

Quill of the Hill

A monthly publication for and about the Residents, Families & Friends of Saint Simeon's

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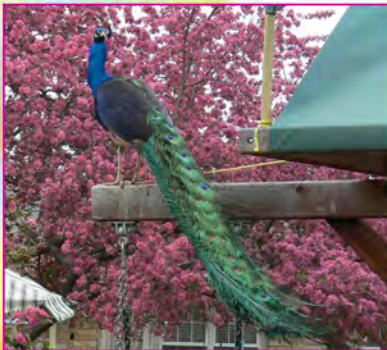


Saint Simeon's Welcomes

SPRING

"April hath put a spirit of youth in everything!"

- William Shakespeare



Getting to Know...

Sharon Love

Certified Nurse Aide, Memory Center



Sharon was nominated for Kris's Caring Champion by the Director of Nursing and several Resident family members.

"We received an evaluation from a Tulsa Tech instructor with feedback from her CNA students who had recently completed their clinical rotation in the Memory Center (MC). The feedback given to the instructor by the students was, "Sharon Love was very respectful of all of us students, treating us with kindness and a good heart." The instructor said she was most impressed by how Sharon treated all of the Residents with dignity and the utmost respect that they deserved. The students had a great learning experience while in the Memory Center because Sharon displayed professionalism in her attitude, appearance, and actions. Thanks you, Sharon, for showing the students what Saint Simeon's is known for." - Sue Slama, Director of Nursing

"Sharon is loving, kind, yet firm and honest with my Mom, who has Parkinson's with Dementia. Mom can forget where she is, especially at night because of Sundowners. When she sees Sharon, she smiles and knows she'll be okay. I appreciate Sharon for being dependable, capable and willing to be so patient with her. Our whole family loves Sharon!" - Resident Family Member

"Sharon is very sweet and caring while dealing with my family member. She makes sure that she feels special." - Resident Family Member

"Sharon is a very hard worker and very compassionate with her Residents." - Resident Family Member

And here's what Sharon had to say:

"I care for the Residents in Home 3, assisting them with the various activities of daily living, including helping them at mealtime, grooming, and just as important, whenever possible, memory support. While waiting for the main course after they've had their salad, we talk about what month this is, i.e. March. I ask them what March means to them and someone will remember, 'windy'. That leads to what we enjoyed doing when we were young and, of course, someone will share about flying kites. Or maybe someone mentions flowers they see blooming in our raised beds and we talk about our favorite flowers. I learn so much from my Residents!"

"I was born in Maryville, California, but my family soon returned to Oklahoma. My Mother was

from Lenopah, Oklahoma (between Nowata and Coffeyville) but there were more job opportunities in Tulsa so this is where we moved and where I grew up. I attended Dunbar Elementary School, Roosevelt Junior High and Central High School (when it was still downtown). I graduated from Oklahoma Junior College. My Mother is still living but my Stepfather died in a boating accident on Lake Keystone. I am the only girl in my family and have three brothers. I have one son and two grandchildren. My husband and I have been together for ten years."

"I have always been interested in the medical field because my Mother was a private duty Nurse Aide for many years and I enjoyed hearing her talk about her job. I became a Registered Medical Assistant, working for Dr. Lawrence Reed (office just across the street from here) for 18 years. After his death, I got my CNA training from Interim Health Care and, because I was aware of Saint Simeon's and its reputation, I applied here and started working in April of 2010. The only other job I have had in my life is working at a company making roller skates! My job was to 'stamp' the information on the side of the skates."

"Something else I inherited from my mother is the love of sewing and crafts. I sew (love quilting), make pillows, crochet, embroider, and am creative with a hot glue gun. *(at the time of this interview, Sharon was wearing a beautiful purple flower piece in her hair that she had created.)* I enjoy watching westerns on television – 'The Rifleman', 'Gunsmoke', 'Big Valley', etc. I also like cooking shows and hobby shows. I have a calico cat named Miss Kitty who runs the house. She was a street cat that my husband warned me not to start feeding. Of course, now, he is the one who is carefully reading the labels on the cans of cat food in the grocery store to make sure we are feeding her appropriately!"

"I enjoy reading my Bible and am a member of Mount Zion Baptist Church. I attend Church and Sunday School every chance I have. I am very fortunate to have a job that I love, and Residents that I so enjoy. One day I hope to go back to school and further my education in Nursing, and see what else life has in store for me."

WESTERN DAYS 2012
SPIRIT
of
THE WEST!
TUESDAY, SEPTEMBER 11, 2012
CENTRAL PARK HALL AT EXPO SQUARE



ROOTS *n* 'Shoots *n* 'Critters

written by
Kathy Hinkle

"If you build it, they will come". Actually that is not exactly what was whispered in the baseball movie, Field of Dreams, but that is the way most of us remember it. We're putting that quote to the test this spring because we have a whole "trail" of Blue Bird Houses on the perimeter fence and two Multi-Compartment Purple Martin Houses in Eckel Park ready for occupancy. Tom Freeman is now an official Meal Worm Farmer, (Blue Birds love them) with little bins of thriving meal worms in all three stages - beetles, larvae, and worms. The Meal Worms will be "served" on platform bird feeders. Purple Martins are also insect eaters but eat on the fly. Perhaps someone can throw meal worms up in the air for them - do we have a volunteer?



Our sympathy to Ruth Staudt and her family on the loss of Ruth's son, Dan. Ruth introduced Saint Simeon's to the Historical Tree Program which resulted in our obtaining saplings of and raising our Johnny Applesed Apple Tree, Andrew Jackson Southern Magnolia, and Creek Council Oak. Ruth also loved Star Magnolias and had beautiful specimens in the front and back yards of her home. When she came to live here, she had one planted outside her then apartment and it becomes more beautiful every year. Dan's funeral was in late February and on the very day of his service, three blooms appeared on Ruth's tree for the first time this season!

Star Magnolias are one of the earliest trees to bloom (white star-like blossoms) but blooming this early and on that special day gave it extra significance.

Our Vegetable Garden is "plowed" and ready for our third growing season. That is if you count last summer as a "growing" season. No one had much of a harvest from gardens during that record breaking heat wave.

Resident Bob Snow is our "foreman" this year, and doing a remarkable job working with Facility Management's Ronnie Ferguson to get compost added and the ground roto-tilled. Life Enrichment's Teresa Reno helped Residents start seeds in little peat pots. The seeds were planted at 3:00 on a Monday afternoon and some were already sprouting by Wednesday morning! Come watch them grow on the Lighted Plant Stand in the hall behind the Wellness Center.



Miscellany

This month's Miscellany is a poem written and submitted by **Resident Tom Freeman**.

To a Bird, Dying Young

To a bird dying young
Cradled In
her outstretched hand
A fledgling nestles.

Nearby parents
hawk their presence.
Throat punctures
shear
Slender shreds
of
Earth ties.

Light surrounds
it's final flight.
From egg
To winged victory.



“Miscellany” is *your* place to share creative writings, remembrances, news and other pieces. If you have something you'd like to submit, send an email to kimberly.earickson@gmail.com.

Committee Meetings

LANDSCAPE COMMITTEE

Saturday, April 7

10:45 a.m.

Smith Conference Center

Committee Chairs:

JoAnna Newman & Kathy Hinkle

FRIENDS of the ANIMALS

Saturday, April 14

10:45 a.m.

Smith Conference Center

Committee Chairs:

Bob & Anne Evans

The Chaplain's Chat

By Fr. Bill Holly



Dear Friends,

“Alleluia! Christ is risen!” So begins the service of many churches throughout the world on Easter morning. It is a joyful, triumphant, and exhilarating exclamation! It is said with a sense of release and relief. Certainly, because we are celebrating the foundational event of Christianity – as Christ is raised to new life, so are we all. But also, for many, because we’re glad Lent is over, we can have chocolate again (or whatever was given up as a Lenten discipline), and spring is here!

Now these are not as trivial as they may at first sound. Lent is a profitable season for the soul, but there’s only so much self-examination a person can take. I don’t think I’ll get much argument on the importance of chocolate. And frankly, everybody is ready for spring! You see, Easter is always associated with spring because it falls on the first Sunday, of the first full moon, following the spring equinox. (The Eastern tradition celebrates Easter at the time of the Jewish Passover.)

The energy of spring and the energy of Easter are the same. New life is bursting forth from old tombs of seed and bulb and limb. The earth becomes adorned with the glory of God in flower and grass and leaf. Even within our own bodies, a new energy begins to surge, and we get a hankering to get out and dig that garden, ride that bicycle, or walk in the park.

Pervading all of this is a sense of joy and wonder. Our mood is elevated. Life seems filled with new and endless possibilities. Perhaps we even get a hint, a faint whisper, that God has been with us all the time; as close to us as our breath. Whatever tombs we feel have buried us, Christ has always been there, waiting for that moment to burst forth into the winter of our lives, bringing warmth and light and new life!

Have a glorious Easter Season; get out and soak up some springtime; oh, and, have some chocolate.

God’s Peace and Blessing be with you,
Fr. Bill



APRIL *birthdays*



4/2 Vi Walton
 4/3 Emma Dahlman
 4/4 Susan Nichols
 4/5 Leslie Campbell
 4/7 Dr. Reece Boone
 4/13 Flora Hendricks
 4/14 Manny Romero

4/21 JoAnna Newman
 4/22 Louise Gruntmeir
 4/23 Douglas Perry
 4/24 Malcolm Deisenroth, Jr.
 4/25 Marilyn Baker
 4/25 Ruth Johnson
 4/26 Velma Austin



Welcome



Eileen Bishop

Mary Melton

Our new family members!

Would you like to sign up to receive the Quill by e-newsletter?

Email kimberly.earickson@gmail.com

Receiving the Quill by email is faster, and reduces postage costs to Saint Simeon's!

If you don't have email, we will gladly continue to mail the Quill to you.

APRIL RESIDENT COUNCIL MEETINGS

Learn about upcoming events and share your thoughts!
All Residents and family members are always welcome.

Health Care Center

Thurs, 4/26, 10:30 a.m., Garden View Dining

Cottages & 1st Floor Dotson Assisted Living

Tues, 4/24, 10:30 a.m., Deisenroth Bistro

2nd Floor Dotson Assisted Living

Tues, 4/24, 10:30 a.m., Common Room

Memory Center

Thurs, 4/26, 3 p.m., Home 6

D-Hall Assisted Living

Tues, 4/24, 1:15 p.m., Common Room

We Remember

in Our Prayers

Harold Connally

Elizabeth Gowans

Richard Sewell



*Those Who Have
Graduated from this Life*

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HOPE TO SEE YOU THERE!

Saint Simeon's Auxiliary

Annual Spring Luncheon

Tuesday, April 17th, 2012

11:30 a.m.

Common Room at Saint Simeon's

Contact Debbie Reif for reservations by April 10
(918) 794-1977 dreif@saintsimeons.org



Easter Lunch



Sunday, April 8th

For reservations,
please call Becky
at (918) 794-1903

&

Fine Dining Night

Thursday, April 26

For reservations, please call the
Dietary Office at
(918) 794-1927 or
(918) 425-3583, ext. 227



SAINT SIMEON'S

Saint Simeon's
3701 North Cincinnati Avenue
Tulsa, OK 74106-1599