Help us welcome Summer at Saint Simeon's!

1st Annual Hawaiian Luau & Swim Party 2011

Wednesday, June 22
3:00 p.m. - Pool Party begins
3:30 p.m. - Cocktail Hour on Pool Deck
3:30 - 4:30 Music by “Something Steel”
Luau Dinner to follow
on Valley View Patio & Courtyard

Kids, grand-kids and great-grandkids are encouraged to join the fun!
And don’t forget your Hawaiian shirt!

Please RSVP early!
(918) 794-1903

Residents, Family Members & Guests are Invited!
Welcome to Auxiliary News:

The committees are going strong and I would like to welcome everyone to participate. If you would like to have further details about any committee or participation, please give me a call anytime at (918) 369-0472. We have fun with animals, plants and people with our projects.

At a recent meeting of the Board of Managers it was decided it would be best to cancel the summer meetings; therefore the June and July meetings will be cancelled. After a great deal of deliberation it was deemed that the many activities required from all of us during the summer months made cancellation appropriate. I will call a regular meeting as planned in August so we can print our directory and catch up on fall activities.

There will still be plenty of activity going on for the residents of Saint Simeon’s this summer, so give me a call anytime and sign up for a fun committee!

Have a great summer,

Trudy Williams
Auxiliary President

Attention Readers

The Quill on the Hill will soon have a special new feature to enjoy, and we need your help!

- This feature needs a name! What should we call this? Getting to Know is our employee interview, Roots N’Shoots N’Critters is our landscaping / animal update, and the Chaplain’s Chat is...well, the Chaplain’s Chat! Get the idea?
- Send us your stuff! Submit your creative writing, short story, poem, joke or...drawing. We can’t wait to see what you send us, and our only request is that everyone “keep it clean”. This is a family publication!

So get those creative juices flowing! And for inspiration, please enjoy this “doodle” created and submitted by our own Stephen Mason, Executive Director of the Foundation.

Send name suggestions and feature submissions to kearickson@saintsimeons.org
Last month we talked about the beauty of the many trees here at Saint Simeon’s. In particular all the new trees generous donors are sponsoring (still a few left if you are interested) lining the drive through the grounds. Did you notice that royalty also appreciates what has been created here? Prince William and Kate Middleton had no less than eight 20-foot-tall trees brought in to line the aisle of 900-year-old Westminster Abbey for their wedding watched around the world. The effect was a living avenue of trees with a leafy canopy. There were six 15 years-old English Field Maples and two Hornbeams. This particular maple is used to make harps and its distinctive leaf is carved into many cathedrals in England. The Hornbeams are the hardest wood of all trees and symbolize resilience. All the trees were planted in specially painted wooden tubs that matched the worn stone of the pillars. After the service, they were then transplanted to Prince Charles’s County home. Trees in churches for weddings – will this become a new trend and what would Father Holly think about them in our Saint Anna’s Chapel?

After a few setbacks, we are finally seeing several of our peahens successful nesting on eggs. The first nest produced five peachicks in the Gazebo Courtyard. Mother and chicks are doing fine thanks to our own Saint Simenon’s “Navy SEALs”.

We discovered who was eating the eggs – a mother opossum with nine babies of her own! She apparently had been living somewhere in the courtyard (bush or tree) as these little babies grew from pea size in her pouch. Remember your biology class and marsupials? As the babies got bigger, she was being sighted with them clinging to her virtually every morning so we knew she had to live close by. Then came a downpour and she and the babies got soaking wet and you can imagine how much nine soaking wet babies (dare I say it – the size of big rats) weigh hanging on to you. Mother opossum was slowed down enough that the combination of a team dispatched to the roof to prevent her escaping by that route and a team on the ground cornered her and she was hoisted into a big barrel. The babies all fell off but were promptly caught and they all now live far, far away.

Just another day in the life of Saint Simeon’s…
Dear Residents, Families, and Friends of Saint Simeon’s,

I thought I would pass along to you excerpts from the report I gave to our Board of Trustees in May:

For at least 10 years, Ruth N. Anderson and her husband, Gene, were the Chapel Altar Guild. They took care of setting up for services, cleaning and ironing linens used, trimming candles, polishing silver and brass, washing vestments, and the numerous other details associated with Chapel services. When Gene’s health failed, and after his death, Ruth did all these things herself. In January of this year, Ruth gladly passed from this life to the joyfulness that was awaiting her! Now I wash and iron linens, and do all those tasks mentioned above. Once, while I was struggling with ironing a linen, I could have sworn I heard a snicker back in the sacristy … probably just the wind or my imagination.

This Easter, a beautiful frontlet (altar hanging) was donated by Kevin Anderson, Patricia Deisenroth, Marie Millar, and Pat Perrin in Ruth’s memory. It is white for the Easter season and has a gorgeous gold cross intertwined with vines, wheat and a grape cluster. The material for the frontlet is silk damask in the agnus dei (lamb of God) design. It is a wonderful tribute to the glorious service she was so honored to give.

Here are some highlights of Chaplaincy program and activities since November 24, 2011:

♦ **Worship Services:** Holy Communion is celebrated four times each week: twice on Sunday and twice on Wednesday. Morning Prayer is offered each Tuesday morning in the HealthCare Center. Some interesting figures: From November 24, 2010 through May 4, 2011, we have had 127 services with a total of 2,954 in attendance. For the 24 weeks of this period we have averaged 123 in attendance each week. This, of course, included special occasions such as Memorial Services, Thanksgiving, Christmas, and Holy Week services. Every Christmas and Easter, the Episcopal churches and institutions of the Tulsa Region place an ad in the religion section of the Tulsa World on the prior Saturday, noting service times. The services of the Chapel of Saint Anna at Saint Simeon’s Episcopal Home are always listed!

♦ **Music at the Chapel:** We continue to enjoy the talents of Jeanette Maxfield as our Sunday organist. She often brings vocal and instrumental soloists to play. In addition, she plays at most of the Memorial Services conducted in the Chapel, but we’ve also been blessed to have Karen Stanhope step in as a soloist and pianist at some of these.
I play guitar for services in the Memory Center, as well as the weekly Morning Prayer service in the HealthCare Center.

♦ **Bible Study:** There are three offerings each week: Tuesday – 2:30 p.m. in the Common Room and 3:30 p.m. in the Skyview dining room and Thursday at 10:30 a.m. in the Memory Center. There are usually 6 – 12 attending in the Common Room, 10 – 12 in the Skyview dining room, and the Memory Center group usually ranges from 15 – 20.

♦ **The Circle:** This is a time of scripture reading, reflection, and prayer for employees who wish to participate. I am in the initial stages of this program, and am still trying to find the best days for it. Generally, the meeting times once each week are 6:00 a.m. (before first shift), 7:00 a.m. (after third shift) and 2:00 pm (before second shift). Look for more info in the November report!

♦ **Employee Benevolent Fund:** Through the generosity of contributors and with the assistance of the Episcopal Diocese of Oklahoma, a discretionary account has been established which allows me to provide assistance to employees that experience an emergency need. This fund is separate from Saint Simeon’s Episcopal Home and is administered by me under the direction of the Comptroller of the Episcopal Diocese of Oklahoma. Since November of 2010, this fund has provided $1,150 in assistance to employees in need. The fund is close to being exhausted at this time, and contributions are joyfully accepted. *Should you wish to make a contribution*, checks should be made payable to The Episcopal Diocese of Oklahoma, noting “Saint Simeon’s Chaplain Discretionary fund” in the memo space. If you wish, you can send checks to me here at Saint Simeon’s and I will forward them to the Diocese, or you can send them directly to:

**Episcopal Diocese of Oklahoma**
**Office of the Comptroller**
**924 N. Robinson**
**Oklahoma City, OK 73102**

God’s Blessings to you,
Fr. Bill+

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**We Remember in Our Prayers**
Ray Adler
Helene Blust
Carl Drew
Joseph Dvrostep
Betty Grider
James Hewgley
Barbara Kelham
Frances Lazar
Phyllis Rick

**Those Who Have**
**Departed from this Life**
Dale Shannon, LPN/Clinical Resource Nurse, was recently recognized as Kris’s Caring Champion – the highest recognition we have for our employees. This is what was said about her:

Kudos to Dale! During the State Survey for Assisted Living, most of the Administration Team was in OKC at a Conference when our “guests” arrived. Dale took on the challenge and assisted with the survey in a huge way. She knew the residents and could answer all of the surveyor’s questions. She was so impressive; Assisted Living’s survey resulted in zero deficiencies. Way to go, Dale. The next survey is yours, too!

Dale is one of those invaluable nurses in the building from 6:30pm to 7:00am. She is one of two Clinical Resource Nurses (CRN), and provides support to the unit Charge Nurses. She makes rounds throughout the facility, checking in with the Staff and Agency Sitters. If there should ever be an emergency overnight, Dale would assist in leading the response. She also assists in Staff Education to improve resident care, and ensures that the Night Shift staff have their required in-service hours.

Dale says, “I came to Saint Simeon’s in 2007. I am one of several employees who came here from Hillcrest Hospital, where I had worked for 21 years. I was born in Tulsa at Hillcrest Hospital, where I was adopted as a newborn. My mother, Maxine Shannon, was a housewife until I was a teenager, and then went back to work in sales at Froug’s in Eastgate Shopping Center. My dad, Dale Shannon, was a salesman with Cook Paint and Varnish for 42 years. I attended McKinley Elementary, Bell Junior High and Rogers High School, where I got married my during my junior year. I moved to Germany with my husband at the time, who was in the army. My oldest son, Chris, was born in Nuremburg. Chris is now married and has two sons, Jake and Jared, and he is a linesman with the Skiatook Electric Department.

After living in Germany, I returned to Tulsa and went back to Rogers High School where I graduated. My other son, Keith, is a cabinet maker and has two little girls, Cheyanne and Whitney. Keith and his children live with me. We are in a little remodeled horse barn on five acres, and have lived there for seven years. It literally has two rooms with a lean, but we have made it quite livable.

I have one dog, Sophie Rose, who is a labradoodle. My granddaughters have Lily Jane, who is part blue heeler. The granddaughters also have two horses named Salty and Angel, and they are learning how to barrel race. My grandsons show sheep and I attend as many shows as I can when I’m not working. I like to sew, and especially enjoy quilting and making school clothes for the girls. I like working in the yard, mowing and planting flowers. I’m trying to get over my fear of snakes so I can have a vegetable garden next year.

I was a member of the Tulsa Figure Skating club and won gold and silver medals in competition. There is a resident here who was also an ice skater and went on to tour with the Ice Capades. We used to talk about those days and it always made her happy. Her family brought her a DVD of Scott Hamilton figure skating and she still enjoys watching it and smiles whenever we put it on. I was actually on Wide World of Sports one time. This was before computers, so I had to actually skate up to the judges for my score.

I always wanted a profession where I could provide compassionate care and I really never thought about being anything else but a nurse. I enjoy the Geriatric part of nursing. Most of all, I like being able to improve someone’s life, especially at the end of their life. I have found that opportunity here at Saint Simeon’s and feel blessed to be here.”
Life Enrichment has a Wish List
The Life Enrichment Department needs the following items to enhance Resident activities:
- Vocopro (or other brand) Karaoke machine
- Adjustable Easels—for crosswords and trivia games
- 4’ Samsonite Folding Tables—for table games and crafts
- Wii Controllers—to allow more participation in Wii games
- A set of cookware (particularly pots and pans) for culinary projects
- 3 Portable PA systems with wireless mikes (such as the Hisonic HS120B) for group activities

If you are looking for a special way to honor a loved one, this might be the perfect opportunity!

Please check with Teresa Reno at (918) 794-1932 to see which wishes are still waiting to be fulfilled.

Have YOU signed up for the Quill E-Newsletter?
Email distribution of the Quill saves Saint Simeon’s up to 50 cents per household!
1. Enjoy the Quill in COLOR!
2. Receive FASTER delivery!
3. YOU will help Saint Simeon’s reduce printing and postage expenses! (Don’t have email or internet? We will gladly continue to mail the Quill to you).

To change your Quill subscription to “E-Newsletter”, email: kearickson@saintsimeons.org

June 2011 Resident Council Meetings
Monthly Resident Council meetings are held for each living area. Residents and their family members learn about upcoming events, ask questions, or express concerns about their care and life at Saint Simeon’s.

Health Care Center
Thurs., June 23, 10:30 a.m.
Garden View Dining Room

Dotson Family Assisted Living Center
Tues., June 28, 10:30 a.m.
Deisenroth Bistro

Memory Center
Thurs., June 30, 2:30 p.m.
Home 6

D-Hall Assisted Living
Tues., June 28, 1:30 p.m.
Common Room
The Wellness Center is Resuming Family Swim for the Summer!

Saturday mornings
9 a.m. to Noon
Beginning June 4th

Morrison Dining
Upcoming Events in June

June 9th
Breakfast of Champions
A special Resident breakfast, featuring Omelets made to order.

June 16th
Farmer’s Market
Our annual Farmer’s Market is back and will feature local produce for sale to residents, staff and friends of Saint Simeon’s. As in the past, all proceeds will go towards the Resident Vegetable Garden.

welcome!
to those who have joined our family

Charles Kingsley
Patricia Lohman
Rosemary Peyton
Manny & Patricia Romero
Georgiana Seay