The Education Committee Invites You to Attend

ERIC MADDOX

Monday, May 9th, 2011
1:00 p.m.
Common Room
Saint Simeon’s

Native Oklahoman Eric Maddox was awarded the DIA Director’s Award, the Legion of Merit, the Bronze Star, and the National Intelligence Medal of Achievement for his key role in the 2003 capture of Saddam Hussein.

This event is free -
however we do request an RSVP if you plan to attend

Please RSVP by May 6th
Kimberly Earickson
(918) 794-1945
All Residents, Families & Friends are Invited!

Ice Cream Social
& Tulsa Community Band Concert
Thursday, May 26th at 7 p.m.
Administrative Courtyard
at Saint Simeon’s

Do you know a high schooler who needs volunteer hours this summer?

Life Enrichment is looking for students who would like to be a “pal” to Residents in our Memory Center.

Volunteers can do crafts, play games, take Residents to the Ice Cream Parlor or just chat.

They will have the opportunity to meet some very special elders while learning about long term care and earning the volunteer hours they need to graduate.

For more information contact Chris at (918) 794-1904 or email at cgruszeczki@saintsimeons.org.
Roots n’ Shoots n’ Critters by Kathy Hinkle

It’s all about TREES!

Often folks driving into Saint Simeon’s for the first time will comment on the beauty of the grounds. When asked what most impressed them, they will mention the many trees inside and outside the fence. Though much attention is appropriately given to maintaining the lawn, seasonal bedding plants, and ornamental trees and shrubs, it is our many mature native trees which are the centerpiece of our beautiful natural setting.

Of course trees do far more than just look good. They shade people and buildings in the summer, provide homes for wildlife (after all, we are a Wildlife Habitat) and improve the air environment. Over the years we’ve lost a number of trees. Some reached the end of their natural life span and others were not able to survive recent ice storms.

But now, thanks to families who responded to our campaign to sponsor trees, as well as other generous donors, Saint Simeon’s recently had almost one hundred beautiful trees added to the property!

And these trees are truly an investment in the future because most of them are Oaks. They will be here years after many of us are gone. Our resident squirrel population also gives a big thumb’s up for this decision, anticipating a boom in acorns next fall. Most of the new trees lining the road as you drive around to the Dotson Family Assisted Living Center, are Shumard Red Oaks.

There are also numerous Live Oaks and Water Oaks.

As you walk into the entrance of the Dotson Center there are two unusual trees on either side of the door. These columnar-type dwarf trees are Hinoki Cypress. They are slow-growing and present a very interesting shape and texture.

Another tree now planted here is an Alta Magnolia just inside the south back yard (wrought iron fence) of the Dotson Center. This variety will fit in many spaces that other Magnolia varieties would quickly outgrow. Like other magnolias it is an evergreen (has leaves all year) and will have fragrant white flowers up to 10" across in late spring and summer.

There are many shrubs which we can talk about another time but everyone already knows about the Azaleas since there are literally hundreds of them and they arrived just in time to bloom. The variety is Renee Michelle Azaleas and they have deep pink blooms with light red spotting. They are beautiful.

Thank you to everyone who has made this possible!
Samantha “Sam” Maloney was recognized recently as a Kris’s Caring Champion. She received two nominations – one from co-workers and one from her manager.

“CMA Sam quietly took time while passing out medications to give a spa bath to a difficult resistive resident. Not only once, but two times in one week. When asked, she said, ‘Oh yes, no biggy.’ It went very well with no problems. This shows the very love and care we emphasize.”

“When the State Surveyors arrived recently, one of the first things they asked for was to have a tour in the Memory Center. Sam graciously went with them through two homes and provided the answers to whatever information they required. This is an important part of the Survey and Sam did a very professional job. She made a wonderful impression on the Surveyors and that, in turn, made Saint Simeon’s look good - thank you, Sam!”

Sam is a Certified Nurse Aide (CNA II) and Certified Medication Aide (CMA) in the Memory Center. She says, “my job is to ensure the well being of our residents. I assist them with all of their daily needs, and just as important, I make sure that they are safe, healthy, and happy. I have wonderful co-workers and Saint Simeon’s is a great place to work. I like to take care of people and that is what I do everyday. Needless to say, I love my job!

I was born in West Hills, California, which is near Malibu. If you have ever watched the reality show, “The Hills”, you know something about that world. When I was very young, my dad’s business partner and best friend died of cancer. This caused dad to really think about how he wanted to spend his life, so my mom used her knowledge as a real estate agent and found a small Oklahoma resort on Grand Lake. Dad flew out to look at it, and decided to trade-in his coat and tie for a place that was aptly named, Paradise Cove. I was six-years old when we moved, and my parents have now been happily married for 29 years, with 18 of them at Grand Lake.

I graduated from Ketchum High School and had a great time. I played several sports, most importantly on our basketball team, the Lady Warriors. I was even voted Homecoming Queen my senior year, and president of my class all four years.

When I wasn’t at school, I often worked at Paradise Cove pumping gas on our boat dock. After high school, I attended Oklahoma State University and then moved to Tulsa and started getting into nursing. I got my CMA certification at Tulsa Technology and later found an ad for Saint Simeon’s in the newspaper. I’ve been here since August 2008.

I became engaged in January and eventually we plan to live in Broken Arrow. My fiancé, Kip Short, works for Additive Systems, a company that does the welding and wiring for the contraption that is responsible for mixing ethanol in gasoline. His children (my future step-children) are Kade, his five-year old son and Emma, his eight-year old daughter. I am so happy to become a part of this family. Our lives are pretty much filled up with soccer, T-Ball, and other kid events.

In October Kip and I will be married at Cleora United Methodist Church and our reception will be at Paradise Cove. Then we are going on our honeymoon to Jamaica. From Grand Lake to the Caribbean Sea – I am really looking forward to this next adventure in my life!
Western Days 2011 will mark the 15th annual milestone of this event benefiting the Residents and families of Saint Simeon’s. Peggy and Tom Schroedter, Event Chairs, have organized volunteers for the Advisory, Patron and Steering Committees, with Phyllis and George Dotson serving as Patron Committee Chairs. The Western Days Kickoff Party and planning meeting will be held on Tuesday, May 3rd. Members of the Advisory, Patron and Steering Committees will be brainstorming ideas and making plans to ensure that “Bonanza Bash” will be the most celebrated and successful Western Days on record!

$500,000

You can Help us Reach our GOAL!

- Purchase raffle tickets for a $2,500 Utica Square shopping spree (1 for $20 or 6 for $100);
- Sell raffle tickets for the $2,500 Utica Square shopping spree;
- Donate an item or service for our silent or live auctions;
- Serve as a sponsor – sponsorships range from $50,000 to $500;
- Volunteer to serve on a working committee for the event; and,
- Attend the event on Tuesday, September 13th!

If you can help in any way or have questions, please contact the Saint Simeon’s Foundation:

Jill Thompson
Donor Relations Coordinator
(918) 794-1977
jthompson@saintsimeons.org

Stephen Mason
Executive Director
(918) 794-1937
smason@saintsimeons.org
The Chaplain’s Chat  by Fr. Bill Holly

Dear Residents, Families and Friends of Saint Simeon’s,

Some things are so funny that I have to laugh out loud! I was making up some new worship booklets for Easter and wanted to include a nice graphic. So I went to the “insert clipart” menu and did a search on “Easter”. There were many, many images to choose from – almost every one dealing with bunnies, eggs, or bunnies with eggs. I was expecting an empty tomb, perhaps, or an image of Jesus beside the tomb; maybe an angel or two talking with disciples. Nope. None of that. Just eggs and bunnies. Oh, I think there was one graphic of some lilies with three crosses in the background.

Now, this is NOT going to be a ranting about the evils of bunnies and eggs being associated with Easter. I have been known to color an egg or two with my grandson and my children before that! And I appreciate a chocolate bunny as much as the next person – maybe even a bit more. I even like to peel and eat those nice hardboiled eggs! No, I’ve got nothing against Easter eggs and Easter bunnies. It just seemed to me that somewhere in all those eggs and bunnies, there might be a little something related to why we really celebrate Easter.

The empty tomb is such a powerful image for us. There are so many things in our lives that can entomb us. There are so many ways in which parts of our selves die. The message that our Lord is so powerful, that death cannot destroy him, nor can any tomb hold him, is a message that brings us hope both for this life and the one to come. Through Christ we too are free from the power of death; we too are able to burst forth from the tomb!

If Lent is a season to take stock of our lives, and to see how some aspects of our lives imprison us in a tomb, then Easter is the season that truly does proclaim release to the captives. We do not have to accept our tombs. We can be free in Christ to walk right out of them.

It’s the Easter season! Realize that the empty tomb of Christ proclaims not only Christ’s freedom, it proclaims yours as well!

Easter Blessings to you,
Fr. Bill Holly+

We Remember in Our Prayers

Seleta Daniel  Buddy La Fortune
Catherine “Skilly” Forsman  Carla Lund
David Griffith  John McLemore
Mary “Pauline” Hurlburt  Jack Scott

Those Who Have Departed from this Life
RECEIVE THE QUILL VIA EMAIL!

Signing up for email distribution of the Quill will save Saint Simeon’s up to 50 cents per mailing - that really adds up!

1. Enjoy the Quill in COLOR!
2. Receive FASTER delivery!
3. YOU will help Saint Simeon’s reduce printing and postage expenses! (Don’t have email or internet? We will gladly continue to mail the Quill to you).

To change your Quill subscription to “E-Newsletter”, email: kearickson@saintsimeons.org

Thank you to all who have already signed up for the Quill E-Newsletter!

May 2011 Resident Council Meetings
Monthly Resident Council meetings are held for each living area. Residents and their family members learn about upcoming events, ask questions, or express concerns about their care and life at Saint Simeon’s.

Health Care Center
Thurs., May 26th, 10:30 a.m. in Garden View Dining Room

Dotson Family Assisted Living Center
Tues., May 31st, 10:30 a.m. in Deisenroth Bistro

Memory Center
Thurs., May 26th, 2:30 p.m. in Home 6

D-Hall Assisted Living
Tues., May 31st, 1:30 p.m. in Common Room

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**We're Sorry!**

In last month’s issue, we overlooked the lovely Marilyn Baker’s birthday, which was Monday, April 25th. We sure are sorry about that mistake! So if you see Marilyn, make sure you wish her a Happy Belated Birthday!

Happy Birthday!

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**MAY**

- 5/2 Jack Williamson
- 5/3 Pat Perrin
- 5/3 Gladys Scott
- 5/4 James Nichols
- 5/6 Bernice Robak
- 5/7 James Colpitt
- 5/8 Joseph Keuchel
- 5/13 Jane Fair
- 5/24 Dolores Dukes
- 5/28 Elizabeth Dinsmore
- 5/28 Vivian Lassiter
- 5/30 Fredna Wince

**BIRTHDAYS**

Ila Bright
Roberta Brockman
Sally Cordell
Carl Drew
Betty Grider
Florence Katz
Joseph Keuchel
Arlene Oliphant

**to those who have joined our family**
An Invitation to Residents & Families!

Make your Reservations for Mother’s Day Lunch at Saint Simeon’s

Please call Becky by Wednesday, May 4th (918) 794-1903

Guest Meals are $10

NEXT AUXILIARY MEETING

Tuesday, May 10th
1 p.m.
Smith Conference Center

Please make plans to attend this meeting of Saint Simeon’s Volunteer Auxiliary. This will be the first meeting under the new 2011-2012 leadership. Additionally, Life Enrichment Director Chris Gruszczki will speak to attendees about forthcoming opportunities to get involved with Resident field trips and other activities. All Auxiliary members, Residents and family members are welcome to attend, as is anyone interested in joining the Auxiliary.