


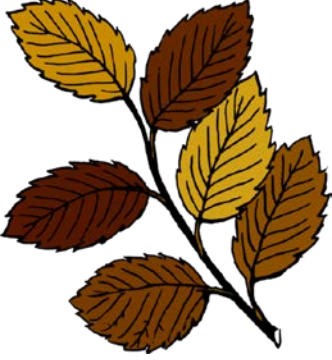





















# October 2017

# Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is subject to change - please check on website! ★❄️🎉★❄️🎉★❄️🎉★❄️🎉★❄️🎉</p> <p><b>October is:</b> National Dessert Month Hispanic Heritage Month German-Amer. Heritage Month National Book Month National Caramel Month National Chili Month National Popcorn Poppin' Month Clergy Appreciation Month Country Music Month Family History Month Spinach Lovers Month Pretzel Month</p>						
<p><b>1</b></p> <p>9:15 Coffee and Conversation Tulsa World, Gospel Video 10:00 Holy Communion at St. Anna's Chapel</p> <p><b>1:30 Holy Communion</b> 2:00 Ice cream parlor Open 2:15 Gospel Sing-A-Long Serve Snacks 3:00 Family &amp; Friends Movie Time</p>	<p><b>2</b></p> <p>9:15 Coffee and Conversation Tulsa News, exercise/hydration EIEIO- World Farm Animal Day</p>  <p><b>1:30 Art with Jenny</b> 1:30 Trivia <b>2:30 Danny Miller Piano man!</b> Serve Snacks 3:30 travel video</p> <p>7:00 Movie Time</p>	<p><b>3</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration <b>10:00 Blessing of the Animals Service w/ Father Holly -CR</b></p>  <p>1:30 Active Game Crossword Puzzle Serve snacks 3:00 Small groups</p> <p>6:00 Word Games 7:00 Movie</p>	<p><b>4</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration <b>10:30 Holy Communion</b> Gospel Music</p> <p>1:30 Pianist- Miriam Young Sing with Gary Serve Snacks/ Nat'l Taco Day 3:00 small groups</p> <p>6:00 Lawrence Welk Hour 7:00 Movie Time</p>	<p><b>5</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration 9:30 Visits w/ Jan &amp; Simone <b>10:00 Catholic Mass at St. Anna's Chapel</b> 10:30 Bible Study</p>  <p>1:30 Trivia Bingo / Serve Snacks 3:00 Small group 6:00 Karaoke</p> <p><b>Harvest Full Moon</b></p>	<p><b>6</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration Word Games</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 travel video</p> <p>6:00 Classic Movie Night</p>	<p><b>7</b></p> <p>9:15 Coffee and conversation 10:00 Tulsa World <b>10:30 Karing K-9's</b> Exercise / Word Games</p> <p>1:30 Sing a long 2:00-4:00 Ice Cream Parlor Open Serve Snacks/ Small groups OU vs Iowa St.</p> 
<p><b>8</b></p> <p>9:15 Coffee Corner 9:30 Tulsa World <b>10:00 Holy Communion at St. Anna's Chapel</b> 10:30 Worship Video <b>1:30 Holy Communion</b> 2-4 Ice Cream Parlor Open 2:15 Gospel Sing-A-Long 3:00 Friend and family movie Time</p>	<p><b>9</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration</p> <p><b>1:30 Art with Jenny</b> 1:30 /Pianist- Karen Rich</p> <p><b>Columbus Day</b></p>  <p>Serve Snacks/ 3:00 Small group/quiet time Travel video 7:00 Movie Time</p>	<p><b>10</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration Morning music</p> <p>1:30 Arthritis Day exercise Trivial Time 3:00 small group/quiet time Serve Snacks/caramel popcorn day</p> <p>6:00 Word Game 7:00 /Movie Time</p>	<p><b>11</b></p> <p>9:15 Coffee and Conversation Tulsa News, exercise/hydration <b>10:30 Holy Communion</b> Gospel Music</p>  <p>1:30 Clavinova Sing Serve snacks/gumbo day 3:00 small group/quiet time documentary 6:00 Lawrence Welk Hour</p>	<p><b>12</b></p> <p>9:15 Coffee and Conversation Tulsa News, exercise/hydration 9:30 Visits w/ Jan &amp; Simone <b>10:00 Tulsa Symphony's Heart Strings</b></p> <p>1:30 trivia <b>2:00 Tulsa Master Gardeners Project</b> Serve Snacks 3:00 small group/quiet time</p> <p>6:00 Karaoke</p>	<p><b>13</b></p> <p>9:15 Coffee and conversation Tulsa News, exercise/hydration Word games</p> <p>1:30 Trivia Treasure 2:00 Sing-A-Long with Virginia Serve Snacks 3:00 small group/quiet time</p> <p>6:00 Classic Movie Night</p>	<p><b>14</b></p> <p>9:15 Coffee and conversation 10:00 Tulsa News Fitness, word games 1:30 Trivia <b>1:45 SPCA Pet Therapy</b> 2:00-4:00 Ice Cream Parlor 2:00 Sing-A-Long Serve Snacks OU vs Texas OSU vs Baylor</p>  <p><b>Happy Birthday Roger Alkire</b></p>

# October 2017

# Memory Center Life Enrichment Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="right"><b>15</b></p> <p>9:15 Coffee Corner, Tulsa News  <b>10:00 Holy Communion at St. Anna's Chapel</b>            10:30 Worship Video</p> <p><b>1:30 Holy Communion</b>            2-4 Ice Cream Parlor Open            2:15 Gospel Sing-A-Long            3:00 Movie Time</p>	<p align="right"><b>16</b></p> <p>9:15 Coffee and conversation            Tulsa News, exercise/hydration            Dictionary Day</p> <p><b>1:30 Art with Jenny</b>            1:30 Pianist Michele Cowen            Music and singing            Serve Snacks            3:00 Small Group/ quiet time</p> <p>6:00 Word Games            7:00 Movie Time</p>	<p align="right"><b>17</b></p> <p>9:15 Coffee and conversation            Tulsa News, exercise/hydration            Morning Music</p> <p>1:30 Active game-  <b>Bingo / Serve Snacks</b></p>  <p>Pretzel Day            3:00 small groups</p> <p>6:00 Sing a long            7:00 Movie</p>	<p align="right"><b>18</b></p> <p>9:15 Coffee and conversation            Tulsa News, exercise/hydration  <b>10:30 Holy Communion</b>            Gospel music</p> <p>1:30 Balloon ball or Pianist            Trivia time            Serve Snacks            3:00 small group/quiet time            Pumpkin Painting</p> <p>6:00 Lawrence Welk Hour</p>	<p align="right"><b>19</b></p> <p>9:15 Coffee and Conversation            Tula News, exercise/hydration            9:30 Visits w/ Jan &amp; Simone            10:30 Bible Study</p> <p><b>1:30 Luigi Sings</b>            Serve snacks  <b>2:30 Fall Fashion Show &amp; Tea W/ Zella's Boutique - B</b>            3:00 small group/quiet time</p>  <p>6:00 Karaoke</p>	<p align="right"><b>20</b></p> <p>9:15 Coffee Corner,            Tulsa News, exercise/hydration</p> <p>1:30 Trivia Treasure            2:00 Sing-A-Long with Virginia            Serve Snacks            3:00 Small Groups</p> <p>6:00 Classic Movie Night</p>	<p align="right"><b>21</b></p> <p>9:15 Coffee Corner, Tulsa News            Exercise, drinks, word games</p> <p>1:30 Trivia Tease &amp; More            2:00-4:00 Ice Cream Parlor            2:00 Sing-A-Long</p> <p>Serve Snacks/tailgate party            OSU vs Texas OU vs K State</p> 
<p align="right"><b>22</b></p> <p>9:15 Coffee Corner            Tulsa World  <b>10:00 Holy Communion at St. Anna's Chapel</b>            10:30 Worship Video  <b>1:30 Holy Communion</b>            2-4 Ice Cream Parlor Open            2:15 Gospel Sing-A-Long            Serve Snacks            3:00 Family &amp; Friends            Movie Time</p>	<p align="right"><b>23</b></p> <p>9:15 Coffee and Conversation            Tulsa News, exercise/hydration</p>  <p>1:30 Active game            Music time            Serve Snacks/ Bologna Day            3:00 small group/quiet time</p> <p>6:00 Word Games            7:00 Movie Time</p>	<p align="right"><b>24</b></p> <p>9:15 Coffee and conversation            Tulsa News , exercise/hydration            Morning Music</p>  <p>1:30 Trivia  <b>2:00 Unit Birthday Party with Railway Mtn Band</b>            3:00 small group/quiet time            6:00 Karaoke/ /Movie Time            7:00 Movie</p>	<p align="right"><b>25</b></p> <p>9:15 Coffee and conversation            Tulsa News, exercise/hydration  <b>10:30 Holy Communion</b>            Gospel music</p> <p>1:30 Pianist- Michael Bedford            Trivial Time            Serve Snacks            3:00 small group/quiet time            Pumpkin Painting            6:00 Lawrence Welk Hour</p>	<p align="right"><b>26</b></p> <p>9:15 Coffee and Conversation            Tula News, exercise/hydration            9:30 Visits w/ Jan &amp; Simone            10:30 Bible Study</p> <p><b>1:30 Trumpeter Damien Rozell</b>            2:30 Bingo            3:00 small group/quiet time            Serve Snacks            6:00 Karaoke</p> <p align="center"><i>Happy Birthday</i>  <b>Dannye Sue Domnick</b></p>	<p align="right"><b>27</b></p> <p>9:15 Coffee, News,            exercise/hydration, Word games  <b>9:30 Gathan Graham performs</b></p> <p>1:30 Trivia Treasure            2:00 Sing-A-Long with Virginia            Serve Snacks            3:00 <b>Resident council</b></p> <p>6:00 Classic Movie Night</p>	<p align="right"><b>28</b></p> <p>9:15 Coffee Corner, Tulsa News            exercise, drinks, word games</p> <p>1:30 Trivia Tease &amp; More            2:00-4:00 Ice Cream Parlor            2:00 Sing-A-Long            Serve Snacks            OSU vs W. Virginia            OU vs Texas Tech.</p> 
<p align="right"><b>29</b></p> <p>9:15 Coffee Corner            Tulsa World  <b>10:00 Holy Communion at St. Anna's Chapel</b>            10:30 Worship Video  <b>1:30 Holy Communion</b>            2-4 Ice Cream Parlor Open            2:15 Gospel Sing-A-Long            Serve Snacks            3:00 Family &amp; Friends            Movie Time</p>	<p align="right"><b>30</b></p> <p>9:15 Coffee and Conversation            Tulsa News, exercise/hydration</p> <p><b>1:30 Art with Jenny</b>            1:30 Active game            Music time            Serve Snacks            3:00 small group/quiet time</p> <p>6:00 Word Games            7:00 Movie Time</p>	<p align="right"><b>31</b></p> <p>9:15 Coffee and conversation            Tulsa News, exercise/hydration            Morning Music            1:30 Active game-  <b>Halloween Party!!</b>            3:00 small groups            6:00 Sing a long            7:00 Movie</p>  <p align="center"><b>Happy Halloween!</b></p>	<p align="center"><b>Please note – if there is a threat of severe weather or the temperatures is too extreme, outings will have to be rescheduled!</b></p> 	<p align="center"><b>Activity Location Key</b></p> <p>MC - Memory Center            CR - Common Room            D - Crossroads Ice Cream Parlor            HC - Health Care Center            SC – Smith Conference Center            B – The Bistro in Assisted Living            CC – Carla's Corner in AL            LR – Living Room in AL            V – Valleyview Dining Room            In Assisted Living</p>	<p align="center"><i>The Crossroads Ice Cream Parlor</i></p>  <p align="center"><b>Open</b>  <b>Tuesday, Thursday, Saturday and Sunday</b>  <b>2:00 p.m.- 4:00 p.m.</b></p>	<p align="center"><i>The Gift Garden Shop</i></p>  <p align="center"><b>Open</b>  <b>Monday, Wednesday and Friday</b>  <b>2:00 p.m. – 4:00 p.m.</b></p>