Please join us for
Saint Simeon’s Residents’

WESTERN DAYS CELEBRATION

Featuring special live music performances by:
Sabina Bourland,
performing Patsy Cline standards

Saturday, August 18, 2012
1:30 PM  Common Room
Health Care Center
and Assisted Living Residents
2:30 PM  Memory Center
Memory Center Residents

Family and Friends Welcome!

&
The internationally known Cherokee National Youth Choir, directed by Mary-Kay Henderson

Please contact Debbie Reif (918) 794-1977 or dreif@saintsimeons.org in the Foundation office with questions
I want to nominate Julia Hill as our champion of the second floor of Assisted Living. She knows the Residents of the Skyline Dining Room so well, and they know and trust her so much, that she was able to encourage a Resident to start eating again who hadn’t eaten for several days. Her consideration made such an impact on the Residents around the tables that it brightened up the dining room. Also, another Resident, who doesn’t particularly like to be touched, has actually not only trusted, but welcomed Julia’s touch on his arm, as they walked arm-in-arm, back to that Resident’s room. She makes sure their food is hot when she brings it to their table, makes sure their cup always has coffee, or their glass is always full of their favorite drink, and nothing is picked up until she asks them if they are truly done, and she always does it with a smile, and lets them know, that they are number one. She is a champion to the Residents of Skyline Dining Room!

“I was born in Oklahoma City (Go Thunder!). My mother, Lartheree Hill, stayed home to take care of us kids and my father, Gary Johnson, worked in Construction. I have two sisters and one brother and I am the youngest in the family. When I was still quite young we moved to Tulsa, where I grew up. I attended Anderson Elementary School, Cleveland Middle School and graduated from McClain High School.”

“After I graduated, the following year I moved out to live on my own. I started working as a Dietary Aide at Methodist Manor, but a good friend of mine was working here at Saint Simeon’s and so I took a job here in 2005. I’ve been here long enough that I worked in the old Assisted Living Building before the new addition was built. I’ve seen a lot of changes over the years in all departments and things always seem to get better. My co-workers are friendly and helpful, I have great bosses, and the Residents are the very best!”

“My home is now in Sand Springs. I have two dogs, Sasha, a Shih Tzu and Hessian, a pug. When I’m not working, I enjoy spending time with my seven nieces and two nephews – especially taking my nieces to the park. I like action and comedy movies. My favorite movie is Hangover II. I like playing R&B music. When I have time for books, I like to read love stories. My favorite TV shows are reality shows – “Basketball Wives” and “Mob Wives”. I have friends and relatives in Dallas, Texas who I enjoy visiting and I especially liked going to Florida with my nieces and spending time on the beach near Jackson.”

“What I most like about my job is being able to help people. In the future I hope to go to school and become a Certified Nurse Aide and then go on to Nursing School.”

Clearly Julia has a heart for helping people with whatever job she has and Saint Simeon’s and Morrison’s Fine Dining Services are glad that she is here!
Counterclockwise from left: Dotson Family Assisted Living Center, Health Care Center Garden, and fresh herbs from the raised bed vegetable garden. June 2012
This has been a perfect tomato season (knock on wood)! Last year six tomatoes were harvested from Saint Simeon’s Resident vegetable garden. That’s right, six actual tomatoes – not six tomato plants. This year with the hard work of Bob Snow and the cooperation of Mother Nature, we may harvest six hundred tomatoes. Morrison’s Dining Service is not allowed to serve produce from our garden in our Dining rooms (Health Dept. Regulations) but Residents, family members, and employees are invited to visit the vegetable garden as well as the raised bed herb garden and harvest their own fresh tomatoes and herbs (parsley, oregano, cilantro, basil and rosemary). Be our guest and BYOB (Bring your own bag). Just one request - don’t step on any new plants that are now growing where the corn or squash used to be. We want to have a chance to enjoy them, too.

Speaking of squash, unfortunately we’ll have none this year thanks to a major infestation of Squash Bugs. If you have successfully dealt with them before, let us know what worked for you. Our plants were sprinkled generously with Sevin Dust and the Squash Bugs just laughed. According to the OSU Extension Service, that didn’t work because Squash Bugs puncture the plant, and then suck rather than actually eat the leaves. They weren’t ingesting enough to get sick, much less be eradicated.

We have a wonderful new member of the Landscape Enrichment Committee and she has already “enriched” the landscape. Donna Nichols (James Nichols is a Resident in Assisted Living) has brought us some Sun Ferns, or Tansies, and one is pictured here. There is always something new to learn in the plant world. These look for all intents and purposes like beautiful delicate ferns, but can grow in direct sunlight. One is planted by the Reflections Pond, and the other two are planted by the Chainsaw Sculpture of the two Simones.

Are you someone who doesn’t know where that sculpture is? Or perhaps the vegetable garden? You need to pick up a copy of the Saint Simeon’s Visitors Guide. The guide is another project by our wonderful Auxiliary, and it’s available throughout Saint Simeon’s. There is a map inside with 40 things to see both inside the building and outside on the grounds. I’ll bet you haven’t seen them all!
Dear Residents, Families and Friends of Saint Simeon’s,

I remember a lesson about living that was taught in my family. It was something we learned from about the time we were also taught to share. Like sharing, it involved giving something to someone. It was this thing my family called showing respect.

The first lesson in showing respect was to respect your elders. Of course, this initially referred to your parents and grandparents because those were the “elders” who were around you. Soon, however, I learned that everyone who was an adult was my elder. It was expected that I show them respect. Teachers were high on the respect list. Disrespecting a teacher was a big deal and likely to get you the application of the Board of Education to the Seat of Knowledge. As I recall, I was pretty familiar with that application.

As I grew in my understanding, showing respect was something you did for everyone. It was a part of what we called “common courtesy”. Everyone deserved respect, even me. There also seemed to be a correlation between giving and getting respect. I learned that showing respect to others was not a matter of putting myself lower than someone else. Quite the contrary! Showing respect to others was one of the most powerful means of experiencing and living into equality. It was acknowledging our common bond as people.

It seems to me that this lifelong lesson, which began when I was in kindergarten, is too often not taught or practiced today. It seems that people yell a lot. They yell at each other on TV, and at school, and in neighborhoods. Political candidates, people who are seeking our vote to be our leaders, yell at each other and “get in their face”. We no longer have the option to agree to disagree. We have to fight and call each other disparaging names. Where does all this rancor and ill will to one another lead? What will we get from this lack of respect we have for each other?

Jesus said, “What you sow is what you will reap.” This is an incredibly simple observation that we seem to be missing. If you plant corn, you’re going to get – that’s right, corn! The same is true with tomatoes, daisies, and ragweed. What you plant and cultivate is what you will harvest. So, why do we think we’re going to harvest goodwill by planting and cultivating ill will? If I yell and get in someone’s face, what should I expect to get? Respect? Not likely. More likely I’ll get yelled at and others will get in my face.

Give respect to everyone you meet. Give respect even to those who do not respect you. You and I have to take the initiative to do the planting and cultivating. We have to teach it once again to our children and our grandchildren. If we do this work, the harvest will be plentiful again.

Blessings to you,
Fr. Bill Holly+
NOTICE

The September Auxiliary meeting, originally scheduled for Tuesday, September 11th, will instead be held on Tuesday, August 14th 1:00 p.m.
Smith Conference Center

This is to accommodate for the many Auxiliary members assisting with Western Days 2012: Spirit of the West!

Contact Debbie Reif for more information (918) 794-1977 dreif@saintsimeons.org

The 2012 Auxiliary Membership Drive is currently underway! With several membership options, beginning at just $5 for Residents, we hope you will consider joining today, and “Bee” a Volunteer!
Contact Debbie Reif for more information (918) 794-1977 dreif@saintsimeons.org

Mission of the Auxiliary To enrich and enhance the lives of Saint Simeon’s Residents.

Simone says ‘thank you!’ to Friends of the Animals and Landscape Committee volunteers - join today to help!

LANDSCAPE COMMITTEE
Saturday, July 7 at 10:30 a.m.
Smith Conference Center
Committee Chairs:
JoAnna Newman & Kathy Hinkle

FRIENDS of the ANIMALS
Friday, July 13 at 10:30 a.m.
Smith Conference Center
Committee Chairs:
Bob & Anne Evans
July

July birthdays

7/4 Lois Tate 7/19 Bobbie Stauss
7/6 William King 7/22 Ginger Read
7/7 Ruth Boone 7/22 Virginia Sapp
7/8 Garland Johnson 7/24 Patricia Lohman
7/11 Charles Kingsley 7/25 Dick Walsh
7/12 Alice West 7/27 Nancy Susman
7/13 Fayetta Vogle 7/30 Harold Welch
7/17 Pam Berry

Welcome
Ninette Allen-Maples
Our new family member!

Would you like to sign up to receive the Quill by e-newsletter?
Send an email to
kimberly.earickson@gmail.com
Receiving the Quill by email is faster, and reduces postage costs to Saint Simeon's!
If you don’t have email, we will gladly continue to mail the Quill to you.

July Resident Council Meetings
Learn about upcoming events and share your thoughts!
All Residents and family members are always welcome.

Health Care Center
Thurs, 7/26, 10:30 a.m., Garden View Dining

Cottages & 1st Floor Dotson Assisted Living
Tues, 7/31, 10:30 a.m., Deisenroth Bistro

2nd Floor Dotson Assisted Living
Tues, 7/31, 1:15 p.m., Common Room

Memory Center
Thurs, 7/26, 3 p.m., Home 6

D-Hall Assisted Living
Tues, 7/31, 1:15 p.m., Common Room

We Remember
in Our Prayers
Jennie Clausing
Jean Ford
Billy Joe Hamilton
Flo Hendricks
Dova Hoppes
Doris McBryde

Those Who Have Graduated from this Life
One cold snowy morning, my husband and children were sleeping while the house was on fire. We lost almost everything. Morrison’s and Saint Simeon’s pulled together to make me have a home again. With the help I received, I was able to help others. I just want to say thank you guys once again for giving me a big hand and lots of help.

Thank you so much,
Cheryl Irons

“Miscellany” is your place to share! Creative writings, artwork, remembrances, news and everything in-between. If you’re reading this, we want to hear from you! Residents, family members, friends and employees are all encouraged to participate. You can even remain anonymous if you wish.
Send submissions to kimberly.earickson@gmail.com.