

# Quill of the Hill

Volume 45

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July 2010

## ***50th Anniversary Homecoming Picnic is a Huge Success!*** ***By Bonnie Gorrell, Director of Human Resources & Homecoming Chair***

All successful events are a result of the efforts of many people. In the case of Saint Simeon's 50<sup>th</sup> Anniversary Picnic, there was an army of volunteers who met, planned and worked diligently to execute a festive and entertaining day. This 'army' was made up of Saint Simeon's Managers, Employees, Auxiliary members and several spouses.

I'd like to recognize as many of the volunteers as possible, beginning with the committee whose vision got everyone on board. They are Steve Mason, Karen Garren, Becky Ashwill, Chris Gruszczycki and Jaunise Mason. Julie Ward assisted Karen with thousands of invitations.

Those of you who attended had the option of participating in several activities, all of which required the presence of 1-2 volunteers. We really appreciate the following: Steve Mason's crew of 4 – Bayli, Nick, Ali and Maddy; Mary Nole, Janice Bowman, Melissa Gruszczycki, Ashwin Shrinivas, Brenda Read, Nicole Diggs, Brenda Haesloop, Rachel Stanhope (who, by the way, also baked for the cake walk), Sue Thompson, Mary Miller and Judy Lawson.

Tours were conducted throughout the day by Karen Stanhope and Jaunise Mason.

The food servers and grillers had a hot job but never wavered. They were: Mr. and Mrs. George Harrington, Caron Lawhorn, Robin Ballenger, Lindsay and Ron Fick, Deborah Baker, Father Bill Holly, Stuart Spencer, and Sue Slama.

Several volunteers handled the meal tickets and door prize registration. They were: Kathy Hinkle, Landon McJilton, Angelique Hampton and Jody Barclay.

Did everyone enjoy the Dog Agility demonstration? Donna Mayotte brought her own dog, Mesa, to show off his award-winning skills. Even Simone II got in the act. The miniature horses were here, thanks to Trudy and Tommy Williams.

On the entertainment side, a big thanks goes to Bruce Austin, who always does a wonderful job for us. The 'Just Gotta Dance' cloggers were a hit. This was their second appearance at Saint Simeon's.



*"Grillers," Caron Lawhorn, Sue Slama, Robin Ballenger & Stuart Spencer*

*(Continued on page 2)*

# 50th Anniversary Homecoming Picnic



## **Homecoming** *(continued from page 1)*

The Saint Simeon's Talent Show brought out some known and some unknown talent. For their vocal talent, thanks to Malcolm Deisenroth, Jr. for reminding us that patriotism is always important with his rendition of God Bless America; to Cowgirl Chris (Gruszczyk), Fr Holly, Donna Olivier and Sherry James, Micah Luna's daughter, Barbie; and to Julie Woods and her husband.

There's only one Magician at Saint Simeon's. Thanks to our own Teresa Reno! Last but not least, we all enjoyed the dancing talents of Blake Jenkins, grandson of Resident Mable Rice; and Laverne Shaw from the Morrison's Dining Services Staff.

Of course, none of this would be possible without the unfailing efforts of our Maintenance Staff. They were there for the set-up before 8 am and remained for the tear-down after 1 p.m. I'd like to give them standing ovation!! They are: Ronnie Ferguson, Josh Smith and Wayne Davis under the direction of Arn McJilton and Tadd Weese.

If you see any of these folks, please extend a big 'Thank You' to them.

## News From the Auxiliary

*The purpose of the Saint Simeon's Auxiliary is to enrich and enhance the lives of the Residents of Saint Simeon's.*

### ***Great Time at the Ice Cream Social!***

Many thanks to all who helped make the Ice Cream Social a success! We appreciate the special effort from everyone—Auxiliary members, the Saint Simeon's Staff, and Morrison. We thank **Jana and George Harrington**, Event Chairs, for their leadership and planning.



Special thanks to **Blue Bell Creameries** for providing the ice cream and to **Morrison Senior Dining** for providing the cookies & disposables!



Our thanks to the **Boy Scout Troop 80** from Owasso who presented the colors and also helped serve ice cream to everyone. We appreciate the wonderful music of the Tulsa Community Band which has been a tradition at this event.



### ***It's not too late to join the Auxiliary!***

*All Residents, Family Members and Friends are welcome to become members.  
For information contact Karen Garren at 794-1945*

**Morrison Senior Dining**  
**Ashwin Shrinivas, Director**

**Bistro Fine Dining – July 29<sup>th</sup>**  
Reservations are available through  
Dining Services at 794-1927.

**Chef Cooking Demo**  
July 15<sup>th</sup>, 3:30 p.m.

Carla's Corner

Our first Culinary Demonstration by  
Executive Chef Robert Cato.  
"Deliciously Healthy"



**50th Anniversary T-Shirts**

For sale

\$10

in the Foundation Office



**Memory Center Family**  
**Support Group**

Thursday, July 15th at 2:30 p.m.  
Administrative Conference Room

*The support group is an opportunity to meet with others facing similar challenges and dilemmas and to share thoughts, feelings and ideas for coping. The group is led by Chris Gruszczyki, Life Enrichment Director.*

**Welcome to Those Who**  
**Have Joined Our Family!**



*Willa Frink*

*Eleanor Gillock*

*Flora Hendricks*

*Ruth Kraemer*

*James Smith*

*Lucille Stephens*

*Vi Walton*



**OUR JULY**  
**BIRTHDAYS!!**

- 7/01 *Barbara Kelham*
- 7/04 *Jean Tate*
- 7/05 *Frank Bolch*
- 7/06 *Bob King*
- 7/07 *Ruth Boone*
- 7/07 *Ray Harmon*
- 7/08 *Garland Johnson*
- 7/12 *Alice West*
- 7/16 *Patricia Green*
- 7/19 *Bobbie Stauss*
- 7/22 *Virginia Sapp*
- 7/23 *Sue Smith*
- 7/27 *Nancy Susman*
- 7/30 *Barney Welch*

**We Remember in Our**  
**Prayers Those Who Have**  
**Departed this Life**



- Gladys Cundiff*
- Beverly Green*
- Lillian Knight*
- Ozzie Reeves*
- Robert Rumley*

## **Beauty Shop Price Increases**

Effective July 1, 2010 some prices in the beauty shops will increase. Prices have not been raised since 2007, and the cost of hair care products and supplies has increased during that time. We surveyed several salons in town and at other long term care facilities and have made adjustments accordingly.



### *The new prices will be as follows:*

Shampoo and Style	\$20.00
Shampoo only	6.00
Haircut (includes ear, nose, and eyebrow trim for men)	20.00
Permanent Wave (includes shampoo, haircut and style)	72.00
Comb Out	7.00
Permanent Color (includes shampoo, haircut and style)	72.00
Color Rinse (liquid or mousse - weekly)	4.00
Foil Frost (includes shampoo, haircut and style)	90.00
Regular Frost (includes shampoo, haircut and style)	72.00
Scalp Treatment and Condition	10.00
Manicure	15.00
Pedicure	30.00
Polish Change only	8.00

*For beauty appointments in the Health Care Center or Assisted Living:*

*Call Hairstylist Shay Gibbons at 633-7143*

*Call Manicurist Ann Gore at 851-3133*

*For beauty appointments in the Memory Center:*

*Call Mark Thompson at 402-4243*

## **“Investing in Your Healthy Future” – Estate Planning**

Thank you to everyone who attended the special 50th Anniversary Estate Planning Seminar on June 15th. We especially want to thank our panel moderator, **Tony Jezek**, and our panel members, **Blake Atkins, Phyllis Bryce, Will Farnior, and David Hogan**, for volunteering their time and expertise. And special thanks to **Mary Nole**, Wellness Coordinator, for her luncheon presentation. Everyone attending received great advice for staying “healthy” financially and physically!

# **Special SUMMER Hours**



**At the Wellness Center!**

**Starting Saturday, June 26  
we will be OPEN  
from 9:00-12:00  
On Saturdays.**

**SPECIAL summer-only OPPORTUNITY  
for Residents and their families  
to enjoy our beautiful swimming pool!**

**EVERY Saturday will be Family Swim Day during  
the Summer!**

**The Workout Room will be open for Residents  
but not for kids**

**\*Please Note: The Pool will take precedence: If two  
lifeguards are needed in the Pool, the Workout Room will be closed.**

**Come Make A SPLASH!!**

# “Under the Sea” Senior Prom 2010

*Residents enjoyed a special afternoon in the Common Room for the “Under the Sea” Senior Prom 2010 Dance. Everyone enjoyed the music of the “Something Steel” band. There were corsages for the ladies and wonderful refreshments!*



## Hummingbirds

At first one,  
Then two  
And with blinding speed  
Three  
At the feeder.

Their wings  
Faster  
Than eye can see.

With furious dashes  
To the woods  
Returning, darting  
and soaring.

Bob says, “They’re  
Like Messerschmitts.”  
He saw knifing from the sky.

Now, like me  
Claims,  
“These are Nature’s  
miracles!”

J.T.F.

**HAPPY  
4TH of  
JULY!**



## Getting to Know: Jonathan Kincaid

Jonathan is a Dishwasher working primarily in the Main Kitchen Dish Room but he literally can “do it all”! This was his nomination:

*Jonathan has been here almost exactly a year. In this year, he has always been a dependable worker. There have been at least two occasions where he’s stepped up and been the cook for a day due to staffing challenges. He is always the face of the kitchen to the Saint Simeon’s staff when serving the employee meal.*

*Everyone has been very complimentary of his polite and pleasant demeanor. At different times he has not only carried his workload but managed to help out in dining rooms, serving Residents. One special occasion was Christmas Day. He helped start and cook breakfast, set up dining rooms, and served breakfast in one of them, then returned to the kitchen to wash dishes. We value Jonathan’s presence on our team and believe that he will continue to be a great employee for Saint Simeon’s and Morrison’s.*



Jonathan was born and grew up in Sapulpa. For the first years of his life his family, which consisted of his Mother, Grandmother, two Aunts, two Cousins, and his best friend and his best friend’s brother lived in a house on two acres – or as Jonathan describes them – two “smelly” acres. “We had way too many pigs and cows for only two acres. My job was to milk the cows and “slop” the pigs before going to school. “Slopping” the pigs involved feeding them buckets of foul smelling food scraps that people dropped off. One of the worse experiences of my life was one morning I spilled a bucket of pig slop all over me. I had to go back inside and shower again, and I missed the bus, and my Grandmother had to take me to school, and I was late. and I smelled like pigs all day! At least I didn’t have the job my Cousin Mike did. Since he was the oldest and strongest he got to “clean up” the pig and cow pens because he could literally “pick up more c\*\*\*” than anyone else...”

“Later we moved to another house up on a hill with only a half acre so we had no cows and pigs. My job became mowing that half acre with an old-fashioned push mower. I like to complain but I really had a fun childhood. With so many family and friends in one house, there was always something going on!”

“I attended Sapulpa High School (Josh Longnecker in the Health Care Center was a classmate) and while in high school I worked as a Certified Nurse Assistant at Sapulpa Northside Nursing Home and later as a food server at the window at McDonald’s. I didn’t care for either of these jobs. I really like to eat at McDonald’s but just not work there. After being on the job all day, you go home smelling like ‘McDonald’s’. Dogs would chase me around the yard and I would make people hungry because I smelled like French fries...”

“After graduating from high school, I went off to the University of Kansas on a football

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## ***Getting to Know Jonathan Kincaid (cont'd)***

scholarship. My football career ended after just four weeks when I tore my ankle in practice. I have a metal rod, metal plate, and six screws in that ankle. I love cold weather but the only thing I don't like is that the cold causes my ankle to get stiff."

"I got the opportunity to come work here because my girl friend, Dorinda Hill, HCC Dietary employee, works here and told me about it. She is my cousin's best friend and we first met when one day I was home for a visit. We've been together now for almost six years. We have a lot of fun together - she is my 'Costello' and I'm her 'Abbott'."

"Now all of my family lives here in Tulsa, only minutes away from here. In fact, we are all on one street - it is like a 'Little Sapulpa'. At my house, we have a Golden Retriever and just got a new puppy - a Pointer."

"I'm trying to get healthier this year. I've been exercising to lose some weight to take some stress off my joints. I actually "sweat off some pounds" working in a hot kitchen. I learned at a kids' soccer game that eating oranges helps prevent dehydration so I eat plenty of them. I'm currently jogging on a trail near my house that was created from an abandoned railroad track. I'm even thinking about calling that 1-800-QUIT NOW phone number and stop smoking. I can tell that I need to when I'm jogging and get that 'about to pass out' feeling."

"This is the most fun job that I've ever had. We work hard but there are plenty of laughs in the kitchen - though, I hear that when I was on vacation, things were a little quieter around here. I believe that if I can make someone smile I know their day will go better and I really appreciate the opportunity to work here."



## **SAVE THE DATE!**

### **RESIDENTS' PRE-WESTERN DAYS PARTY**

**THURSDAY, SEPTEMBER 2**

**10:00 a.m. Round-Up**  
**(Fun, Games, Prizes & Refreshments in the**  
**Common Room)**

*For information or to volunteer, contact  
 Elaine Hanner at 492-7838*

**Western Style Noon Meal**  
**(in all Dining Areas)**

**2:30 Music by Janet Rutland**  
**(Common Room)**

## The Chaplain's Chat *by Fr. Bill Holly*

Dear Families and Friends of Saint Simeon's,



Human beings are incredibly adept at discovering, discerning, or otherwise concocting differences among ourselves. There seems to be no end to the numbers of divisions we can place on ourselves and others. There are political party differences, racial differences, cultural differences, nationality differences, gender differences, and on and on. All of these differences come down to one thing: there's us, and there's them. Us is good – them is bad! We create divisions so we can have enemies that we can project onto all the evils that lurk within our own heart.

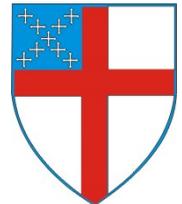
Well, of course you can see how this works with tribes and countries and races and religions. The more passionate we are about our differences, the more we are able to de-humanize those who differ from us. We have demonstrated over and over again throughout history, that our bias and prejudice, unchecked, gives us permission to commit atrocities.

Christ brought to us a very different perspective – that of God. God does not see any of the differences that we see. That's because they don't exist. They are lies and illusions. God sees God's creation. God sees God's children. God brings forth the blessing of diversity in creation, so that not even a simple snowflake is exactly like another. Why in the world would we ever think that is a bad thing?

In his letter to the Galatians, St. Paul writes, "There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus" (*Galatians 3:28, NRSV*). St. Paul understood Christ's coming to have changed everything. There are no more divisions. We are one in Christ. I believe that this is true for all people – regardless of where they are from or what religion they practice. The reality is, we are all children of God. There is no "us" and "them". There is only "We".

Each of us will eventually have to let go of that "us and them" mentality. As we grow in God's grace and God's Spirit, we find that many of the differences we thought were important become less and less so. We begin to see God's face and hear God's voice in places and people we never imagined possible. Perhaps we will even begin to truly experience the beauty of God's diversity, and less of the evils of our divisions.

Blessings to you,  
Fr. Bill Holly+





We had a full bus on our outing to tour the **Bustani Plant Farm** near Stillwater. Making the trip were **Tom and Ruth Freeman, Fr. Bob and Ann Evans, Jim Dempster, Ruth Matlock and her daughter, Mary Freeman, Bonnie Gorrell, Kathy Hinkle, Judy Lawson and our excellent bus driver, Juan Ferrera.** This is **Steve Owens's** (not the football player but the long-time host of OETA Oklahoma Gardening) specialty nursery with “unique, uncommon, hard-to-find, rare and unusual plants”. Steve was our tour guide and shared stories of his and his wife, Ruth's plant expeditions last year to South America and Africa. Their nursery is only a few years old and they already have plans for expansion. There is a copy of their catalog (a joy to read) in the Education Office and you can “visit” their plant farm at [www.BustaniPlantFarm.com](http://www.BustaniPlantFarm.com).

Several of the plants we brought back are planted in the raised beds in the Gazebo Courtyard. They are all labeled and definitely worth seeing – even in this heat. One plant, **Bowtie Vine**, is growing on the Garden Diva sculpture (in honor of Judy Lawson's tenure as Auxiliary President) in the Reflections Courtyard. In the raised beds, look for: **Bed of Nails** (careful touching this one), **Caribbean Copper Plant, California Irisene, Shower of Gold, Strata Salvia, South African Foxglove** (don't eat the leaves!), and **Henna**. I'm particularly looking forward to watching the Henna grow. The catalog says that in addition to being known for the dye its leaves produce, its flowers (mentioned in the Song of Solomon) are described as the most fragrant on earth!

Yes, we have **baby peafowls** again this year! One peahen has six chicks in the Gazebo Courtyard and another peahen has three chicks in the Reflections Courtyard. The Daddy Peacock is so proud he continues to display his “tail” for anyone who will pay attention. If you haven't seen a baby peacock before, their legs will grow disproportionately longer than a chicken and they end up looking like a “chick on stilts”...



## ***Western Days 2010—Golden Anniversary Gusher! Update***

On June 30, Will Smith, Event Chair, and the members of the Western Days Advisory and Patron Committees held a “Western Days Countdown” party hosted by and in the home of Robin Ballenger, President of the Foundation Board of Trustees. Committee members are finalizing plans for a fun and exciting *Golden Anniversary Gusher!* celebrating the Home's 50<sup>th</sup> Anniversary.



*(For information about Western Days 2010 contact Julie Ward at (918) 794-1977 or [jward@saintsimeons.org](mailto:jward@saintsimeons.org))*

***Western Days 2010  
“Golden Anniversary  
Gusher!”***



***September 14th  
6:00 p.m.***

***Central Park Hall at EXPO Square***

***Important Golden Anniversary  
Gusher! dates to remember:***

Today through September 14<sup>th</sup> – Purchase your Raffle Tickets in the Foundation office for the \$2,500 Utica Square Shopping Spree!

July 9 – Donated auction items due to Saint Simeon’s (please let us know if you would like to donate an item or service for our Silent or Live Auction);

July 15 – Sponsorship Reply Forms Due (to ensure proper recognition in all printed materials.) If you would like to serve as a \$500 to \$50,000 sponsor for the *Golden Anniversary Gusher!* but did not receive a request, please call Stephen at (918) 794-1937;

July 30 – Invitations mailed to all of our friends;

August 1 – Auction website up and running promoting all Live and Silent Auction items. On August 1 go to [www.saintsimeons.org](http://www.saintsimeons.org) for link;

September 2 – *Resident Western Days Party* with concert by Janet Rutland in Saint Simeon’s Common Room... Residents, families and friends are invited;

September 14 – *Western Days 2010 – Golden Anniversary Gusher!* at Central Park Hall, EXPO Square....JOIN US!

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3701 North Cincinnati Avenue  
Tulsa, OK 74106-1599**

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