TUESDAY, SEPTEMBER 13

6 to 9 P.M.  BONANZAZ WESTERN DAYS 2011
BASH

CENTRAL PARK HALL AT EXPO SQUARE

The World's Greatest Auction & Dinner

benefitting the Residents and families of Saint Simeon's

You say it’s a great cause AND I get to wear my boots and hat? I’ I’ll be there!

For information about sponsorships, reservations, live and silent auction items, and volunteering, please contact the Head Honcho at the Ranch:

⭐ Stephen Mason  918-794-1937  smason@saintsimeons.org

VOLUNTEERS NEEDED

Thursday, September 8

Western Days Games & Fun

10:00 a.m. in the Common Room
1:30 p.m. in the Memory Center

Please contact Chris Grusczek if you would like to help!

918-794-1904 or cgruzeczki@saintsimeons.org
Doris Wells was selected as our latest Kris’s Caring Champion. Her Manager, Gina Sides, had this to say about her:

Recently, another employee left her full-time position at Saint Simeon’s to teach at Tulsa Tech. Doris Wells then had the sole responsibility of completing the 38 page Multiple Data Set (MDS) Assessment on each resident in both the Health Care Center (HCC) and Memory Center (MC). This, in itself, is quite a challenge. However, Doris has done such over the past few months, even when facing multiple family tragedies. Despite being up many nights caring for family members, Doris still came in (sometimes after hours) to ensure that Saint Simeon’s remained in compliance with MDS guidelines. She is so willing and reliable that it puts most of the rest of us to shame! We rely heavily on her expertise and knowledge. Her job is not one that others can step in and do without the proper training. Doris, you are a valued employee who demonstrates why Saint Simeon’s excels above the rest. I would personally like to thank you for your incomparable dedication.

And here is Doris’s story, in her own words:

“I am the fourth child of 13 children. The third daughter, special I know, because I was named for my mother, Doris Golden. My father, John Golden, worked for and retired from TWA. And yes, we made use of those free airline tickets. God blessed me with two wonderful children. Aaron, who is the oldest, lives in Lancaster, Texas. He teaches and coaches high school football and wrestling. He will be getting married in June, and I will be off again, this time taking a train ride to Texas. Seven years younger is Amii, and she is a mama’s girl. I don’t think a day goes by that we do not talk to each other, even though she is the busy mother of 5 beautiful children.”

“My oldest grandchild is Darrell, a handsome 15 year old, then Dadrian, who is my teddy bear. Next is Dachaunti, my cutie, and then Phillip Keith Wright Jr., who loves his entire name. Last but not least there is the baby of the bunch, who is known by Jamiia. When you take away the j and the last a - you can see she has her mother’s name.”

“I lost my mother, one of my sisters (driving home after the funeral), and my husband, John Wells, this past year.”

“John and I had retired on 10 acres and he had my country home custom made to fit my design while I went to a family reunion. This city girl learned how to feed the cows and horses and whatever else came into the yard. John made my life so wonderful, up until the day he died. When he could no longer work and travel I had to find something else to do with my time which lead me to Saint Simeon’s. Retirement had already caused me to learn something new (becoming a CNA), because there isn’t much to do sitting in the middle of Checotah, OK. I mean, there is only so much cleaning one can do when there are only two people in the home, and John could cook, clean and do laundry much better than I could. He always called me a career woman not a housewife.”

Continued on next page
Doris Wells - continued

“Ten years ago I came to Saint Simeon’s, not intending to stay very long (that was my mind set at the time). I just needed something to do for the moment. Now my mind set is that I will be here until they run me off. I love my job! It probably does more for me than I do for the job. I get to meet some very interesting people and learn much more than I would in any other type of job. And most of all I get a sense of really doing something for people who have served and are now in need of our service. This is an ongoing job, beginning with the very first assessment that has to be done by day 14 after a new resident arrives, and quarterly thereafter unless there is a significant change that takes place. And, yes, there are timelines that have to be maintained to keep us within state regulations. Please understand that these assessments are blueprints used to profile workable care plans that assist in providing the resident with the highest quality of continuous care for the time they spend with us.”

“This is by no means a one person effort. Many, many people are involved in the process. Actually everyone that has any contact with the resident is part of the process, for I have to go to the people that do hands-on care to find out about the resident before I can compile any information. And on that note, let me say that I truly appreciate all those people who I impose upon while trying to do my job: the CNAs that I stop at any given moment, and they are always ready and willing to help in any way; the CNAs I impose upon when I have a medical question; the nurses who never grumble when I stop them to get information or when I have a question; Dietary (Stephanie) who helps keep me on track on both units; and, Life Enrichment staff in all areas, that so graciously work together doing what needs to be done to keep the assessments on time. I do not want to forget the Unit Clerks, who always greet me with a smile and loving attitude; and then there is Brenda Read, in the Administrative Office, whose job it is to keep up with all the resident’s transitions and initiates all assessments. I appreciate everything you all do!”

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**We have a WINNING NAME for our newest feature in the Quill of the Hill newsletter:**

**ANGUILLA ROSTRATA**

Behold the wolf eel!
What an incredulous creature.

His inert body and curious head eyes staring mouth agape, with a wide grin; Like an old man resting.

All seven feet a throwback. One worthy trait: He is a mate for life.

His home now a sunken pipe at the bottom of an aquarium tank.

- J.T.F.

**Do you have some Miscellany to share?**

Email kearickson@saintsimeons.org.
We are delighted to welcome back to public viewing two of our Clayton Coss Chainsaw sculptures. On August 18th, they were installed in the Garden by the Chapel. For long-time friends of Saint Simeon’s you will recognize the seated girl holding a rabbit on her lap from when it stood for many years in front of the entrance into the old Assisted Living building. Standing nearby is a sculpture of two bears climbing a tree. This sculpture is really coming home because the tree they are carved climbing was actually growing in that location before it was broken off in a storm.

Thank you to Tommy Williams, newest member of the Saint Simeon’s Auxiliary Landscape Committee, for making this happen! Both of these sculptures needed some tender loving care (repairs) before they were ready to return to public viewing and Tommy did an amazing job. He then mounted them on a wooden base which sits on concrete blocks and treated the wood to prevent further deterioration. At the same time he also treated the Clayton Coss sculpture of the Simones, which is located outside the Ice Cream Parlor. He is taking on the yearly treatment of these sculptures as a volunteer project and we will be able to enjoy them for many years to come.

And now for the rest of the story. There were actually two trees by the Chapel broken off in that storm. One snapped off near the ground and that became a raccoon poking his head out of the trunk. The bears and raccoon stood there for several years. The raccoon sculpture was so much smaller that there was just too much damage to restore it.

Saint Simeon’s had a contest to name the two bears and raccoon. Everyone entered - employees, residents, and family members. But the person who brilliantly won was resident, Sallie Engleson (long since passed on) who had so enjoyed watching Clayton Coss actually perform his magic with a chainsaw.

Here is what Sallie said in her entry, “The two bears and raccoon are guarding Saint Anna’s Chapel so they should have Biblical names. But I can tell that they also would appreciate having nicknames. I think the bears should be called Ezekiel and Zachariah and the raccoon, Jeremiah. Zeke, Zack and Jerry.” And so they were.
New Faces on the Life Enrichment Team

The Life Enrichment Department is very excited to have two new members! Alisha LeFlore and Patricia Lyons have joined Sherri James in providing a fun and stimulating activity program for the Residents of the Memory Center. Their enthusiasm, creativity and energy are great assets to our team.

All of the Life Enrichment Activity Staff will continue rotating through each area of the Home on their scheduled weekends, so expect to see Alisha and Patricia in the Health Care Center and the Assisted Living areas, as well as the Memory Center. Of course, you will also see Teresa Reno, Becky Ashwill and Cheri Richardson spending time in the Memory Center.

As usual, we welcome family and friends to join the fun at all activities throughout the Saint Simeon’s community!

Even a big, floppy hat and oversized glasses can’t hide the smile on Patricia Lyons’ face. She is pictured here on “Clown Day”.

The next meeting of the Saint Simeon’s Auxiliary is 5 p.m., Tuesday, September 20

PLEASE NOTE: This has changed from the original meeting date of September 13 to allow volunteers to assist with Western Days!

Auxiliary meetings are open to anyone who would like to attend!

Interested in joining? Contact Trudy Williams at (918) 369-0472.
Dear Residents, Families, and Friends of Saint Simeon’s,

This month, we mark the 10th anniversary of the September 11, 2001 terrorist attacks upon our nation. Like the assassination of John F. Kennedy, people will never forget where they were when they heard the news. It is an event, like Pearl Harbor, that is seared into our national collective memory. There are certain to be many remembrances, many broadcast tributes, and a lot of re-broadcast footage and audio of that day and the aftermath that will fill our airwaves and media. We will, again, be in touch with our intense feelings of anguish, loss, perhaps some despair, and most certainly anger and fear.

Perhaps, our most important and difficult spiritual task in this life is to deal with fear. It pervades our lives so fully that it can be found as the source of most of our negative emotional reactions. I believe that when we find ourselves angry, judgmental, depressed, indignant, irritated, stressed, powerless, worthless, or a host of other negative expressions in our lives, we can trace that back to fear. Fear eats away our confidence, our patience, our common sense, calm, peace, joy, and most importantly, faith.

Perhaps you remember the story of Jesus walking on the water toward the disciples who were in a boat. It was stormy and the water was rough. The disciples at first thought Jesus was a ghost – because he was walking on water. Jesus reassures them that it is he. Peter asks if he can walk on the water to meet Jesus, and Jesus tells him to come. Peter steps out in faith and finds that, indeed he is walking on the water. However, as he starts to place his attention on the roughness of the water and storm, he becomes afraid and begins to sink! Peter cries out in fear and Jesus grabs him by the hand, pulls him up, and helps him into the boat. Peter had let his fear overcome his faith.

How many times in your life has fear kept you from being fully who you were called to be and doing what you have been called to do? How many times has fear led you to all those negative expressions mentioned above? In my life, too many times for me to count! Franklin D. Roosevelt was absolutely correct in saying, “the only thing we have to fear is fear itself.”

As we experience the 10th Anniversary of the September 11, 2001 terror attacks, may we bear in mind the truth about fear. The purpose of terrorism is to make people afraid. If we refuse to be afraid, we are truly fighting and defeating terrorism. If we allow ourselves to succumb to fear, then like Peter, we lose the power of faith to keep us above the rough waters, and will only sink into – our fear.

God’s Blessings to you,
Fr. Bill Holly +
Have YOU signed up for the Quill E-Newsletter?

Email distribution of the Quill saves Saint Simeon’s up to 50 cents per household!

1. Enjoy the Quill in COLOR!
2. Receive FASTER delivery!
3. YOU will help Saint Simeon’s reduce printing and postage expenses! (Don’t have email or internet? We will gladly continue to mail the Quill to you).

To change your Quill subscription to “E-Newsletter”, email: kearickson@saintsimeons.org

September 2011 Resident Council Meetings

Monthly Resident Council meetings are held for each living area. Residents and their family members learn about upcoming events, ask questions, or express concerns about their care and life at Saint Simeon’s.

Health Care Center
Thurs., September 22, 10:30 a.m.
Garden View Dining Room

Dotson Family Assisted Living Center
Tues., September 27, 10:30 a.m.
Deisenroth Bistro

Memory Center
Thurs., September 29, 3 p.m.
Home 6

D-Hall Assisted Living
Tues., September 27, 1:30 p.m.
Common Room

We Remember in Our Prayers

Ocey Pack
Georgiana Seay
Nancy Taylor

Those Who Have Departed from this Life

Elizabeth Gowans
Clifford “Red” Rogers
Ethel Saunders
Paul Sontag
Lucille Sund

welcome! to those who have joined our family

September BIRTHDAYS

9/5 Joyce Bizjack
9/10 Evelyn Williams
9/14 Mildred Brown
9/14 Rosemary Peyton
9/16 Frances Shields
9/18 Patsy Meyners
9/28 Lucy Thomas
Morrison Dining Announcements

SEPTEMBER 22ND
~ PASTA BAR ~
Mix and Match your favorite pastas and sauces with a choice of meats, shrimp and vegetables

OCTOBER 27TH
~ FINE DINING NIGHT ~
DEISENROTH BISTRO

Fine Dining for September 29th filled up quick!
Please make reservations for October early.
(918) 794-1927
or (918) 425-3583, ext. 227

Special Thanks to Steve Priteo, President of the Oklahoma Pigeon Breeders Association! Mr. Priteo gave us our original two black fantail pigeons. He also, along with OPBA, assisted in getting the additional four pigeons that recently joined the Saint Simeon’s wildlife family.

Friends of the Animals Committee members (l-r) Marie Millar, Bud Martin and Father Bob Evans hold the newest pigeons.
Photo by Mary Dotson.