the inner world of spirit and consciousness. There is a space within that is empty, and yet filled with being. This is the place, the silent empty place, where many have said they have experienced God. Indeed Jesus is reported to have said that the Kingdom of Heaven is within us.

Spiritual space is something we can actually give to one another in this life we live. It is common for us to speak of giving someone "space" to develop, grow, and create. That means that we, with intention and expectation, back off and allow someone else to be. This space is a wonderful gift in which we can accomplish many things and explore our own creativity. Like any gift, it can also be squandered.

Perhaps this life we are living in this world of form is a space which we have been given to develop, grow, and create. That would certainly make the old saying true: Life is God’s gift to us. What we do with it is our gift to God.

Blessings to you,
Fr. Bill Holly †
I’m retiring! Sort of. This summer marked my 20th year working at Saint Simeon’s. Plus I just turned the wonderful age of 70 (the new 50?). Time for a change. I’ve worn various hats in my office job, but something not even in my actual job description – namely the plants and animals at Saint Simeon’s – kept drawing me closer. Nature is messy and inspiring and surprising and sometimes sad, but what a difference it can make in the quality of life of our Residents.

My official title is now Flora and Fauna Coordinator, and I’ve “retired” to 20 hours/week. Simone is not ready to retire! Residents and visitors (especially children) are so happy to see her. It is a shame when that doesn’t happen, so we would love for her to be here some of the time when I am not. Our first official Simone Volunteer, Jan Osborn, is coming on Tuesdays and Thursdays for an hour or so to escort Simone around the home visiting groups of Residents or individual Residents in their rooms. That’s where someone (you?) reading this might be able to also help. We need volunteers to spend time with Simone while sharing her with others. Training is provided. It will be a win-win-win for you, Simone and, most of all, the Residents.

Dogs not your cup of tea or that is a little too much responsibility? There are many more opportunities! Here’s just one. The fish in our two saltwater aquariums need someone to feed them three times a week. That involves dropping two frozen cubes (brine shrimp) in each tank. Resident Bob Snow has been doing this for years and is ready to pass the torch. I bet there is someone who visits regularly whose family member would enjoy doing this with you. You’ll be able to see fish that no one else does when they come out of their hiding places to scramble for the tiny shrimp. They don’t care when they eat, so your schedule would be flexible. Naming privileges come with the job…

I would be remiss to not thank the wonderful Flora and Fauna volunteers we already have. Resident Pat Page feeds our Koi each day in the Reflections Pond. She does get time off in the winter when they hibernate. Life Enrichment’s Teresa Reno and Karen Ferguson take care of the aviaries. Teresa’s daughter, Cassie, keeps our Box Turtles happy. Unit Clerk Loretta Young feeds the peacocks. Mary Newman, Kim Tatros-Smith and Barbara Bartlett have been helping with our gardens and/or wildlife for years! Both Mary and Barbara’s moms instilled in them a deep appreciation of nature, and they especially enjoyed that part of life at Saint Simeon’s. Neither of their mothers ever missed a meeting of Friends of Flora and Fauna until their passing. The meetings are the second Saturday of each month at 10:00 in the Dotson Center Living Room. Do you have a family member who would enjoy attending with you?
Bishop Ed has served as Chairman of the Saint Simeon’s Home Board of Trustees and as Chairman of the Saint Simeon’s Foundation Board of Trustees for ten years. His leadership and vision for Saint Simeon’s has made numerous accomplishments possible including the Dotson Family Assisted Living Center, the renovation of the Memory Center, and Bishops’ Plaza in the Healthcare Center. His confident leadership style encourages growth and potential.

Before entering the ministry, Bishop Ed served as a Police Officer with the Garden Grove and Anaheim Police Departments from 1975 through 1992 where he received numerous commendations and was twice cited for Meritorious Service.

Bishop Ed was ordained a Deacon and Priest in 1994 following completion of his Master of Divinity Degree from Church Divinity School of the Pacific in Berkeley, California. In 2001, Bishop Ed completed a Doctor of Ministry in Church Growth and Development from Seabury-Western Theological Seminary.

Bishop Ed and his wife, Debbie, make their home in Edmond, Oklahoma where they enjoy travel, golf, and cooking. They have two sons, Michael and Daniel, and three grandchildren.

Lindsay Hurley Fick, Honorary Chair, Western Days 2016

Lindsay joined Saint Simeon’s as President and CEO in 2006. Her decade of guidance and leadership has meant great strides for Saint Simeon’s. Lindsay is committed to the best care for Saint Simeon’s Residents. While she holds staff members to a high standard, her leadership style keeps her in high regard among employees.

For twenty years prior to joining Saint Simeon’s, Lindsay held leadership positions in both the oil and gas and telecommunications industries in Tulsa, Houston, Chicago, and London. Her career spanned the breadth of corporate organizations. She earned her Bachelor of Science degree in accounting from the University of Colorado.

Lindsay is the President of the Board of LeadingAge Oklahoma. As well, Lindsay serves on the Board of LIFE Senior Services in Tulsa, and the Janada Batchelor Foundation for Children, a not-for-profit located in Tanzania, Africa.

Lindsay is married to Ron and together they enjoy serving in the community and in their church. Their greatest joy, however, is found in time spent with their grandchildren!
HAPPY BIRTHDAY

SEPTEMBER

9/3 | Joseph Cole
9/5 | John Beyhan
9/6 | Helen Belden
9/7 | Eloyse Smith
9/8 | Martha Tisdale
9/9 | Robert Rayner
9/10 | Bobbie East
9/12 | Edward Cizeck
9/13 | Virginia Atwood
9/14 | Vernon Stanton
9/15 | Isadore Levine
9/15 | Danna Meador
9/18 | Patsy Meyners
9/23 | Robert Snow
9/23 | Mae Copeland
9/24 | Barbara Allen
9/27 | Anne Heisler
9/29 | Thelma Singleton

ANNUAL HARVEST MOON FESTIVAL
SAVE THE DATE!

SAINT SIMEON’S ECKEL PARK • SUNDAY, OCTOBER 16 – 2 TO 4 P.M.
Halloween Costume contest for children, music by Shelby Eicher and friends. Pumpkin Patch, snacks, and more.

Welcome to our Family!

Jimmie Dozier
Fred Kumpf
Joyce Minchew
Clell Rogers
Russell Schoenewe
Betty Shields

alzheimer’s association

CAREGIVER SUPPORT GROUP

THURSDAY, SEPTEMBER 22
6:00-7:30 P.M.

SAINT SIMEON’S SMITH CONFERENCE ROOM

Complimentary dinner will be provided.
Please RSVP by September 19 to Brenda Haesloop at 918-855-1502 or bhaesloop14@att.net.

If you no longer wish to receive the Quill by mail or if you wish to switch to a color, e-newsletter subscription, please contact Lindsay Morris at lmorris@saintsimeons.org or 918-794-1945.
POOL PARTY PART 2

Our health care center residents had a pool party of their very own in July! Highlights were summery snacks and drinks, swimming, and of course, residents squirting wellness director Mary Nole with water pistols.