A “Doggone” Birthday Party

Tuesday, April 2 at 2:00 p.m.
Saint Simeon’s Common Room

Join me, Simone, the Resident Canine at Saint Simeon’s, for my 4th birthday!

My birthday wish is to help other canines find a home, so a few adoptable dogs from local rescue groups will be in attendance!

Love, Simone
“Robin has been very helpful and polite to work with. When I work weekends in the HCC, she is one who always, and I do mean always, steps out of her job description to assist without my asking – for example, helping to take the residents to the Chapel for Sunday service. She also gives a little something to the residents who have forgotten to bring money for the collection plate. This act of kindness, displayed without anyone watching, makes coming to work here every day feel great because I get to see good deeds played out in front of my very eyes. These are the things that families witness when they come to see their loved ones. Sometimes we, as workers, are so fixated on doing our “eight and skate” that we may miss the angels who walk amongst us in action. Robin represents a true caring champion, someone who goes beyond the call of duty to meet the needs of another and never asks for anything in return for her acts.” Stephanie Long, Life Enrichment Assistant

“My main job is working in Housekeeping in the Health Care Center on E-Wing. I also work part-time for Morrison’s helping serve supper in the Dotson Center Valley View Dining Room. This came about because when I applied for a job, I filled out applications for both places and was later called on the same day and offered both jobs. I accepted the Saint Simeon’s job and asked if, down the road, I might be able to make a little extra money working for Morrison’s. That is exactly what has happened.

I was born in Tulsa to Helen and Alfonzo Gilyard. My daddy was an inspector for the Oklahoma Department of Transportation and my mom worked in Laundry at the Marilyn Ihloff Salon on 15th street. They are both retired now. I have three sisters: Teresa, LaWanna and Tonya. Two sisters live here in Tulsa and one lives in Oklahoma City.

I attended Alcott Elementary School, Gilcrease Junior High and East Central High School. I worked as a Nurse Aid for a couple of years back before it even required a license. I also worked in housekeeping at another long-term care facility for five years and at Marilyn Ihloff Salon with my Mom.

I decided that I wanted a job on the north side of town and one with better pay and better
benefits, and that is when I found Saint Simeon’s. It is everything I wanted and more. All the people I work with are wonderful. Everyone is friendly. I enjoy talking to the residents when I am cleaning their rooms. This is a very clean place, and I am proud to work here.

I have three children. Demarcquice is 19, graduated from high school, and he will graduate at the end of March from the Job Corps. He is being trained to be a facility maintenance manager. Doneico is 13 and a 7th grader at McLain Junior High School. Au’Breanna is 11 and in the 5th grade at Hawthorne. She is a member of Ambassadors and goes around singing at different places. Recently they performed at the Greenwood Cultural Center.

Tyler Perry is my favorite performer on TV and his movies. I also follow all the OKC Thunder Basketball games. I enjoy playing the online game The Sims, where you create characters (singers in this game) and develop their lives and careers. I have one dog, a Heinz 57, who is black with a diamond shape on her head so she is of course named Diamond. My favorite music is Blues, or Rhythm and Blues because that’s what I grew up listening to.

When I’m not working, I love going to the Osage Casino. I like the slot machines and my favorite game is Lucky Ducky. As a family, growing up, we went to go Las Vegas almost every year. We always stayed at the Golden Nugget, and I loved their pool because it has a shark tank inside the pool. So when you go down the slide, you are in a tube that takes you right through the shark tank. In 2014 to celebrate my Daddy’s retirement, he is taking my Mom and all us sisters on a cruise to the Bahamas, and I am really looking forward to that!”

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**SCRAPBOOKING VOLUNTEERS NEEDED**

Do you love scrapbooking? We need help with a very special project. Each fall we celebrate our Day of Remembrance, honoring our Residents who have passed away. As part of this memorial, we assemble a memorial book with a page for each person. It includes photographs and other mementos. The pages are on display for the Day of Remembrance service, and then the assembled books are placed in the Helmerich Library in the Dotson Family Center for everyone to see and enjoy throughout the year.

If you would like to be a part of this loving tribute to our Residents, please contact Becky Ashwill at (918) 794-1903.
Dear Residents, Families, and Friends of Saint Simeon’s,

On the morning of Tuesday, March 12th, The Rev. Robert R. Evans graciously thanked a nurse for helping him to his bed, took his last mortal breath, and departed this life in faith. Fr. Evans touched a great number of lives during his remarkable ministry within the Episcopal Church. After receiving his MDiv from our seminary in Nashotah, Wisconsin, he returned to Oklahoma, where he served the churches in Lindsay and Paul’s Valley for two years before becoming rector of Saint Luke’s, Bartlesville in 1966. He served Saint Luke’s for 10+ years before being called to be rector of Christ Church, Whitefish Bay, Wisconsin in 1977. There he served until his “retirement” in 1991.

Now the word “retirement” does need quotation marks, because Fr. Evans proceeded to serve in a supply capacity for the next twenty-one years in the Dioceses of Wisconsin and Oklahoma. Many churches between pastors, or reliant upon retired clergy to provide services, were beneficiaries of Fr. Evans’ gracious and ample abilities. He served churches great and small, and was well loved by the people he served.

We at Saint Simeon’s were blessed when Fr. Evans and Anne came to be a part of our community in September of 2009. He was a trusted friend to many here – human, avian and aquatic! He could often be seen filling the multitude of bird feeders or feeding fish of pond and aquarium.

I was also a beneficiary of Fr. Evans’ wisdom and expertise. He would often “sub” for me when I was on vacation or out-of-town or ill. Of course, his dance card was pretty full, and I had to get in line just like anybody else! Whenever he was available, he was always willing to help out. We imposed ashes on Ash Wednesday and distributed palm crosses on Palm Sunday. It has been one of my greatest joys in ministry to share the Altar in the Chapel of Saint Anna with such an esteemed priest of the church and to be able to consider myself a colleague of his.

I include here a couple of pictures I have of Fr. Evans: one from back-in-the-day at Saint Luke’s, Bartlesville; and one as we knew and loved him here at Saint Simeon’s.

Blessings to you,
Fr. Bill Holly
Clearly our peafowl know that spring arrived (March 20th) and are already thinking about “the birds and the bees”. Or at least the bird part. The peacocks are displaying their glorious tails to attract the “ladies” and the peahens are checking out potential nesting sites. Did you know what a group of peafowl are called? Actually there is a plethora of names for them – maybe because they are too darn wonderful to just have one! My two favorites are a pride of peacocks or ostentation of peacocks. That says it all. Research shows that peafowl have far more names than any other group of birds, including: cluster, muster, lek, bawl, pulchritude, and bevy.

And while we’re on the subject of names for groups of birds. Here are a few others whose names are so perfect that you’ll just have to find an opportunity to use them...

padding of ducks
parliament of owls
party of jays
peep of chickens
pitying of turtledoves

Blooming in early March at Saint Simeon’s were Lenten Roses in the Reflection Courtyard (Mary Newman, Ruth Kraemer’s daughter, is responsible for them), the Star Magnolia Tree (former Resident Ruth Staudt planted it), Hyacinths, and, of course, all the colorful pansies and daffodils in bloom all over the grounds. And the best is yet to come!
Don’t Get Scammed!

Sheila Burba of Life Senior Services informed audience members how to prevent senior scams during an educational program presented by the Saint Simeon’s Auxiliary on March 12. Identity theft is considered the crime of the 21st Century, she said, and 1 in 13 senior adults will be abused, neglected, and/or financially exploited.

Surprisingly, only 1 in 44 senior adult financial abuse cases is reported to law enforcement. Many seniors feel embarrassed to report a scam and therefore leave it unreported. Ms. Burba said some of the top types of senior scams include Medicare scams, counterfeit prescription drugs, funeral and cemetery scams, and the “Grandparent” scam (someone calls pretending to be a grandchild, saying they are in a dire situation and need money wired right away.)

While senior scams are on the rise, seniors can prevent these scams by being well-informed.

Ms. Burba suggested 8 ways to protect yourself from scams:

1. Be aware that you’re at risk from strangers and from those closest to you.
2. Do not isolate yourself – stay involved!
3. Always tell solicitors, “I never buy from (or give to) anyone who calls or visits me unannounced. Send me something in writing.”
4. Shred all receipts with your credit card number.
5. Sign up for the “Do Not Call” list (1-888-382-1222) and take yourself off multiple mailing lists.
6. Use direct deposit for benefit checks.
7. Never give your credit card, banking, Social Security, Medicare or other personal information over the phone unless you initiate the call.
8. Ask for help if you are a victim!

Flora & Fauna
Friends Committee
Next Meeting
Saturday, April 13th
Smith Conference Room
10:15 a.m. (Social Time), 10:30 - 11:30 a.m. (Meeting)
Kathy Hinkle, Chair
April birthdays

4/3 Emma Dahlman
4/4 Susan Nichols
4/5 Leslie Campbell
4/7 Dr. Reece Boone
4/9 Sally Kelley
4/10 Marjorie Dew
4/10 Virginia Lutman
4/12 Fred Berry
4/22 Louise Gruntmeir
4/23 Douglas Perry
4/25 Marilynn Baker
4/26 Velma Austin

Welcome

Emilie Burr
Kay Herring
Dick Kelley
Sally Kelley
Geraldine Lasater
Thomas Lasater
Virginia Lutman
Ruth Myers
William Myers

Our new family members

April Resident Council Meetings
Learn about upcoming events and share your thoughts! All residents and family members are always welcome.

Health Care Center
Thurs, 4/25, 10:30 a.m., Garden View Dining

Cottages & 1st Floor Dotson Assisted Living
Tues, 4/30, 10:30 a.m., Deisenroth Bistro

2nd Floor Dotson Assisted Living
Tues, 4/30, 10:30 a.m., Dining Room

Memory Center
Thurs, 4/25, 3 p.m., Home 6

D-Hall Assisted Living
Tues, 4/30, 1:15 p.m., Common Room

Would you like to receive the Quill by e-newsletter?
Send an email to lmorris@saumsiteons.org
Receiving the Quill by email is faster, and reduces postage costs to Saint Simeon’s!
If you don’t have email, we will gladly continue to mail the Quill to you.

We Remember in Our Prayers

Maxine Dempster
Fr. Robert Evans
Edith Greubel
Robert Krafft

Those Who Have Graduated from this Life
Do you love Saint Simeon’s?
Would you or a family member like to share a testimonial to be used for marketing purposes?
If so, please contact Lindsay Morris, Marketing Coordinator, at 918-794-1945 or lmorris@saintsimeons.org.

Men's Social Club
The men of Saint Simeon’s will be going on an outing to see The Tulsa Drillers take on the Corpus Christi Hooks on April 15. The baseball game begins at noon. Tickets and lunch will be provided for male Residents.

Tadd Weese (tweese@saintsimeons.org)
Father Holly (bholly@saintsimeons.org)