The Saint Simeon’s Winter Ball

featuring dance music by Soundz Good

Wednesday, January 25th, 2012
3:00 p.m.
The Common Room at Saint Simeon’s

Put on your best bib and tucker
and join us for an afternoon of fun!

December Cheer from Ear to Ear!

In December, Santa & Mrs. Claus (Bud & Julie Williams) made their annual visit at the Resident Christmas Parties. Above, pictured with Resident Marie Gregg; left, Resident Aggie York; and above left, Resident Gracie Bakamjian. Upper and lower right: Resident Ruth Staudt celebrated her 102nd birthday on December 9th!
One of the highlights this year was the Christmas Train, a model train running on tracks around the Christmas Tree in the Dotson Family Assisted Living Center. The train was set up by Joe Salamon, along with three of his friends from the Tulsa Garden Railroad Club, including Eric Olson, father of Life Enrichment Director Chris Gruszeczki.

The official Train Conductor has been resident Bob Snow (note his hat!), who spent hours helping everyone enjoy the train as it repeatedly completed its journey. He even had souvenir tickets that he punched and passed out tickets declaring, “I drove the Saint Simeon’s Special!”

Bob is quite the railroad enthusiast. As a youngster he used to catch the Frisco out of Bartlesville and ride to Kansas City, transferring to Des Moines, Iowa, and finally to Iowa City, Iowa, which was his Mother’s hometown. He would also catch a ride on the cabooses to What Cheer, Iowa and spend time on the farm where his cousin lived.

Prior to World War II, Bob’s dad bought him a Lionel Train that he ran for many years. Upon retiring from Cities Service Oil Company (which is now Occidental Petroleum), he knew he needed a hobby, so he set up a permanent layout to enjoy his trains. He recently bought the Boomer Sooner Train set for his grandkids, and will be setting it up for them in Houston.

We appreciate all the entertainment and education that Bob has provided. For instance, did you know that the different gages refer to the width of the tracks? He also highly recommends that folks visit the Railroad Museum of Oklahoma in Enid. In September, they offer an all-caboose train ride to Drummond; but the ride that Bob really enjoys is in May, when you can take a day trip to Okeene as part of the annual Okeene Rattlesnake Hunt. All Aboard!

“Miscellany” is your opportunity to share creative writings, short stories, poems, and other pieces. If you have something you’d like to submit or a suggestion, send an email to kimberly.earickson@gmail.com.

**Miscellany**

written by Kathy Hinkle

Resident Bob Snow

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Saint Simeon and Saint Anna

From time to time I am asked the question: “Who was Saint Simeon?” It seems good to revisit our Patron Saint’s history ever so often as there are always new folks who are interested. You will probably see this article reprinted every couple of years or so.

There are a few folks with the name “Simeon” in the Old and New Testaments. Most notably, in the Old Testament, is Simeon, the second son of Jacob by Leah. His descendants become the Tribe of Simeon, one of the Twelve Tribes of Israel. However, this is not the Simeon for whom our home is named.

We find our Simeon in the Gospel according to Saint Luke. In the second chapter, Luke tells us of a man living in Jerusalem, “righteous and devout,” upon whom the Holy Spirit rested. Now it had been revealed to Simeon that he would not die until he had seen the Lord’s Messiah. One day, he felt compelled to go to the Temple in Jerusalem. There he saw Mary, Joseph, and the child, Jesus. They were there to present Jesus in the Temple; for as the firstborn son he was considered holy to God. Simeon took the child in his arms and began saying the prayer we know today as the Song of Simeon:

“Lord, now lettest thou thy servant depart in peace, according to thy word: For mine eyes have seen thy salvation, Which thou hast prepared before the face of all people; A light to lighten the Gentiles, and the glory of thy people Israel.” (Luke 2:29-32, KJV).

Simeon then spoke to Mary about the role of her son, which would include suffering, and he said these ominous words, “a sword will pierce your own soul too.”

Also a part of this story is Anna, an eighty-four year old widow and prophet. She spent all her time in the temple worshiping God with prayer and fasting. She saw the child and, like Simeon, began to praise God, proclaiming that Jesus would be the redemption of Israel.

After this story, we hear no more about either Simeon or Anna. We just know that following the birth of Jesus, there were these two faithful, older people, filled with God’s grace, who had been given the wisdom to recognize and proclaim God’s great gift to the world.

Our home is named after Saint Simeon and our Chapel bears the name of Saint Anna. We are reminded that just as God fulfilled his promise to Simeon, so also we wait, trusting in God’s promises made in Jesus. And like Saint Anna, our Chapel is open day and night for all to worship, pray, or just sit and be with God.

God’s Peace be with you,
Fr. Bill+
It is a pleasure to work with Linda whatever the situation might be. She is always positive and upbeat and gives her all to whatever she is doing. She truly brings out the best in me. I admire her dedication to whatever she is doing. Example: As the Breast Care Awareness Committee was preparing all the festivities of Breast Cancer Awareness Week, Linda knew she would be unable to be here on some days; however she met with me ahead of time and made sure that everything she was responsible for was completed and available. In addition, she wanted the staff to benefit from and enjoy the weeklong activities so much that she brought all the give-a-ways for the Employee Inservice that took place that week out of her own pocket and made 150 cupcakes! To me she is a very caring person, always thinking of others, whether it is a resident or co-worker. I certainly feel that she is one of those people who will go far beyond what is expected or required, just because of who she is.

Linda says, “One of my favorite things about working here is volunteering in the Wellness Center and helping residents in our 90 degree, saltwater pool. It is awesome that someone who can no longer really move their limbs, and sits for almost 16 hours a day, can get in the pool with someone like me standing behind to hold them, and after a while, begin to move their arms or legs. It is like witnessing a miracle!”

“I have a daughter who is a waitress, and she has four children. My son is manager of Home Depot in Owasso, and he also has four children. I also have three great-grandbabies. I live with my son, and the most interesting thing in our home is that we have over 150 orchids. I water them when he’s out of town, and it’s exciting when one blooms. My favorite is the Ghost Orchid, which is white and very rare. Sometimes when an unusual orchid is discovered, people will dig up all they can and then burn the whole area, making them rare and of higher value.”

“In my spare time I participate in the water aerobics program Saint Simeon’s has for the employees. I also attend Victory Christian Center and have taught Bible Study Classes there. I like to read, mostly educational books, medical or self-help therapy. Once I wrote a poem, The Ocean, which was published in a book. On TV, I like to watch “American Idol” and “So You Think You Can Dance”. Several of the residents also watch those shows and we talk about them. I have a tabby cat named Tigger and a miniature Doberman Pincher named Rusty. I’d give the cat away if anyone would take him because he eats the orchids, buds and all, and throws up!”

When I retire I would like to volunteer with the Tulsa Literacy Program. I used to read to two-year-olds at a pre-school. They couldn’t really talk yet but they could hold up a book and say, ‘Read, read!’ ‘I’d even read to the babies when the other children went out to recess.”

“Also, one day I would like to go on a cruise with one of my granddaughters. I want to go to the Bahamas, and my granddaughter wants to go on a Disney Cruise. Maybe we can do both – I like Mickey Mouse too!”
Saint Simeon’s is pleased to announce the addition of Lowell Faulkenberry, Dorian Kurin, David Downing and Hal Salisbury to the Board of Trustees for the Saint Simeon’s Home. Saint Simeon’s is also proud to welcome Marcia MacLeod to the Board of Trustees for the Saint Simeon’s Foundation. Each new member has pledged to serve a 3-year term, effective January 1, 2012.

For more information about these outstanding individuals please visit www.saintsimeons.org / About Our Home / Our Board.

Saint Simeon’s Announces New Trustees

Linda Smith, Certified Nurse Aide II in Assisted Living, is our latest Kris’s Caring Champion. This was her nomination:

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Getting to Know - Linda Smith

Now that we’re truly into winter, only the most hardy are venturing outside. That makes for a great opportunity to enjoy our two aviaries, located in our Ice Cream Parlor and Memory Center. For those finches and doves living in the aviaries, it is always spring and they are busy building their nests, laying eggs, and raising their chicks. For the first time in all the years we have had the aviaries, both currently have a pair of Gouldian Finches. This variety is slow to breed in an aviary but we asked Living Design (out of South Dakota) to bring us some on their recent quarterly visit because they are arguably the most beautiful of all finches. In their native land of Australia, Gouldians are becoming quite rare in the wild. As few as 2,500 individual birds may now survive. Though both the male and female display a rainbow of colors, they are easy to tell apart because the male’s color is quite brilliant and the female’s color is more subtle.

And what are those Blooming Bushes? November and December are not typically when you expect to see anything actually blooming in Oklahoma, so there have been a number of questions about the bushes which have been blooming with white flowers located in front of the Dotson Family Assisted Living Center. They are a new variety of cold hardy Camellias, and ours are named Snow Flurry. Up until now Camellias could only survive further south because of our cold winters, but we expect these to grace our landscape for many years to come.

ROOTS n’ Shoots n’ Critters written by Kathy Hinkle

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The Chaplain’s Chat by Fr. Bill Holly

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Day of Remembrance

Saint Simeon’s Day of Remembrance Celebration

Tuesday, January 31st, 2012
1:30 p.m.
The Common Room at Saint Simeon’s

Please join us as we celebrate the memory of all Residents who have departed since our last celebration in November 2010. Our service includes music, prayer & recollections. Memory Books from past years will be on display, as well as the pages for these Residents listed below:

- Lois Decker
- Ray Adler
- Wilma Williams
- Joseph Dvostep
- Patricia Hays
- Betty Grider
- Frank Bolch
- Phyllis Rick
- Lyle Barnes
- Barbara Kelham
- Minerva Thomas
- James Hewgley
- Frank Getchell
- Fran Lazar
- Billie Jean Morton
- Norma White
- Carl Drew
- John Stuart
- Helene Bust
- Dottie Clary
- Jerry Ledbetter
- Simone
- Katherine Bolch
- Tillie Schneider
- Fredna Wince
- Jim Murphree
- Velma Villines
- Juanita Jones
- Rosalind Banks
- Ruth Anderson
- Ocey Pack
- R. L. Harris
- Georgiana Seay
- Sue Smith
- Nancy Taylor
- Rebecca Stephens
- Ethel Saunders
- Joe Glass
- Bruce Clary
- Liz Ledbetter
- Jane Wykoff-Evans
- Dr. Charles Neer
- Richard Biedermann
- Olinda Intemann
- Loretta McKenzie
- Roy Spatz
- Laurie Griffin
- Buddy LaFortune
- Lucy Thomas
- Deane Griffeth
- Homer Hanson
- Jean Kleemier
- Rosemary Peyton
- John McMclerom
- Shirley Taggart
- Carla Lund
- Elinor Curlee
- Pauline Hurlburt
- Patricia Green
- David Griffith
- Reva Butcher
- Seleta Daniel
- Jack Dinsmore
- Jack Scott
- Bob Kingsley
- Skilly Forsman
- Jack Williamson
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**Morrison Announces:**

**Thursday, January 19th**

**“Top That Cereal!”**

Enjoy a full cereal bar featuring hot and cold cereals, such as oatmeal, Cream of Wheat, grits, and an assortment of whole grain cereals. Top your cereal with honey, brown sugar, raisins, dried cranberries, peaches, apples, pears, almonds, walnuts, maple syrup, granola clusters and blueberries.

This meal will kickoff our resident wellness initiative: “Eat Well in 2012”

Every month, we will feature a new theme that gives Residents heart healthy options to order from the menu.

**January BIRTHDAYS:**

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<td>1/1</td>
<td>Patricia Fowler</td>
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<td>Elmina Iseley</td>
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<td>Paul Sotang</td>
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<td>Adele Garren</td>
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<td>Duke Iseley</td>
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<td>Ruth Matlock</td>
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<td>Grace Bakamjian</td>
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<td>1/11</td>
<td>Lillian Drvostep</td>
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<td>Colleen McKee</td>
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<td>Mark Kachigian</td>
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<td>Bishop William Cox</td>
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<td>Bernice Fields</td>
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<td>Jim Dempster</td>
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<td>Walter Morris</td>
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<td>Loretta Dewey</td>
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On December 5th, Resident Art Rubin celebrated his 90th birthday. Pictured above opening gifts, he is holding a picture of himself as a young boy with his pet goose.

**Would you like to sign up to receive the Quill by e-newsletter?**

Email kimberly.earickson@gmail.com

Receiving the Quill by email is faster and reduces postage costs to Saint Simeon’s! If you don’t have email, we will gladly continue to mail the Quill to you.

We Remember

in Our Prayers

Robert Kingsley
Shirley Taggart
Jack Williamson

Those Who Have Graduated from this Life

**January Resident Council Meetings**

**Monthly Resident Council meetings are held for each living area. Residents & family members learn about upcoming events, and also have the opportunity to share their thoughts.**

**Health Care Center**

Thurs, 1/19, 10:30 a.m., Garden View Dining

**Dotson Family Assisted Living Center**

Tues, 1/31, 10:30 a.m., Deisenroth Bistro

**Memory Center**

Thurs, 1/26, 3 p.m., Home 6

**D-Hall Assisted Living**

Tues, 1/24, 1:15 p.m., Common Room

**LANDSCAPE COMMITTEE**

**Next Meeting:**

Saturday, January 7th

10:30 a.m.

Smith Conference Center

Committee Chairs:

JoAnna Newman & Kathy Hinkle

**Important News & Information**

**Miscellany**

written by Kathy Hinkle

Residents Bob Snow
We hope that the Residents and Auxiliary members have enjoyed our speakers so far this year. Congressman John Sullivan hosted a Town Hall here in August and Todd Lassigne, Executive Director of the Oklahoma Centennial Botanical Garden, spoke to us in November. In January, we have another interesting program and it is something several members of our Saint Simeon’s family have been involved with – the Oklahoma Senior Olympics. Also called the Oklahoma Senior Games, their mission is “to motivate seniors to lead a healthy lifestyle”. They provide quality athletic competitions, creative arts, fitness and recreation experiences for adults 50+ throughout Oklahoma. In even numbered years, they also qualify athletes to compete in the Summer National Senior Games (The Senior Olympics).

Come and learn more about this wonderful program and help recognize our Residents who have participated. Dr. Mary Nole, Ph.D., our enthusiastic Wellness Director, will also share exciting things in our own Wellness Program.

Please join us on January 10th!

If you have suggestions for programs or speakers please contact:
Kathy Hinkle (918) 794-1946
KHinkle@SaintSimeons.org